

## The Battlefield Buzz





### Virginia District Chapter-E Fredericksburg, VA

Region N

### Chapter Director Claude Revely

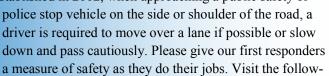
Greetings VA-E family,

I wish to personally acknowledge and thank two members for their insight and assistance with helping me diagnose and replace my final drive on my GL1800. Greg (Chapter Technical advisor) and Larry (Chapter Educator) through email descriptions of what I had experienced helped me narrow my issues to the drive.

I also would like to thank Larry for his instrumental help with replacing the final drive. Not having preform a replacement...ever, I imagined it taking a couple of days. I was wrong. It took approximately 2 hours to completely removed the damaged drive and install the replacement. If interested, I will have the disassembled drive for display at the June Gatherings if you would like to see how they can fail.

I would also like to acknowledge and thank the volunteers that helped the chapter by riding in the two triathlons so far.

As you may already know, June is "Move Over Awareness Month" in Virginia. Established in 2002, when approaching a public safety or





ing website for additional information. http://lis.virginia.gov/cgi-bin/legp604.exe?141+ful+SJ102ER.

Finally, come join us at the June Gathering as we will have more games for prizes and socialize with your fellow E-Participants!

As some are aware, our Educator is considering relocating in the near future and we will be in need of a new Educator. If you feel moved to step up to the challenge, please consider becoming our assistant educator.

Also, I am in need of an assistant Chapter Director. My wife and I have also discussed moving and would like a smooth transition when that time arrives...in the distant future.

Triathlon's Backups: We have a few triathlons starting in the next few weeks and in order to fulfill our commitment, I would ask those that are not scheduled, volunteer to be on a backup list in case a scheduled volunteer cannot make it. We know unforeseen situations will change our future plans and having a backup list would expedite obtaining a last minute substitute. Please visit www.battlefieldwings.com and select contact and email the triathlon coordinator if you are willing to be on the backup list for us. Thanks!

Issue 2014- 6 June



GWRRA, REGION N, VIRGINIA DISTRICT CHAPTER VA-E

**OCTOBER 1987** 







Chapter's Social Gathering every 3rd Wednesday of each month @ 6:30 pm at the Golden Corral, meeting @7:30 p.m.

Address: 10320 Spotsylvania Avenue, Fredericksburg, VA 22408

Phone:(540) 891-2022



## Larry Gray Chapter Educator

Part 2 cont'd from last month

Every Few Weeks:

TCLOCK, enough said.

In the winter, check the condensation drains (2 clear hoses with plugs in their ends under the left engine cover just below the reverse lever on 1500s). Butch says he has to do this every week in the winter but hardly at all in the summer. I have never had to drain mine but I'm not quite the hearty winter 1500 rider Butch is and I avoid riding in the rain which also, I understand, produces more condensation. 1800s don't have these drains.

#### Semi-annually:

Change engine oil if not needed earlier due to mileage. Short trips where the oil doesn't get and stay hot for awhile is bad. When an internal combustion engine runs, some of the exhaust slips past the piston rings and gets into the crankcase. Exhaust is partially water vapor and in the crankcase it condenses and gets into the oil if the oil is cold (as it always is when you first start up). If the oil is hot, it gives up some of this moisture but if it isn't or doesn't get hot and stay hot, the moisture stays in the oil and forms corrosive acids. (You may want to change more often than every 6 months and that is certainly justifiable.)

Lubricate the clutch and brake lever pivot points. Do this more often if you ride in the rain regularly. If the pivots are not lubricated, excessive wear may cause one or more of the switches that control the cruise control, cause the brake lights to light, or allow you to start the bike while in gear, to switch too early or too late as the lever is pulled in (because of extra "slop" in the pivot joint).

### Annually:

If you store your bike for the winter, before your first spring ride, look carefully for signs that mice have used your bike for a home. Greg suggests looking on top of the valve covers under the engine covers (1500). A favorite place for mice to camp out is in the air cleaner box. If performance doesn't seem quite right or fuel mileage is poor, you might look for this (in the air filter box) even if you didn't see telltale signs of mice – at least a couple of chapter member have had this problem.

Now on to things that are mileage dependent....

### 10,000 Miles:

Tires ought to last more than 10,000 miles but maybe not too much longer depending on how you ride and particularly on how well you watch your pressures. When you need tires, don't look for closeout specials which might be several years old (you can find the manufacture date on the tire – it's a 4 digit number stamped into the tire somewhere near the bead indicating month and year); old rubber is not as good as new rubber. If you don't ride much, consider changing tires based on age. A 4 year old tire is probably ready to be replaced even if it has tread. Old rubber just doesn't have the grip new rubber does. If you don't like doing your own maintenance, leave tire changing to others or brush up on the colorful vocabulary you use when frustrated.

### 30,000 Miles:

You might be ready for brake pads around 30,000 miles. Of course, there is great variability in how long pads last. If you ride conservatively and use engine braking, your pads will last longer than if you alternate between full throttle and full brake all day long. Also, there are a couple of different types of brake pads and they wear at different rates. "Organic" pads wear somewhat faster than "metallic" (AKA "sintered") pads (but metallic pads wear the disk more than organics do). Greg says always use metallic pads; this is what came on your bike and they perform much better.

#### 50,000 miles:

Change the air filter and the gasoline filter. Again, there are some caveats. If you riding in dusty conditions regularly, you'll need to change the air filter more often. You can do this job yourself but you'll have to remove the top of the false tank on a 1500 to get to these filters. (You have to do this and more on an 1800.) And, as Butch can tell you, I have a tendency to drop and lose the air filter screws when doing this job – use a magnetized screwdriver and save yourself a lot of trouble. (Note: while you're here, you can easily change antifreeze if its due because the radiator cap is fully exposed.)

You can change spark plugs every 50,000 miles if you like. I don't change spark plugs in my cars unless the idle is rough or there is some performance problem I can conjure up an argument for why the plugs could be the problem. If the electrodes on the plugs are still sharp (nice right angle corners) and the insulator isn't cracked, they are probably fine. If you tackle this yourself (it isn't hard but does require removal of some plastic) you'll need compressed air to blow the dirt out of the spark plug wells before removing them so that dirt doesn't fall into the cylinders.

On 1500s, there is a small filter inside the plastic about where your right knee would be in a normal sitting position. If you ever have this plastic off, find this little filter (an irregular shaped box about 1.5"X1.5"X2" with a vacuum hose attached) and replace the filter element. If you don't have a replacement element, its better to not touch this. It gets dry and crumbly and if disturbed the crumbles will get sucked into the vacuum hose and go where you don't want them to go.

#### 100,000 Miles:

Congratulate yourself on successfully breaking in your Gold Wing. Then, change the timing belts if you ride a 1500. Several years ago Wing World had an article on when to change timing belts. It may have convinced me to change sooner than 100,000 miles for safety's sake but every set I've seen no matter how many miles were on them looked like new. 1800s don't have timing belts.

If I have missed something important to you, let me know and I'll get you an answer. And, if you have a different opinion on anything I've said, share it with us at a chapter meeting – differing views are always welcome and other members will appreciate the discussion.

### Keep It Level

Nice weather is here and I'm daydreaming about a long weekend trip to Deals Gap or any other venue with lots of curvy roads. Greg has a knack for finding these. He compares a topographical map with a road map and figures any road that traverses an area of significant elevation change will have some curves and maybe even a switchback or two. Wonderful. What is the right technique for riding this kind of road?



Of course, one component of the right technique is to keep your speed appropriate to your skill level. (I could spend a paragraph admonishing you to not get caught up in peer pressure if you are on a group ride and feel the pace is quite quick. Let me just say that any group of <u>real</u> friends will thank you if you let them know you need to slow down a tad.) Another component of the right technique is use of an outside-inside-outside path of travel. If this feels counterintuitive to you, you must overcome any bad habits you have in this area. If you start out on the inside and sense you can't turn as tight as you need to, you are very likely going to go over the center line (right turn) or off the road (left turn). A component I'm working on in my personal riding is the orientation of my head and that's what I want to mention this month. The right form for riding through twisties (or even a single turn, for that matter) is to keep your torso in line with the bike or leaned to the inside of the curve while keeping your head level. You must, of course, cock your head in the opposite direction of your and your bike's lean to do this.

Keeping your head level (the way it would be if you were standing or walking) keeps your eyes parallel to the horizon and this does a couple of things for you. First, it presents your brain with an upright image – something it is accustomed to and can process quickly, and, second, it helps keep you from getting motion sickness. Both of these advantages are important but the first is obviously a safety issue and the reason I even bothered to bring it up. You have already trained yourself to watch for deer or cars or other dangers coming at you from either side and it just makes sense that your brain can process "expected" trajectories quicker than something coming in at a 45 degree angle.

Like most other safety techniques for motorcycling, keeping your head and eyes level may be easier said than done and may take practice. At least that is what I've found. I find I'm sometimes sloppy on this even when I'm in gentle curves but I'm working to make it second nature. Just as we should always turn our head and eyes to the place around the curve where we want to be in a few seconds, we should keep our heads level even when our bikes aren't vertical. This all becomes more important when the floorboards or footpegs are dragging for one curve after another.

Let's get a trip to the mountains planned so I can practice!

### **MEC News**

Greetings All,

Please allow me to stand on my soapbox for a little while. The same usual people are attending our Social gathering every month but they only account for about 20% of our membership roster. That means 80% of you are GWRRA members, but are MIA at our Social Gatherings. I'm sure there are many reasons for this, such as been there, done that. But this year you would be wrong. You see, our new Chapter Director, Claude Revely, attended the Officer Certification Program earlier this year and came back with some new and refreshing ideas for our Socials. We have been playing games with some wonderful prizes. I must admit, I was skeptical at first, but these last two Socials have been very enjoyable and I found myself having fun. 66 He has provided some excellent game prizes and ramped up the Chapter Pride Prize (I won this month and it was a

\$25 gift card to Lowe's). He has changed the format and made the Socials more member friendly. They actually are a Social Gathering, not a "meeting", so please, please make an attempt to come play with us at our June 18th Social Gathering at Golden Corral...... you will not be disappointed.

I recently had a member that I see just a few times a year tell me that he does not know many of the Chapter E team and that is why he does not come very often. Please allow me to stand on my soapbox again. In August 2002, I joined GWRRA and was introduced to Chapter E Fredericksburg and went to my first Social. That night I heard about Rally in the Valley and how the chapter was having a maintenance day to get bikes ready for the trip. I had just purchased my Wing, and the crash bar on the left side was bent up against the valve cover which concerned me. I mentioned it to someone that night, and they said to come to maintenance day at the home of Greg and Karen Kestner, and have it looked at. Well, I showed up halfway through the allotted time, and all the guys in the garage stopped what they were doing and came over to see my damage. They immediately took my bike in the garage, and a short time later, that bar was the same distance away as the other side. I was sold on this new to me group as I had priced that repair at the local shop and just one visit to maintenance day saved me over \$300 dollars in repairs. I started attending every Social and became friends with everyone, and that is when the fun kicked into high gear. I found myself riding with the group and getting very valuable education about my new sport. As they say, the rest is history, as this past December, I stepped down as Chapter Director after a four year stint which was preceded by a two year stint with only a one year break in between. My best friends in life are all Battlefield Wings participants and I enjoy their company within the group, and many times outside the group. They say you have to give to receive, and I would carry that a step further and encourage you need to participate in this group to receive this valued friendship.



this group.

Hope to see you soon,

Gordon Combs Membership Enhancement Coordinator

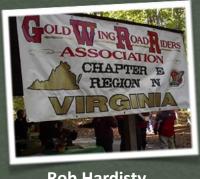
## Tech Tips From the Webdude

### Webmaster - Chapter E









Rob Hardisty
Webdude, Chapter E
webdude@battlefieldwings.com

Website: www.battlefieldwings.com

I address common technical issues that you may have. From formatting your hard drive to installing virus protection. I provide basic tech tips to make life easier.

It's been a rather busy hectic month so I haven't been able to get an article for this month's newsletter. Stay tuned for one next month!!











Greg giving talk about dangers of tires coming off big trucks when on a motorcycle.









Having fun with Putt Putt at the Chapter Gathering!!







### Getting to know your Chapter E!

### Name Claude Revely

Getting to know someone can be made easy if you know the right questions to ask. It might be a blind date, or some other situation where you need to break the ice. Most of these questions were taken from a webpage on how to get to know someone.

Note: If you're uncomfortable answering a particular question...Skip it.

### ▶ Just Generally ◀

You might feel that these questions are unnecessary or are too silly to ask, but these are the best conversation starters. They are not offending, neither do they intrude or cross the boundary, therefore, are perfectly safe. Here are some good questions to ask, when you have met someone for the first time.

- ••• What Zodiac do you belong to? TAURUS
- ••• If you could learn any language fluently, what would it be? HEBREW
- ••• What talents do you have? ART-CHARCOAL DRAWING AND PAINTING.
- ••• What type of music do you like? ALL, BUT MORE JAZZ AND PRAISE
- ••• What phrase do you use the most? DO WHAT MAKES YOU HAPPY...
- ••• What was your best subject in school? MATH OR SCIENCE
- ••• What song do you play the most on your iPod, radio or record player? WHERE I BELONG
- ••• What is the one physical feature that you get complimented on most often? BACK IN THE DAY, MY AFRO!!!
- ••• What is your favorite book?THE BIBLE
- ••• How do you manage stress? YELL
- ••• What is your favorite sundae topping? A SPOON
- ••• How superstitious are you? NOT
- ••• What football team do you support? DALLAS
- ••• Do you think people talk about you behind your back? ALWAYS

## Birthdays & Anniversaries



June Birthdays

10 Mike Lucas26 Alec Kestner

June Anniversaries

04 Jim & Bev Travis
08 Norman & Patricia Reynolds
18 Ron & Linda Hardisty
23 Butch & Nancy Groves



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Position	Name	Phone	To send E-mail		
District Director	Dennis & Kristen Weston (8/12)	757-463-4429	Dennis - <u>dweston6@verizon.net</u> Kristen - <u>talk2k@verizon.net</u>		
Asst. District Director (North) - VA-A, E, F, I, R, and Y	Rick Baker (05/12)	703-318-5899	rickbaker2006@verizon.net		
Asst. District Director (East) - VA-B, C, D, L, O, U, and W	Rich & Debbie Bonham (1/13)	804-536-9025	richardbb@verizon.net		
Asst. District Director (West) - VA-H, J, K, V, and X	Wayne & Kathy Whitworth (05/10)	540-586-0984	Wayne - wayne69997@yahoo.com Kathy - kwhitworth56@verizon.net		
District Educator	John Bowles (11/13)	757-663-2057	jlbowles@gmail.com		
Asst. District Educator (East)	John Skinner (11/13)				
Asst. District Educator (West)	Med Miller (11/10)	540-588-9556	thermalchaser@yahoo.com		
Asst. District Educator (North)					
District Leadership Trainer	Ken Taylor (01/13)	703-819-6766	gldwing_rider@verizon.net		
District Treasurer	Mae Cappis				
Member Enhancement Coordinators (MEC)	Tommy & Gayle Wilson (10/12)	540-238-3136 540-238-3263	t17wilson@gmail.com ghwilson208@gmail.com		
District Chapter of the Year Coordinator	Gayle Wilson	540-238-3263	ghwilson208@gmail.com		
District Couple of the Year	Glenn & Nanette Mizner (10/13)	757-270-6451	glennmizner@cox.net nannmizner@cox.net		
District Special Events Coord.	Bobbie Jo Harrison	540-890-2890	threewheelcruzin@verizon.net		
District WebMaster	Dennis & Kristen Weston	757-463-4429	dweston6@verizon.net		
District Rally Vendor Coord.	Trish Adams	757-538-9989	onebchnut@charter.net		
District Newsletter Editor	Kathy Skinner (02/12)		katherineskinner@cox.net		
Rally Camping Coordinators	Keith & Carol Lindgren (11/10)		klindgren22@cox.net		

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Chapter	Area / Location	Chapter Director * Senior CD	Phone Number & Email	Monthly Meetings	
VA-A Chapter A WebSite	Northern Virginia	Mary O'Connor (11/09)	703-378-3873 eMail: <u>maryoc4429@aim.com</u>	2nd Wed 7:30 pm - Commons Community Center, 5701 Roberts Parkway, Burke, VA 22015	
VA-B Chapter B Website	<u>Virginia</u> <u>Beach</u>	Bob & Ann Lutton (8/11)	757-641-5510 eMail: <u>b.lutton@verizon.net</u>	2nd Wed 7 pm -BUFFET CITY, 3877 Holland Rd, #416, Va. Beach, Va. 23462	
VA-C Chapter C Website Chapter C Facebook	Hampton/ Newport News	John Newbauer	757-827-0834 e-Mail grdnman1@verizon.net	2nd Sun 7 pm - Angelo's Steak & Pancake House, 755 J. Clyde Morris Blvd, Newport News	
VA-D Chapter D WebSite	Richmond	Allen & Debbie Dow- ell (01/13)	04-222-1303 eMail: <u>dowellmickey@comcast.</u>	4th Wed 7 pm - Candelas Pizzeria & Ristorante Italiano 14235 Midlthoian Turnpike 804-379-0910	
VA-E Chapter E WebSite	Fredericks- burg	Claude Revely (01/14)	540-207-7646 e-Mail: seadoggw@att.net	3rd Wed 7:30 pm - Golden Corral, 10320 Spotsylvania Ave, Fredericksburg, VA	
VA-F Chapter F WebSite	Winchester	George & Brenda Tincher (01/09)	571-934-7067 eMail: <u>tincherg@comcast.net</u>	4th Sun 9am - Golden Corral, 120 Costello Dr., Winchester (phone: 540-667-6329)	
VA-H	Abingdon	Paul & Dorothy Baker (11/1-	276-628-6047	2nd Tue 7 pm - Abingdon Moose Lodge, US19,	
VA-I Chapter I Website	<u>Manassas</u>	Tom & Kathy DeWispelaere (2/11)	703-361-3373 eMail:tidewisp@yahoo.com	2nd Sun 10:00am - Great American Buffet, 8365 Sudley Rd., Manassas	
VA-J Chapter J Website	South Boston	Doug Poole (01/13)	434-572-2084 e-Mail: <u>wingz57@gmail.com</u>	2nd Mon 7:30 pm - Roma's Italian Restaurant and Grill, 3403 Old Halifax Rd., South Boston	
VA-K Chapter K Website	<u>Roanoke</u>	Bob Karnes (09/13)	540-947-0261 e-Mail:	2nd Mon 7 pm - Great 611 Steak Co., 3830 Franklin Rd., Roanoke	
VA-L Chapter L Website	Chesapeake	Jeff & Carm Stobie (01/14)	e-Mail: carmjas03@verizon.net	4th Tues 7:00 pm -Pops Diner Co., 1432 Greenbrier Parkway, Chesapeake, VA	
VA-O Chapter O Website	Williams- burg	Joe Dickson & Karrin Frankie (01/05)	757-872-0690 eMail:widetrack48@cox.net	4th Sun 5 pm - Belgian Waffle & Steakhouse, 14700 Warwick Blvd., Newport News	
VA-R Chapter R WebSite	<u>Harrison-</u> <u>burg</u>	Tim & Pam Hoysradt (01/14)	540-471-0098 e-Mail: timhoysradt@comcast.net	1st Sun - 3 pm - Golden Corral exit 247A, Rt. 33 E. 2 miles off I-81, Harrisonburg	
VA-U Chapter U WebSite	<u>Hanover</u>	Rob & Cheryl Ramsey (01/13)	276-806-8290 eMail:gwrra.vau@gmail.com	3rd Sun 3 pm - Anna's Italian Restaurant, 7009 Mechanicsville Tnpke, Hanover Village Shopping	
VA-V Chapter V WebSite	Bedford	Alice Miller (01/13)	540-580-0257 eMail: <u>OtterRidevaV@gmail.com</u>	3rd Sun 3 pm - Fellowship Hall of St. John's Episcopal Church, 314 N Bridge St, Bedford	
VA-W Chapter W Web-	Chester	Bill Martyn	804-241-6910 eMail: <u>wmartyn@aol.com</u>	2nd Tue 7 pm - Pietro Pizza - Italian Rest., 2601 Osborne Rd, Chester	
VA-X Chapter X WebSite	<u>Salem</u>	Tony & Vickie Ayers (1/10)	540-293-4982 eMail: goldwingpa@gmail.com	1st Sat 3 pm - EVANGELICAL METHODIST CHURCH, 1920 LUCAS ST. SALEM, VA	
VA-Y Chapter Y WebSite	Leesburg	Wil Bell (06/13)	703-929-8329 e-Mail: gwrravaycd@gmail.com	3rd Sun 5 pm - Betucci's in Ashburn, VA, 44042 Pipeline Plaza	

June		
June 2-7	Americade 31	Lake George, NY
June 7	VA-Y Chapter Fund Raiser	Leesburg, VA
June 12-14	GWRRA West Virginia District	Summersville, W. VA
	Rally	
June 15	Father's Day	
June 15	VA-E Rev3 Williamsburg Triath-	Williamsburg, VA
	lon	
	(10 Motorcycles Needed)	
June 21	VA-E Jefferson Sprint Triathlon	Charlottesville, VA
	Triathlon 8:00 am • Duathlon 8:15 am	
	Saturday, June 21, 2014 Tri: 350m Pool Swim • 13 mile Bike •	
	3.1 mile Run	
	Du: 1 mile Run • 13 mile Bike • 3.1 mile	
	Run	
June 21	VA-O Chapter Fund Raiser Casino	Williamsburg VA
July		
July 2-5	WING DING 36	Madison, WI
July 12	YMCA Triathlon	
-	(2 Motorcycles Needed)	
	Details pending	
July 13	YMCA Triathlon	
	(2 Motorcycles Needed)	
	Details pending	
July 26	VA-U Chapter Fund Raiser	<u>Hanover, VA</u>

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### Here is a summary of Chapter E's upcoming activities and events.

We have established an Annual Prize Program. E-Participants attending a total of 6 Gatherings will be entered into a drawing to be awarded at our Christmas Party. The selectee will receive a year GWRRA membership dues paid by the Chapter. Lifetime members or others where dues are not required, you will receive a gift card in the amount of the Individual Member dues. Note: Since the December Gathering will be after the Christmas Party, everyone will automatically have one free entry. So, only 5 Gatherings attendance will qualify you.

We are also working on another program to assist in payment of 1 year of membership dues in a hardship situation. Details are sI am planning a personal overnight ride to Waxhaw, NC leaving August 8th. I will be attending JAARS Day at the JAARS Center.

JAARS (JAARS, Jungle Aviation And Radio Service) is a non-profit organization that helps organizations around the world get practical, day-to-day support for Bible translation. They train Missionaries in Aviation, Water Craft, Land Craft, Radio and other practical support they will need in a jungle environment. The event is FREE with fees for plane, helicopter and 4-wheel drive rides. If you'd like attend, let me know and I will make the lodging ar-

Pot Luck: Gordon and Julie Combs are hosting a potluck on July 5<sup>th</sup>. Additional details to follow. Mark your calendars.

raignment at the site. See their website at www.jaars.org.till being formulated.

**RITV**: If you are planning to attend Rally in the Valley, please let me know so we can plan our participation/coverage of the Hospitality table. Thanks.

If you wish to plan/lead a ride at any time, send me an email with details and I will forward to our E-Participants.



### Virginia District



### All Chapter's Picnic

### SATURDAY, AUGUST 23RD AT WHITE BANK PARK

10 AM - 3 PM

### **ALL GWRRA FAMILY & FRIENDS INVITED**

### <u>Fun & Games</u>

Horseshoes Disc Golf Course Corn hole Volleyball Fishing (your own gear)



<u>Food</u> Hamburgers Hot Dogs Drinks

Attendees are asked to bring sides and desserts





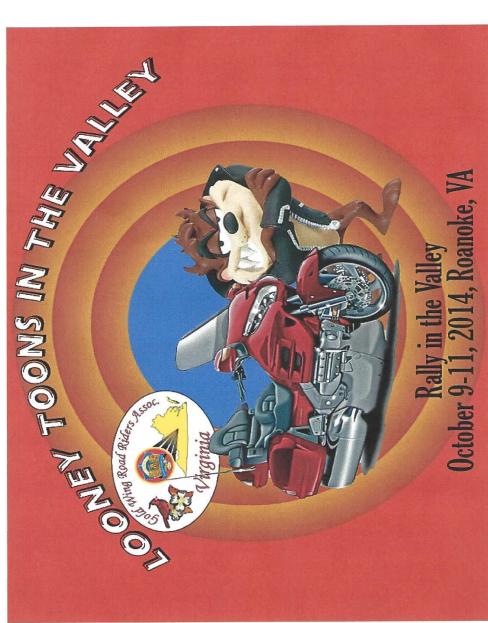
Couples Dessert
auction to benefit the
Couples Trogram and
drawing for Afghan
raffle



<u>Address:</u>

5501 Conduit Road Colonial Heights, Va.





# 26th Annual RALLY IN THE VALLEY

- Vendors
- Anything Banana Baking Contest
  - Dancing
- CPR
- ERC & Trike Courses
- Door Prizes
- Lighted Bike Show
  - Bike Show

- Hospitality Room
- Guided Motorcycle rides
- Self-Guided Motorcycle rides
- 50/50
- Chapter Basket Raffle
- Virginia DARE Boat Cruise
- Costume Contest and Skits at Opening Ceremonies

## RITV Address:

Holiday Inn Tanglewood - Roanoke 4468 Starkey Rd Roanoke, VA 24018 # (540) 774-4400

Rooms: \$79.00 w/out breakfast \$95.00 with breakfast

# RELEASE FORM

Must be signed by all registrants and returned)

I/We agree to hold harmless GWRRA, the co-sponsoring organization and any property owners for any loss or injury to self or property by reason of participating in this rally.

# Rider Signature

Co-Rider Signature

Is this your first time attending this Rally?

How did you find about the Rally?

PLEASE MAKE CHECK PAYABLE TO:
GWRRA-VA (DO NOT SEND CASH)
Mail to:
Mae Cappis
8101 Foxdale Dr.
Norfolk, VA 23518

# RITV - REGISTRATION FORM

11	II	И	
ber \$30 X	\$35 X	\$10 X	REE FREE
<b>GWRRA Member \$30 X</b>	Non-Member	Child under 12	** 5 & Under FREE FREE

# Masters Breakfast:

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# Closing Ceremony

banquet \$23 A =	Rider Courses
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\$40 X

TRIKE ERC

# CPR/First Aid & AFD

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PLEASE PRINT CLEARLY	der	ge Chapter	RA#		Je Chapter	RA#	
PLEASE P	Rider	Age	GWRR	Co-Rider	Age	GWRR	Address1

### Address2

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### Phone

Email Address for Confirmation (Print Clearly)

# Arriving Thursday Friday Saturday

Distance traveled to rally (straight-line mileage, one-way)

- ◆ All refunds will include a \$5 cancellation charge;
  - ♦ NO REFUNDS AFTER 9/25/2014 ♦ After 9/25/14 will be higher on site

X	×
GWRRA Member \$35 X	mber \$40 X
GWRR4	Non-Member

GWRRA cards to be checked on site.

# \*\*\*DAY PASSES AVAILABLE ON-SITE \$15\*\*\*

## DARE BOAT CRUISE Friday, October 11:

II \$25.00 X

will leave around noon and estimated time of return be a 1 hour ride to Smith Mountain Lake. The boat The boat cruise will leave around 9:30 am and will about 2pm with a 1 hour ride back to the civic We must have 50 people sign up with a 100 person maximum for the cruise by 5 September or the cruise will be cancelled. If cancelled all monies will be returned with no cancellation fee.

Sandwiches has been chosen because of the time Lunch will be provided on the cruise, Soup and of year. Turkey/Ham



# GWRRA Trike / ERC / CPR/First-Aid

We will be offering a Trike / ERC class at RITV parking lot and should be finished by 12:30pm. The cost for the course is \$40 (Co-Riders are on Friday, October 10, 2014. The course will free). For this advanced class, you will be begin PROMPTLY at 7:30am in the upper using your own Motorcycle or Trike.

should be finished by 1:00pm. The cost for the We will also be offering a CPR/First-Aid class at RITV on Friday, October 10, 2014. The course will begin PROMPTLY at 7:30am and course is \$30.

## T-SHIRT:

S, M, L, XL -- \$13 / 2XL & XXXL -- \$15

( Amount)	( Amount)
(size)	(size)
(#)	(#)

# **LONG SLEEVED T-SHIRT:**

S, M, L, XL -- \$15 / 2XL & XXXL -- \$17

( Amount)	( Amount)
(size)	(size)
(# #	(#)

## SWEAT SHIRT:

S, M, L, XL -- \$19 / 2XL & XXXL -- \$21

( Amount)	( Amount)
(size)	(size)
(#)	(#)

## GOLF SHIRT:

S, M, L, XL - \$21 / 2XL & XXXL - \$23

( Amount)	( Amount)	
(size)	(size)	
(#)	(#)	

Shirts may be purchased on site from the Freedom Enterprises Vendor at a slightly higher price.

\$ \$ \$	9 69	<del>⊕</del> 4	φ · φ	\$
Total Registration Total Shirt Order	ERC	CPR/First Aid & AED	Masters Breakfast	Banquet

49 **GRAND TOTAL** 

### **Honey Porter Glazed Chicken Skewers**

### **Ingredients**

- 2 cloves garlic, grated with a microplane (or minced)
- 1/3 cup honey
- 1/2 cup porter or stout beer
- 1 tsp red pepper flakes
- ½ tsp Dijon mustard
- ¼ cup soy sauce
- ¼ tsp pepper
- 1 tbs olive oil
- ½ cup chopped shallots (about 1 medium shallot)
- 6 boneless skinless chicken thigh fillets, cut into cubes
- oil for the grill
- Chopped cilantro for garnish (optional)

#### **Directions**

- In a small bowl whisk together the garlic, honey, porter, red pepper flakes, mustard, soy sauce and pepper. Add the chicken cubes, refrigerate for 1 hour and up to overnight.
- Remove the chicken from marinade (reserve the marinade) thread the chicken through wooden skewers.
- In a pot over medium high heat, add the olive oil and shallots. Sautee until shallots have softened, about 5 minutes. Add marinade and boil, stirring frequently, until reduced and thickened, about 8 minutes.

### Grill

- Preheat grill to medium high.
- Brush the grill lightly with oil.
- Brush the chicken with the glaze, place on the grill. Brush with glaze and turn every 2-4
  minutes until cooked through, about 10 minutes.

Sprinkle with chopped cilantro prior to serving.

### Issue 2014- 6

### Contact us via

### http://www.battlefieldwings.com/contact

### Like us on Facebook

http://www.facebook.com/chaptere.fredericksburg

Chapter Director	Claude Revely
Assistant Chapter Director	ТВА
Chapter Treasurer	Tony Poulakowski
Rider Educator	Larry Gray
Assistant Rider Educator	ТВА
Membership Enhancement Coordinator	Gordon Combs
Motorist Awareness Coor-dinator	Mark Poulakowski
Chapter Couple	Eddie and Rosa Seale
Honorary Chapter Couple	Dannie and Carole Hays
Triathlon Coordinator	Gordon Combs
Triathlon On-Site Coordi-nator	Butch Groves
Ways and Means Coordi-nator	Julie Combs
Goodies Coordinator	Richard Wilson
Hosts and Welcome Coor-dinator	Nancy Groves
Recognition/Special Awards	Dave Rowson
Correspondence Coordina-tor	Rosa Seale
Phone Tree Coordinator	Ellen Smith
Chapter Photographer	Sharon Poulakowski
50/50 Coordinator	Cheryl Poulakowski
Ride Coordinators	Jeff Burke Gordon Combs Charlie Smith Eddie Seale Dan Fritz
Technical Coordinators	Greg Kestner Larry Gray
Newsletter Editor	Kathy O'Neal
Webdude	Rob Hardisty
Chapter Pride Coordinator	ТВА

At Chapter E, we emphasize that we indeed are a team of riders/co-riders interested in Goldwings, riding and most of all having fun. Some think that we are mostly interested in eating!! You will need to join and be the judge! Come on out and join us!

We would love to see you. We meet to eat at 6:30 p.m.,meeting starts at 7:30 p.m. The third Wednesday of each month at Golden Corral, 10320 Spotsylvania Ave., Fredericksburg, Va., 22408.

Visit these National and Local sites for more information

http://www.region-n.org/

http://www.gwrrava.org/

http://www.gwrra.org/

Since we are changing our Chapter Colors to

### **NAVY BLUE**

I thought I would change the colors of the newsletter to reflect that change

### **NEWS**

Chapter E will be changing the chapter colors to Navy Blue. You may purchase your own shirt, either polo or tee shirt. If you want your name and chapter embroidered on it, there is a chapter member willing to do this at a nominal cost. You may also get your Goldwing embroidered on it at an additional small charge.









