

CHAPTER E BATTLEFIELDWINGS NEWSLETTER



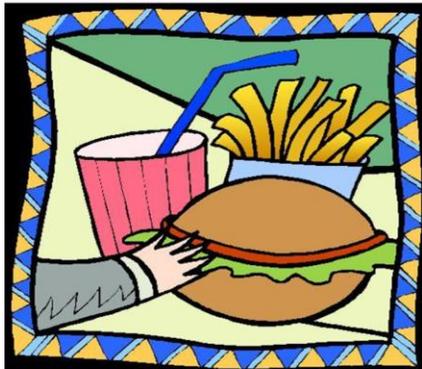
JANUARY 2008

www.battlefieldwings.com

CHAPTER E HOME OF THE REGION N EDUCATOR OF THE YEAR



FUN SAFETY KNOWLEDGE



Visit with us for our Chapter Meetings the

3rd Wednesday of each month

DYNASTY BUFFET - FOUR-MILE FORK

Meet at 6:30 pm to Eat

Meeting begins at 7:30 pm

BATTLEFIELD WINGS, VA-E



CHAPTER STAFF

Chapter Directors – Gordon & Julie Combs

gorcom@msn.com

Assistant Chapter Directors – Dan & Martha Jo Fritz

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Chapter Educator – Larry Gray

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Activity Coordinators – Ed and Wanda Hoeferkamp

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Assistant Dinner/Ride Coordinator – Sly Savage

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Chapter Couple - Dan & Martha Jo Fritz

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Chapter Goodies Coordinator – Richard Wilson

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Charity Coordinators – Mike and Keri Nelson

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Recognition and Awards/Flyer Coordinator – Tom Evans

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Ride Coordinators – Ed Hoeferkamp

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Secretary/Treasurer – Nancy Groves

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Special Events/Email Coordinator – Karen Kestner

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Technical Coordinator – Greg Kestner

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Ways and Means Coordinators – Debbie Little and Julie Combs

Debbie.little@medicorp.org/gorcom@msn.com

Webmaster – Rob Hardisty

webdude@battlefieldwings.com

Team E, greetings and grace and peace to all.

It's heeeeeerrrrrrrrrrreeeeeeeee, 2008 that is. And we had a great time starting off the new year at breakfast. In attendance were Tom & Diana, Dan & Martha Jo, Butch & Nancy, Larry & Kathy, Sly & Katina, Ted, Greg & Karen, George, Brenda, Russell and their mother in law, Ron, Linda, Mark and a guest, Terry & Elaine, Keith, Diane and Diane's parents, George and myself. We enjoyed the breakfast and each others company.

On 1/8, your staff got together to plan for 2008. We had a great meeting and put some plans into action.

- 1) Sly will be providing a flyer at the general meeting for all to fill out for diner rides. The idea is to get all our destinations gathered together in January and publish the rides and dates for the whole year. We are asking you, the team, to step to the plate with ideas and for some to be the organizer of one ride this year. We need the whole team to work together to make this year a great riding year. Please come prepared with ideas to the meeting on the 16th.
- 2) Some staff changes have been made:

Mike & Keri stepped down as MED coordinators. I am pleased to announce that Sly and Katina have stepped up to take on this position. The Membership Enhancement Division coordinators are responsible to review and utilize computer printouts to remind members of their expiration dates and identify new members who have not attended a meeting, they make visitors, guests and new members feel welcome and "AT HOME" and encourage members to recruit others to join the association.

Due to GWRRA rule changes for the COY program, Sly and Katina had to step down as Chapter Couple. I am pleased to announce that Dan and Martha Jo have been selected by the staff for this "HONOR". They will also continue to serve as assistant chapter directors.

Jim Travis has stepped down as flyer coordinator. I am pleased to announce that Tom has stepped up to fill that roll. Tom has also agreed to be the Recognition and Awards coordinator along with Diana as his assistant.

Also, all ride coordinators have to re up by talking with Dan and/or Sly to be listed on the newsletter.

Please take the time to thank the outgoing and the incoming team members for their commitment to your team.

I proudly announce your 2008 chapter
staff.....

Chapter Director	Gordon and Julie Combs
Assistant Chapter Directors	Dan and Martha Jo Fritz
Secretary	Nancy Groves
Chapter Educator	Larry Gray
Chapter Couple	Dan and Martha Jo Fritz
Newsletter Editor/Photographer/Historian	Diana Evans
Webmaster	Rob Hardisty

Chapter Goodies Coordinator Richard Wilson
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Lead Dinner/Ride Coordinator Dan Fritz
Assistant Dinner/Ride Coordinator Sly Savage
Ride Coordinators Ed Hoeferkamp
Membership (MED) Coordinators/ Hosts and Welcome Sly and Katina Savage
Recognition and Special Awards/Flyer Coordinator Tom Evans
Ways and Means Coordinators Debbie Little and Julie Combs
Activity Coordinators Ed and Wanda Hoeferkamp
Special Events/Email Coordinator Karen Kestner
Technical Coordinator Greg Kestner
Charity Coordinators Mike and Keri Nelson

I still have a correspondence secretary position, phone tree coordinator positions open and assistants to many positions open. If you would like to be a team staff member, please let me know. We would love to have you.

Be safe, behave and be there,

Gordon Combs

Skateboarding

Have you ever watched a bunch of kids skateboarding at a park that has facilities for accomplished skateboarders? Surely you've seen some good skateboarders on TV at one time or another. Somehow they keep their balance (whatever that means when they are flying up or down a vertical surface) at all times. They keep their skateboard attached to their feet or are able to rendezvous with it after short airborne separations with no apparent effort. They can ride on the skateboard wheels or off the wheels on the bottom of the board on a railing or edge or pipe. They can perform any number of other stunts and it all looks like it is easy for them. And, it probably is easy for them now because they have practiced these things over and over for countless hours. It wasn't always easy for them as I'm sure you will agree.

Motorcycling skills are no different in this regard. The first time any rider tries to throw a 900 pound Gold Wing around it probably won't look pretty. But give that rider some practice time and the next time you see him (or her) you will see improvement proportional to the amount of practice time they have invested. I think some of us would like to become better, safer motorcyclists but either doesn't make an initial commitment to the time required to hone our skills or, more likely, make the initial commitment but get discouraged and quit when progress doesn't come as quickly as we had hoped. Good skateboarders didn't give up when the going got tough; they stuck it out until they accomplished their goals. And so should we.

I'm horrified when I think back on my early weeks with my 1200. As soon as I could I was out doing 55 MPH on some curvy roads. I remember an occasion when I needed to turn sharper (yellow centerline was getting closer fast) and the darn bike seemed to turn less sharp as I steered. I pulled over to check the rear tire – I was sure there was some mechanical problem and my best guess was a tire going flat. The tire was fine and I later concluded that I probably panicked a bit and "forgot" to counter steer. Counter steering was not yet a habit and I needed to practice (or risk life and limb in future rides).

Every ride is an opportunity to practice and improve your skills. However, it's only an opportunity. If we choose to simply repeat bad habits, we can reinforce them each ride instead of getting more skilled each ride. For me right now, I'm practicing outside-inside-outside for curves to the left. I have an aversion to getting too close to the edge of the road and I seem to go inside way too early. (Note: I think it's healthy

to keep your distance from the road edge but I seem to be moving away much too soon as I look through the curve.) I don't mind cozying up to the centerline and right hand curves are easier for me. I want to work on left handers so next year I can be horrified (or at least embarrassed) at this year's skill level.

I admonish each of us to identify skill shortcomings and make it a point to conscientiously practice to eliminate them. This may require some extra rides or even some parking lot sessions (perish the thought!). You don't have to practice alone. In fact, it probably makes good sense to pair up with someone as a "practice buddy." Together you can decide what you want to improve (doesn't have to be the same thing for each buddy) and the one who wants to improve a particular skill can read up on the proper technique, discuss it with his buddy, and then let the buddy follow him and critique how he did (repeating the ride/critique steps many times). With a brutally honest buddy, you may learn some things about your riding that you haven't picked up on your own. There is one (at least one) overarching rule to an arrangement like this: Never let yourself get in over your head either as the practitioner or the buddy – always ride your own ride. As the practitioner, you are not trying to attain the skill in one ride, you are trying to get incrementally better each ride so that a year from now you see the improvement. Don't get discouraged; expect it to take months to reach some of your goals.

It's the first of the year, time for New Year's resolutions. Promise yourself you will devote some time to practice so you can be a better skateboarder, er, rider. And, make it a long term commitment.

Larry

TECH TIPS FROM THE WEBDUDE

Santa Claus may have brought you a new computer or peripheral for Christmas, but he didn't tell you how to take care of it. Now is a good time to get some good computer maintenance habits developed before you get yourself into trouble.

FIVE TIPS TO KEEP YOUR COMPUTER RUNNING SMOOTHLY:

1. Never, never, turn your computer off with the power switch until Windows has shut down.

The one exception to this rule is when your computer locks up and your hard drive is not running (hard drive light is not blinking). In this situation, you can turn the power off without harmful effects to the hard drive. As cutting the power can also result in lost data or Windows files, you should only do this when you have to.

Following this rule will prevent permanent hard drive defects caused by the hard drive heads contacting the surface of the drive disc, and it will prevent a host of Windows problems.

Whenever possible, recover from crashes by pressing the Ctrl + Alt + Delete keys at the same time. Press them again to reboot your computer.

2. If you have a high speed Internet connection you need a firewall program. A firewall program keeps those who want to hijack your computer from gaining access to your system. You really do not want someone else running your computer. Windows XP has a built in firewall that is sufficient for most Internet use.

I suggest you purchase and run Norton's Personal Firewall program. Your firewall should boot up with your computer to protect it from invasion.

3. Backup, backup, backup, any data you cannot afford to lose to at least two separate physical drives. So backup data to floppies, Zip disks, CD-RWs etc.

The time to backup is when you create something you can't afford to lose. Don't wait until tomorrow. External hard drives are excellent options to backing up your

4. Run Scandisk and Defragment at least once a month. This will keep your hard drive healthy and prevent crashes. In most cases, your computer will run more efficiently when your hard drive is not fragmented.

5. Never unplug peripherals from the computer when it is powered up. Unplugging with the power on can short out the connector socket or the motherboard.

The only exception to this rule is if you know a peripheral is "hot swapping". If you do not know what "hot swapping" means then see below.

Hopefully these computer maintenance tips will keep you out of trouble. However, if you have problems with your computer, feel free to ask for help and I will do my best to help out (Or point you in the right direction).

Here are a few online resources:

[Symantec Security Check](http://security.symantec.com/): <http://security.symantec.com/>

[Fragmentation](http://www.webopedia.com/TERM/F/fragmentation.html): <http://www.webopedia.com/TERM/F/fragmentation.html>

[Hot Swapping](http://en.wikipedia.org/wiki/Hot_swapping): http://en.wikipedia.org/wiki/Hot_swapping

-- *Webdude, "E" Team Webmaster*

POTATO BROCCOLI CHEESE BAKE

2 tablespoons butter	1/8 t. pepper
2 tablespoons all purpose flour	1 (16 oz) pkg. Frozen shredded hash brown potatoes, thawed.
2 cups milk	1 (10 oz) pkg. Frozen chopped broccoli (cooked and drained)
1 (3 oz) pkg. Cream cheese (cubed)	1/4 c. dry breadcrumbs
1/2 c. shredded Swiss Cheese	1 tablespoon melted butter
1 t. salt	
1/8 t. ground nutmeg	

Melt 2 tablespoons butter in a heavy Dutch Oven over low heat, add flour and cook 1 minutes, stirring constantly. Gradually add milk; cook over medium heat, stirring constantly until thickened and bubbly. Add cream cheese, Swiss cheese, salt, nutmeg and pepper; cook over low heat, stirring constantly, until cheese melts. Add potatoes, and stir well. Spoon one half of potato mixture into a lightly greased 9inch square baking dish; spread broccoli over potatoes. Spoon remaining potatoes over broccoli layer. Cover and bake at 350° for 35 minutes. Combine bread crumbs and 1 tablespoon melted butter, stirring to coat breadcrumbs; sprinkle over casserole. Bake uncovered, an additional 10 to 15 minutes.

Submitted by Karen Kestner

JANUARY
2008

BATTLEFIELD WINGS CHAPTER E

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 HAPPY NEW YEAR Ride Golden Corral 10:00	2	3	4	5
6	7	8 Staff Meeting	9	10	11	12
13	14	15	16 General Meeting	17	18 POT LUCK BOB JONES	19
20	21	22	23	24 Dinner Ride Old Country Buffet	25	Crash Scene Response Course
27	28	29	30	31	LINK TO 2007 HIGHLIGHTS	

UPCOMING EVENTS:

Feb 8,9,10 Wingless Weekend

<http://www.gwrrava.org/images/wwreg08.pdf>

Feb 17th VA-B Va Beach Polar Bear Run

<http://www.gwrrava.org/images/vabpolar08.pdf>

Feb 23rd VA-F Winchester Crazy Supper

<http://www.gwrrava.org/images/vafcrazy08.pdf>

VIRGINIA DISTRICT AGENDA FOR 2008:

<http://www.gwrrava.org/vaevents.html>

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3rd Wednesday of each month

DYNASTY BUFFET - FOUR-MILE FORK

Meet at 6:30 pm to Eat

Meeting begins at 7:30 pm

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**Look Who's
Coming to Dinner!**

O.C. Bee Presents

The "Play It Again" Band
Music from the 60's,
70's and 80's

Thursday, September 13, 2007
7:00 P.M.



Appearance by our friendly mascot, O.C. Bee!

**Old
Country
Buffet**

Old Country Buffet Plaza
3940 Plank Rd
Fredericksburg



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VA-E's Crash Scene Response seminar will be conducted on January 26 at the Fredericksburg Gander Mountain store. Time is 9:30. No food or drink are allowed so prepare accordingly. This store is on Route 3 west of I 95. The I 95 exit number is 130B. The store is on the left side when traveling west and less than a mile from 95. I'd say "you can't miss it" but that would surely jinx everything. GPS coordinates are N 38° 54.800" W 77° 31.39" (copied from their website).

Some people who have previously indicated interest in the VA-E seminar may decide to attend this seminar at Wingless. I did not really stop to think about what might be available at Wingless and I certainly understand if people want to change their plans regarding the VA-E offering. What I would request is that you give me some indication if your plans do/have changed. The meeting room comfortably holds 25 but can hold 40. So, if I know how many are planning to attend I can notify everyone appropriately if I foresee a train wreck coming.

Here is who I currently have signed up:
Gordon Combs, Ted Odle, Steve Jaeger, Ray Hitt, Chip Galloway, Hank Waters, Pat Waters, Mary O'Connor, Tom and Diana, 11 VA-D members, Karen and Greg, possibly a bunch more from VA-E (our meeting is Wednesday where I will get a final count).

Thanks,
Larry

Larry.e.gray@boeing.com

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STAFF MEETINGS ARE
SCHEDULED FOR THE FIRST
TUESDAY OF EACH MONTH

MEET AT 6:30 PM TO EAT

MEETING STARTS AT

7:00 PM

ALL MEMBERS ARE WELCOME!

TAKE OUT DINE IN

(540) 373-4440

Call Ahead for Take Out Orders



2312 Plank Road
Fredericksburg, Virginia 22405

Mon - Thur 11 - 10

Fri - Sat 11 - 11

Sun 11:30 - 9:30



Locations in Fredericksburg, Stafford, Aylett, Midlothian,
Richmond and Lynchburg, Virginia &
Hillsborough, North Carolina
Coming to King George soon!

Buon Appetito!

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