



The Battlefield Buzz



Virginia District Chapter-E Fredericksburg, VA

Region N

Chapter Director Claude Revely

Issue 2014 - 12
December

Greetings VA-E family,

Merry Christmas and Happy New Year...

I want to thank Carol and Carole for their wonderful and tireless organization of our annual Christmas celebration, the E-Team for their efforts in setting up and tearing down the facility and all that came and enjoyed and fellowshiped with one another. We had fantastic dishes and desserts and the main (turkey and ham)...OUTSTANDING! Mark your calendars now for the first Saturday in December 2015. Note: I will bring dinner rolls!!!!

I also want to thank Chapter A for joining us and a very special thanks to our special guest, Santa "GC" Claus!!! We had some very excited young people...and some older at the site of Santa.



**GWRR, REGION N,
VIRGINIA DISTRICT
CHAPTER VA-E**

OCTOBER 1987



Chapter's Social Gathering every 3rd Wednesday of each month @ 6:30 pm at the Golden Corral, meeting @7:30 p.m.

Address: 10320 Spotsylvania Avenue, Fredericksburg, VA 22408

Phone:(540) 891-2022

As we close the door on 2014, a special acknowledgment and thanks to Kathy for her outstanding contribution as Newsletter Editor as she leaves that role. We are looking for someone willing to fill in that position for 2015.

My personal thanks to Eddie Seale for volunteering to become our Assistant Chapter Director.

Come join us for our last gathering of 2014 and start out 2015 at our annual New Year Day breakfast at Golden Corral at 10 am.



Larry Gray Chapter Educator

Winter Riding

At our November chapter gathering, I understand you folks talked about cold weather riding. I was not in town so I don't know what was discussed. Maybe I will only rehash something you discussed but this seems like a good topic for this time of year so I'm going to offer my two cents worth.

I enjoy riding 12 months a year but things are definitely different in the months December through March. In these winter months I'm wearing more and my movements are slightly more restricted, my "feel" of the road and the motorcycle controls is somewhat subdued due to that extra clothing, my hearing may be a little more restricted (I wear a full face helmet in colder weather), I may be chilled if I judge the temperature wrong before starting out, and I'm much more likely to be using my motorcycle for transportation on urban streets than for pleasure riding on rural twisties with a group of friends. This last factor is significant. I think a good argument can be made that winter riding is somewhat more hazardous mile for mile because it usually is on urban streets where we must deal with more traffic and where we are more often riding alone without the benefit of co-rider eyes or group visibility. And, other road users may not be expecting to encounter a motorcycle in cold weather and they may look right through us when we are in plain sight.

In these conditions, it is incumbent on us to ride even more defensively than we may be accustomed to riding (good for you if you think it would be impossible to be more defensive than you already are; I applaud you). Here are four quick thoughts on how our riding strategy or gear might be altered to enhance safety; maybe you can think of more:

Following distance: A slight increase in following distance is warranted because heavier gloves and boots translate to a slight increase in reaction distance – the distance you travel between the time you decide to apply brakes and the time you actually start applying them. Also, cold tires on cold pavement do not have as much traction as warm tires on warm pavement.

Visibility: Because car drivers may not be expecting to see us, you should try to be more conspicuous. Retroreflective tape might be a sensible addition to your helmet, jacket, a safety vest, or bike itself if night riding is in your plans. Don't neglect improving your visibility from the side. A headlight modulator is certainly attention-getting to oncoming traffic in the daytime.

Radio use: If you wear a balaclava, different helmet, or anything else that may hamper hearing, it is probably wise to adjust radio volume lower rather than higher so you don't miss the telltale sounds of nearby traffic that might otherwise be missed. (I must admit I sometimes first notice an overtaking vehicle by its sound rather than by noticing it in my review mirrors. Shame on me.)

Common sense: Let's agree we shouldn't ride on roadways that are icy or snow covered. (I hope I didn't need to mention that.) Also remember that if you feel cold, your mind will work slower and will be distracted from riding tasks; give it up and get warm before continuing.

Finally, if you get new winter riding gear, you would be well advised to try it out in a parking lot or subdivision before hitting the highway. I've been amazed at how much of an effect a new pair of gloves or boots initially has on my sense of control. It doesn't take long to get acclimated to the new gear but it does take some time.

Merry Christmas,

Larry



TO: VA-E
FROM: Larry
SUBJECT: CPR/FA Training

I am trying to set up a full day CPR/FA training class. I'm shooting for sometime in March but because it depends on the availability of an instructor, it could be set up for February or April. In any event, I'm writing now to gauge interest in this class and ask that you send me a note if you are quite sure you would fit a Saturday class into your schedule. Please use my email address below for such a note. If you are Level 3 or 4 in the GWRRA Levels program, you need a CPR and/or FA class from an accredited organization every couple of years to stay current. Check your card to see when yours expires.

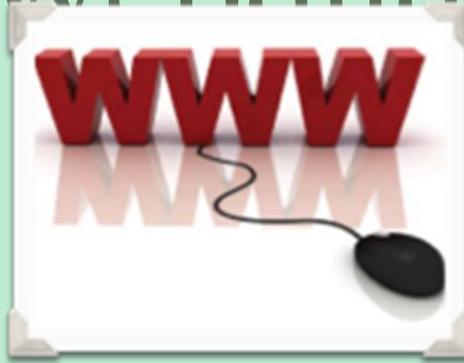
Thanks,

Larry
Stable email address: larry.gray@alumni.purdue.edu

Tech Tips From the

Rob Hardisty, Webmaster - Chapter E

Webdude



<https://www.facebook.com/chaptere.fredericksburg>

How Do I Select the Right LED Light bulb?

With the US federal law in place that mandated the incandescent bulb be phased out by 2014, alternatives will now fill the store shelves. LEDs are much more efficient with a much longer lifespan and are entering into our everyday lives. You see them installed on cars, Christmas lights, and now in your light fixtures. Now that incandescent light bulbs are about to be a thing of the past, how do I get with the times and select the right LED light bulb? There are three things that you should consider when purchasing LEDs for your home.

Shape

Every light bulb is coded with a letter to help you identify the perfect shape for your light fixture. For example, a track light is different than a night light or an outdoor floodlight.

Watt Equivalence

When you have an incandescent light bulb, you get used to how much light it puts out. You can save energy with the new technology LED bulbs offer and still get the same

light output.

Temperature

The higher the number, the whiter and the bluer the color. For example, a temperature of 0-2700K provides a relaxing and inviting atmosphere mostly used in kitchens and living rooms where a temperature of 2500-2850K provides a crisp, energizing atmosphere would best be used in living rooms and bathrooms.

Resources

http://en.wikipedia.org/wiki/LED_lamp

http://www.lowes.com/Lighting-Ceiling-Fans/Light-Bulbs/LED-Light-Bulbs/_/N-1z10ht5/pl#!



Rob Hardisty
Webdude, Chapter E

web-dude@battlefieldwings.com



Chocolate Chip Cookie Cups

1 roll of Pillsbury Chocolate Cookie dough

1 container of whipped choc. Icing---**MUST** be the whipped one, reg. icing is to heavy.

Nuts are an option

Use a miniature cupcake pan and press the dough thin into each cup completely covering the perimeter of each cup (DO NOT grease the pan).

Bake at 350 degrees until the edges are slightly brown and the center will look a bit wet.

Take them out and let them completely cool.

When they are cool, gently turn each cookie cup clockwise in the pan to release the cookie then pull up on one side using your finger.

I pipe the icing in the center but a spoon works just as well

Karen

Birthdays & Anniversaries

December Birthdays



03 Patricia Reynolds

03 Howard Jones

03 Eddie Seale

10 Kathy White

23 Ray Hitt

24 Rob Hardisty

December Anniversaries



02 Eddie & Rosa Seale

Position	Name	Phone	To send E-mail
District Director	Dennis & Kristen Weston (8/12)	757-463-4429	Dennis - dweston6@verizon.net Kristen - talk2k@verizon.net
Asst. District Director (North) - VA-A, E, F, I, R, and Y	Rick Baker (05/12)	703-318-5899	rickbaker2006@verizon.net
Asst. District Director (East) - VA-B, C, D, L, O, U, and W	Rich & Debbie Bonham (1/13)	804-536-9025	richardbb@verizon.net
Asst. District Director (West) - VA-H, J, K, V, and X	Wayne & Kathy Whitworth (05/10)	540-586-0984	Wayne - wayne69997@yahoo.com Kathy - kwhitworth56@verizon.net
District Educator	John Bowles (11/13)	757-663-2057	jlbowles@gmail.com
Asst. District Educator (East)	John Skinner (11/13)		
Asst. District Educator (West)	Med Miller (11/10)	540-588-9556	thermalchaser@yahoo.com
Asst. District Educator (North)			
District Leadership Trainer	Ken Taylor (01/13)	703-819-6766	gldwing_rider@verizon.net
District Treasurer	Mae Cappis		
Member Enhancement Coord- inators (MEC)	Tommy & Gayle Wilson (10/12)	540-238-3136 540-238-3263	t17wilson@gmail.com ghwilson208@gmail.com
District Chapter of the Year Coordinator	Gayle Wilson	540-238-3263	ghwilson208@gmail.com
District Couple of the Year	Glenn & Nanette Mizner (10/13)	757-270-6451	glennmizner@cox.net nannmizner@cox.net
District Special Events Coord.	Bobbie Jo Harrison	540-890-2890	threewheelcruzin@verizon.net
District WebMaster	Dennis & Kristen Weston	757-463-4429	dweston6@verizon.net
District Rally Vendor Coord.	Trish Adams	757-538-9989	onebchnut@charter.net
District Newsletter Editor	Kathy Skinner (02/12)	--	katherineskinner@cox.net
Rally Camping Coordinators	Keith & Carol Lindgren (11/10)	--	klindgren22@cox.net

Chapter	Area / Location	Chapter Director * Senior CD	Phone Number & Email	Monthly Meetings
VA-A Chapter A WebSite	Northern Virginia	Mary O'Connor (11/09)	703-378-3873 eMail: maryoc4429@aim.com	2nd Wed. - 7:30 pm - Commons Community Center, 5701 Roberts Parkway, Burke, VA 22015
VA-B Chapter B Website	Virginia Beach	Bob & Ann Lutton (8/11)	757-641-5510 eMail: b.lutton@verizon.net	2nd Wed. - 7 pm -BUFFET CITY, 3877 Holland Rd, #416, Va. Beach, Va. 23462
VA-C Chapter C Website Chapter C Facebook	Hampton/ Newport News	John Newbauer	757-827-0834 e-Mail grdnman1@verizon.net	2nd Sun. - 7 pm - Angelo's Steak & Pancake House, 755 J. Clyde Morris Blvd, Newport News
VA-D Chapter D WebSite	Richmond	Allen & Debbie Dowell (01/13)	04-222-1303 eMail: dowellmickey@comcast.net	4th Wed. - 7 pm - Candelas Pizzeria & Ristorante Italiano 14235 Midlthoian Turnpike 804-379-0910
VA-E Chapter E WebSite	Fredericksburg	Claude Revely (01/14)	540-207-7646 e-Mail: seadogw@att.net	3rd Wed. - 7:30 pm - Golden Corral, 10320 Spotsylvania Ave, Fredericksburg, VA
VA-F Chapter F WebSite	Winchester	George & Brenda Tincher (01/09)	571-934-7067 eMail: tincher@comcast.net	4th Sun. - 9am - Golden Corral, 120 Costello Dr., Winchester (phone: 540-667-6329)
VA-H	Abingdon	Paul & Dorothy Baker (11/1-	276-628-6047	2nd Tue. - 7 pm - Abingdon Moose Lodge, US19,
VA-I Chapter I Website	Manassas	Tom & Kathy DeWispelaere (2/11)	703-361-3373 eMail: tjdewisp@yahoo.com	2nd Sun. - 10:00am - Great American Buffet, 8365 Sudley Rd., Manassas
VA-J Chapter J Website	South Boston	Doug Poole (01/13)	434-572-2084 e-Mail: wingz57@gmail.com	2nd Mon. - 7:30 pm - Roma's Italian Restaurant and Grill, 3403 Old Halifax Rd., South Boston
VA-K Chapter K Website	Roanoke	Bob Karnes (09/13)	540-947-0261 e-Mail:	2nd Mon. - 7 pm - Great 611 Steak Co., 3830 Franklin Rd., Roanoke
VA-L Chapter L Website	Chesapeake	Jeff & Carm Stobie (01/14)	e-Mail: carmjas03@verizon.net	4th Tues. - 7:00 pm -Pops Diner Co., 1432 Greenbrier Parkway, Chesapeake, VA
VA-O Chapter O Website	Williamsburg	Joe Dickson & Karrin Frankie (01/05)	757-872-0690 eMail: widetrack48@cox.net	4th Sun. - 5 pm - Belgian Waffle & Steakhouse, 14700 Warwick Blvd., Newport News
VA-R Chapter R WebSite	Harrisonburg	Tim & Pam Hoysradt (01/14)	540-471-0098 e-Mail: timhoysradt@comcast.net	1st Sun - 3 pm - Golden Corral exit 247A, Rt. 33 E. 2 miles off I-81, Harrisonburg
VA-U Chapter U WebSite	Hanover	Rob & Cheryl Ramsey (01/13)	276-806-8290 eMail: gwrva.vau@gmail.com	3rd Sun. - 3 pm - Anna's Italian Restaurant, 7009 Mechanicsville Tnpke, Hanover Village Shopping
VA-V Chapter V WebSite	Bedford	Alice Miller (01/13)	540-580-0257 eMail: OtterRidevaV@gmail.com	3rd Sun. - 3 pm - Fellowship Hall of St. John's Episcopal Church, 314 N Bridge St, Bedford
VA-W Chapter W Web-	Chester	Bill Martyn	804-241-6910 eMail: wmartyn@aol.com	2nd Tue. - 7 pm - Pietro Pizza - Italian Rest., 2601 Osborne Rd, Chester
VA-X Chapter X WebSite	Salem	Tony & Vickie Ayers (1/10)	540-293-4982 eMail: goldwingpa@gmail.com	1st Sat. - 3 pm - EVANGELICAL METHODIST CHURCH, 1920 LUCAS ST. SALEM, VA
VA-Y Chapter Y WebSite	Leesburg	Wil Bell (06/13)	703-929-8329 e-Mail: gwravaycd@gmail.com	3rd Sun. - 5 pm - Betucci's in Ashburn, VA, 44042 Pipeline Plaza

December		
December 6	<i>VA-E Christmas Party</i>	Fredericksburg, VA
December 13	VA-D,W,U, Christmas Party Pocahontas State Park	Chesterfield, VA
December 14	VA-O Christmas Party	Williamsburg, VA
December 31	VA-D,W,U New Year Eve Dinner	Chester

As this year comes to an end, I want to thank everyone for their articles and input in the newsletter. I hope someone will consider stepping up and taking on this position as newsletter editor.

For now:

Merry Christmas to All
&
A Happy New Year





Contact us via

<http://www.battlefieldwings.com/contact>

Like us on Facebook

<http://www.facebook.com/chaptere.fredericksburg>

At Chapter E, we emphasize that we indeed are a team of riders/co-riders interested in Goldwings, riding and most of all having fun. Some think that we are mostly interested in eating!! You will need to join and be the judge! Come on out and join us!

We would love to see you. We meet to eat at 6:30 p.m., meeting starts at 7:30 p.m. The third Wednesday of each month at Golden Corral, 10320 Spotsylvania Ave., Fredericksburg, Va., 22408.

Visit these National and Local sites for more information

<http://www.region-n.org/>

<http://www.gwrava.org/>

<http://www.gwrra.org/>

Chapter Director	Claude Revely
Assistant Chapter Director	TBA
Chapter Treasurer	Tony Poulakowski
Rider Educator	Larry Gray
Assistant Rider Educator	TBA
Membership Enhancement Coordinator	Gordon Combs
Motorist Awareness Coordinator	Mark Poulakowski
Chapter Couple	Eddie and Rosa Seale
Honorary Chapter Couple	Dannie and Carole Hays
Triathlon Coordinator	Gordon Combs
Triathlon On-Site Coordinator	Butch Groves
Ways and Means Coordinator	Julie Combs
Goodies Coordinator	Richard Wilson
Hosts and Welcome Coordinator	Nancy Groves
Recognition/Special Awards	Dave Rowson
Correspondence Coordinator	Rosa Seale
Phone Tree Coordinator	Ellen Smith
Chapter Photographer	Sharon Poulakowski
50/50 Coordinator	Cheryl Poulakowski
Ride Coordinators	Jeff Burke Gordon Combs Charlie Smith Eddie Seale Dan Fritz
Technical Coordinators	Greg Kestner Larry Gray
Newsletter Editor	Kathy O'Neal
Webdude	Rob Hardisty
Chapter Pride Coordinator	TBA

Since we are changing our Chapter Colors to

NAVY BLUE

I thought I would change the colors of the newsletter to reflect that change

NEWS

Chapter E will be changing the chapter colors to Navy Blue. You may purchase your own shirt, either polo or tee shirt. If you want your name and chapter embroidered on it, there is a chapter member willing to do this at a nominal cost. You may also get your Goldwing embroidered on it at an additional small charge.

