

# GWRRRA, REGION N, VIRGINIA DISTRICT CHAPTER VA-E BATTLEFIELD WINGS FREDERICKSBURG, VIRGINIA

MARCH 2010

[www.battlefieldwings.com](http://www.battlefieldwings.com)



# BATTLEFIELD WINGS, VA-E



## CHAPTER STAFF

**Chapter Directors** – Sly & Tina Savage

[sylvestersavage@comcast.net](mailto:sylvestersavage@comcast.net)

**Assistant Chapter Directors** – Dan & Martha Jo Fritz

[FRITZNFRIENZ@aol.com](mailto:FRITZNFRIENZ@aol.com)

**Chapter Educator** – Larry Gray

[LARRY.E.GRAY@BOEING.COM](mailto:LARRY.E.GRAY@BOEING.COM)

**Assistant Chapter Educator** – Ray Hitt

[rayman68@cox.net](mailto:rayman68@cox.net)

**Chapter Couple** - Charlie & Ellen Smith

[goofy41119@aol.com](mailto:goofy41119@aol.com)

**Chapter Goodies Coordinator** – Richard Wilson

[richwil97@comcast.net](mailto:richwil97@comcast.net)

**Email Coordinator** - Gordon Combs

[gorcom@msn.com](mailto:gorcom@msn.com)

**Lead Dinner/Ride Coordinator** – Dan Fritz

[FRITZNFRIENZ@aol.com](mailto:FRITZNFRIENZ@aol.com)

**Assistant Dinner/Ride Coordinator** – Sly Savage

[sylvestersavage@comcast.net](mailto:sylvestersavage@comcast.net)

**Membership (MEC) Coordinators/Hosts and Welcome** – Gordon & Julie Combs

[gorcom@msn.com](mailto:gorcom@msn.com)

**Newsletter Editor** – Diana Evans

[ladydi1650@verizon.net](mailto:ladydi1650@verizon.net)

**Photographer** - Tony & Sharon Poulakowski

[gwrra@tony-n-sha.com](mailto:gwrra@tony-n-sha.com)

**Program Coordinator** – Sly Savage

[sylvestersavage@comcast.net](mailto:sylvestersavage@comcast.net)

**Activity Coordinator** - Julie Combs

[gorcom@msn.com](mailto:gorcom@msn.com)

**Recognition and Awards/Flyer Coordinator** –Tom Evans

[hungrybear1@verizon.net](mailto:hungrybear1@verizon.net)

**Secretary/Treasurer** – Nancy Groves

[NancyGroves@cs.com](mailto:NancyGroves@cs.com)

**Assistant Treasurer** - Kathy White

**Special Events**– Karen Kestner

[kgkestner@erols.com](mailto:kgkestner@erols.com)

**Assistant Special Events Coordinators** - Ed & Wanda Hoeferkamp

[wingman96se@verizon.net](mailto:wingman96se@verizon.net)

**Technical Coordinator** – Greg Kestner

[kgkestner@erols.com](mailto:kgkestner@erols.com)

**Webdude** – Rob Hardisty

[webdude@battlefieldwings.com](mailto:webdude@battlefieldwings.com)

# CHAPTER E DIRECTOR'S NEWS

March 2010



**H**ello again to my GWRRA Family & Friends. We are approaching the spring and anticipating warmer weather to come soon. I'm sure I'm not alone looking forward to sunshine and days where we don't have to wear heavy coats, jackets and or sweaters. It won't be long now.

**W**e all know that it takes much dedication and hard work for a chapter to grow and sometimes due to unforeseen circumstances or length of term, staff as well as members move on to do other things and those positions need to be refilled. In 2010 we will have many changes in our staff, our Assistant Chapter Educator (Bob Dorminey) has stepped down and I am very happy to announce that Ray Hitt has accepted the responsibility to fulfill that position, thank you Ray. Also, I want to welcome Kathy White as Assistant Chapter Treasurer, thank you Kathy. We have the new Chapter Couple, Charlie & Ellen Smith, thank you also. Tony & Sharon Poulakowski (former COY) will be the Chapter Photographer. Ask yourself, is it easy to come to chapter gatherings and not get involved in something to help make it thrive? Kathy, Ray, Charlie & Ellen, & Tony have all taken a step forward to assist some needs of Chapter-E. Ask yourself what can you do to make it a better chapter.

**O**n 14 March, we are looking forward to going to Riverside Dinner Theatre. We also look forward to many other occasions to get together and have fun. I do not want to alleviate riding our bikes on dinner rides and even taking an overnight trip. Hopefully, some of us will tour some of this beautiful country and find interesting things and places and come back to share information and experiences with the chapter. As we tour and enjoy the scenery of this land and share our experiences, I find that it instills interest in others to do the same.

**T**his has been a very busy month shoveling snow and trying to organize chapter functions. No matter how busy, it is always worth the work to see the chapter flourish.

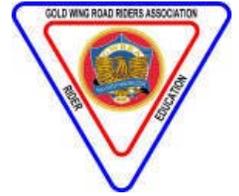
**A**s usual, we are willing to serve anywhere, anytime and are proud to be members of such a great organization.

Sly & Tina

Chapter Directors

Chapter-E

# CHAPTER E EDUCATOR'S NEWS



## The Mental Aspect of Riding

I think we all understand that safe motorcycling is more mental than physical. We must employ some strategy for noticing things that can affect us and then take appropriate action to stay safe. The MSF suggests the Search/Evaluate/Execute (SEE) strategy and I've written about that before. *Searching* involves aggressively surveilling your surroundings, *evaluating* involves determining what could possibly go wrong, and *executing* involves taking some action to lessen the likelihood of something actually going wrong. Only the last phase is mostly physical.

I read an interesting article in one of the magazines I subscribe to written by a guy who runs a street rider school – one where the class rides on public roads for a couple of days with the instructors watching each student and providing tips for better riding. He reported that he sees more poor riding around 2 or 3 in the afternoon than at other times of the day. In his limited investigations, he has concluded that the riders who did something worthy of criticism did so because of a “minor” mental lapse – they didn't notice something or didn't recognize how what they did notice could develop into something bad. In other words, their *searching* and/or *evaluating* was deficient. This author went on to say that these afternoon mental slowdowns were normal and to be expected, just like getting tired at bedtime but more subtle.

I don't know if there is a physiological reason for mental slowdowns in the afternoon but it does seem plausible that there are times in the day when we aren't as sharp as usual. Maybe soon after lunch (which might correspond with the 2 to 3 in the afternoon cited above) or maybe for you at some completely different time. In any event, if you notice some decrease in your mental alertness and you are riding at the time, you shouldn't ignore it. If you have to admit to yourself that you are not really “with it,” stop riding. I know that sounds impractical but crashes are not all that practical either. If you are merely not at the “top of your game,” try talking through the searching and evaluating phases to keep your mind focused – “I'm checking ahead..., left..., right..., behind...; I'm coming up on that car's blind spot..., he's pretty close to the car ahead of him and may be considering a lane change..., I'll switch my lane position to stay out of his blind spot...” That example is probably too verbose because you can think a lot faster than you can talk and you don't want to do anything that slows down the brain but you get the idea. Do something that forces your brain to stay focused.

Maybe you have a different technique that works for you to keep you focused. If so, I'd love to hear it and share it with others.

Larry

# CHAPTER E'S MEMBERSHIP ENHANCEMENT COORDINATORS' NEWS



Greetings E Team Members. This month I would like to bring to your attention the new Officer Certification Program.

## Background on 2010 GWRRA Officer Certification Program

By: Pat and Kathy Hasiak, Virginia District Directors

15 February 2010

We know that there have been questions and comments about the Officer Certification Program (OCP). This is a training program for current and prospective GWRRA Operations and Leadership Officers and interested members. Each of us is a volunteer, and the definition of the word volunteer is "A person who performs or gives his services of his own free will." The new Officer Certification Program does not alter that definition. The change is that members, who wish to volunteer as officers, will have to take the OCP training to hold these officer positions. This is no different from most other volunteer organizations. No matter what organization or job you are involved in, they all require some type of training and direction. In the past, to become an Officer within GWRRA, the only training, which we received as officers both at Chapter level and at District level, was to be handed a guide book that contained all the "needed" information, and we were told to read that book, take the Knowledge Level Evaluation, and we would be fully prepared to be an officer, leader, and manager. That technique is no longer the end all-be all to training new GWRRA officers, and when the members respond to GWRRA surveys, they note the lack of consistency, coherency, and standardization in the application of policies and procedures throughout the organization. The new OCP is designed to positively address those member concerns.

The new OCP introduces all of our operations and leadership officers, which includes Chapter, District, and Region Directors and Leadership Trainers and all of their assistants, to the necessary information to make us better GWRRA officers and to apply consistent, coherent, and standardized policies and procedures throughout the organization; hence, responding to member desires.

You will have trained instructors in a classroom setting, who will help you understand the distinctive way the organization is structured and how it functions. You will be given the tools and information to be successful in your area of responsibility. We are firmly convinced that we are able to absorb information better by having that information presented to us interactively, than by being handed a book with the assumption made that we can find the time to study it and be able to absorb the information. We believe this new program will provide needed training for all GWRRA officers.

Nobody is being asked to do anything, which the senior leadership is not also asked to do. We believe that leaders should "lead by example" and smartly from a solid foundation of common knowledge about the organization. The members want to see this result as the OCP reaches every Operations and Leadership Training Officer in the Association.

A few clarifications have emerged:

1. If you are an Operations or Leadership Training Officer appointed by 28 February 2010, you must complete the OCP by 31 August 2010.
2. If you are to be appointed an Operations or Leadership Training Officer after 28 Feb 2010, then you must have already completed an OCP prior to appointment.
3. All of the Region and District Leadership Trainers are now Officers. All of them have taken the OCP. All of them are certified Officer Trainers.
4. Leadership Instructors are encouraged to take the OCP, as they will need the program to eventually qualify as Officer Trainers.
5. Rider Education Officers are not included in this year's OCP requirement. They may take the OCP on a space-available basis. They may be included in the OCP requirement in future years.
6. If you cannot possibly make a Virginia District offered OCP date prior to the due date, or if you want to visit another state, then you may take the OCP in another District. That District's Leadership Trainer will forward your successful completion date information to Virginia. A list of nationwide OCP dates can be found at the National GWRRA Leadership (LTD) Webpage . <http://www.gwrro.org/regional/Training/Training.htm>

7. Approximately 20 – 30 seats are available at each Virginia OCP, depending on size of classroom. We know you must honor your own calendar and your chapter’s schedule. Therefore, you should plan a first-choice and second-choice date to take the OCP to meet the due date.

8. We need help finding and scheduling classrooms and billeting in your area of the state of Virginia on the dates indicated below.

- a. The only city and support nailed down is in Roanoke for the first OCP the 10<sup>th</sup> – 11<sup>th</sup> of April.
- b. If your local school, community college, or workplace/employer can sponsor us into an adequate facility/classroom/conference room for a weekend, at no cost or low cost, then please let us know.
- c. If the room is much more than 30 seats, then a public address audio system may be needed. The room must be available from 6:30 AM to 6:30 PM, both Saturday and Sunday. We would like the option to eat lunch in the facility or have nearby restaurants available for delivery or eat-in. We would also like the option to bring in coffee, snacks, and coolers with water and soft drinks for breaks and lunch.
- d. Hotels/Motels should be nearby the conference facility or school.
- e. Please ask your chapter members to help us find these facilities.

**Virginia Officer Certification Program Dates and Locations:**

<b>DATE</b>	<b>TIME</b>	<b>PLACE</b>
10 – 11 APR 10	Sat All Day, Sun Morn- ing	ROANOKE VA  @ Virginia Western Community College
22 – 23 MAY 10	Sat All Day, Sun Morn- ing	NORTHERN VA (Springfield, Woodbridge, Tyson’s Cor- ner, Reston, Herndon, Leesburg, etc.?)
31 JUL and 1 AUG 10	Sat All Day, Sun Morn- ing	CENTRAL EASTERN VA (Richmond Area, Williamsburg, etc.?)
30 and 31 OCT 10	Sat All Day, Sun Morn- ing	CENTRAL WESTERN VIRGINIA (Lynchburg?)
16 – 17 JAN 2011	Sat All Day, Sun Morn- ing	NORTHERN EASTERN VIRGINIA (Fredericksburg?)

Gordon Combs   
**Membership Enhancement Coordinator**  
**GWRRA VA-E Battlefield Wings**  
**H 540-891-0574 C 540-840-0394**  
**W 540-891-1603 [gorcom@msn.com](mailto:gorcom@msn.com)**





## CHAPTER E NEWSLETTER MARCH 2010

Established  
10/24/87

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 STAFF MEETING	3	4	5	6
7	8	9	10	11	12	13
14 DAYLIGHT SAVINGS Dinner Theatre Ride	15	16	17 CHAPTER MEETING 	18	19	20 SPRING ARRIVES
21	22	23	24	25	26	27
28	29	30	31			

<http://www.gwrrava.org/vachptrs.html>

This is the website that has the listing of all the VA District chapters with their Directors' names, locations, monthly meetings, etc.

<http://www.gwrrava.org/images/diststaff121409.pdf>

This the website that has the listings of all of the VA District officer listings.



## MEMBER NEWS AND ITEMS OF INTEREST



20 Mike & Carol Lucas  
28 Gordon & Julie Combs

STAFF MEETINGS ARE  
SCHEDULED FOR THE FIRST  
TUESDAY OF EACH MONTH MEET  
AT 6:30 PM TO EAT  
MEETING STARTS AT 7:00 PM  
Ledo's Pizza



10 Joe Pittman  
10 Mike Plaugher  
15 Ed Hoferkamp  
16 Sly Savage  
20 Bob Dorminey  
21 Eva Hayes  
22 Greg Kestner  
27 Lloyd Messner



Visit with us for our Chapter Meetings the  
3rd Wednesday of each month

DYNASTY BUFFET - FOUR-MILE FORK

Meet at 6:30 pm to Eat

Meeting begins at 7:30 pm

## Newest Chapter Couple

Charlie and Ellen Smith

We have been married for 27 years, and we have two children, Jessica (26 years old) and Charlie (23 years old). We also have two grandchildren, Samantha and Benny.

In 2004 Charlie retired from the Navy after 23 years. After retiring from the Navy Charlie accepted a job offer working in Washington DC as a Navy Contractor.

In July 2004 Charlie and Ellen moved from Virginia Beach, VA to Fredericksburg. Ellen immediately began seeking employment, she had to, she was bored to tears, the new house was out in the middle of nowhere. After several jobs, her prayers were answered and she got a job she loves. She is currently employed at the National Latin Exam located at Mary Washington University.

Charlie has always had a love for motorcycles. His first Motorcycle was a 1986 Honda Shadow 1100. In 1995 it was time for a newer model, so they purchased a 1995 Honda Shadow 1100. Turns out the kids really enjoyed riding with Dad. Ellen on the other hand never really got that warm and fussy feeling.

In the spring of 2009 Ellen's sister and brother-in-law purchased a 2008 Honda Goldwing GL1800, shortly thereafter Ellen took her 1<sup>st</sup> ride on a Gold wing, she absolutely loved it. Charlie thought WOW this is great. They had talked about getting a new bike and seeing the country, but never really acting on it.

Well, here we are riding our new 2008 black Honda Goldwing GL1800 and loving every minute of it. It was during a Sunday ride when we heard about a group ride at a nearby church. So we said lets check it out maybe we can meet some people to ride with. It was there that we met up with Dan and Martha members of the local Goldwing club. They actually took the time to tell us a little about it and invited us to the upcoming meeting.

We really wanted to meet some new people, so we attended the next meeting. We have been members for around 9 months now. What a great bunch of people. We feel like part of the family and really enjoy the rides and events. Being selected as the Chapters Couple of then Year was a big shock to us. What a great honor. We are really looking forward to the up coming year. Again, we'd like to send a very special thanks to Dan and Martha for introducing us to a great group of people.

Charlie and Ellen Smith

## Goldwing Support For Triathlons

1. **Saturday April 17, 2010: 9:00 – 1PM (3 Motorcycles Needed)**

Lake Anna Beach Marina – 349 Pleasants Landing Road – Bumpass, VA 23024  
Race Starts at 10AM – 24 Mile Bike (2 loops)

2. **Sunday April 18, 2010: 9:00 – 1PM (3 Motorcycles Needed)**

Lake Anna Beach Marina – 349 Pleasants Landing Road – Bumpass, VA 23024  
Race Starts at 10AM – 12 Mile Bike

3. **Saturday May 8, 2010: 6:00 – 1PM (4 Motorcycles Needed)**

Lake Anna State Park – 6800 Lawyers Road – Spotsylvania, VA 22553  
Race Starts at 7AM – 56 Mile Bike

4. **Saturday May 9, 2010: 8:00 – Noon (4 Motorcycles Needed)**

Lake Anna State Park – 6800 Lawyers Road – Spotsylvania, VA 22553  
Race Starts at 9AM – 18 Mile Bike

5. **Sunday August 1, 2010: 7:00 – 11AM (4 Motorcycles Needed)**

Mountain Run Lake Park – 9642 Mountain Run Lake Road – Culpeper, VA 22701  
Race Starts at 8AM – 16 Mile Bike

6. **Saturday October 2, 2010: 9:00 – 1PM (3 Motorcycles Needed)**

Lake Anna Beach Marina – 349 Pleasants Landing Road – Bumpass, VA 23024  
Race Starts at 10AM – 24 Mile Bike

7. **Sunday October 3, 2010: 9:00 – 1PM (3 Motorcycles Needed)**

Lake Anna Beach Marina – 349 Pleasants Landing Road – Bumpass, VA 23024  
Race Starts at 10AM – 12 Mile Bike

### Notes:

- 1 All events pay \$50/bike. Lunch/food will also be provided if you can wait until the first runners come in.
- 2 If you could be onsite 1 hour prior to the race starting for orientation and placement that would be great.
- 3 Some folks will have officials on board, others will lead out the first cyclist, follow the last cyclist, or patrol for mechanical/safety issues.

Thank you very much in advance! If you have any questions please give me a call at 336-577-2801.

CHAPTER E POC: Dan Fritz home: 540-286-1142 cell: 540-903-2897

Kathy O'Neal

You can put that they can call me at (540) 371-9296 or they can e-mail me @ joflute@cox.net

Husqvarna Diamond Embroidery/Sewing Machine, 5 mo old. Excellent condition. I have only had this machine a few months and no longer have use for it. I am including all the accessories I have for the machine, including the software. It has only been used a few times. The machine works wonderfully.

## **Asking \$7500.00**

Large Interactive Screen, full color touch screen. Brightest screen in the sewing industry, Largest Sewing Area, Sew large quilts, home decorator projects, and garments easily.

Largest Embroidery area. Embroider larger designs than ever before.

1 GB USB Embroidery Stick



New Hoops - 360 x 200 mm Royal Hoop, 260 x 200 mm

Crown Hoop, 120 x 120 mm Splendid Hoop

Embroidery Unit Accessory Tray - Everything at your fingertips

See a full-screen view of your design with one, easy touch.

Embroidery Unit Carrying Case - Stores hoops, embroidery unit and accessories.

Stitch Positioning - Places stitches to sew exactly where you want them

Embroidery Designs - 135 loaded in the Designer Diamond, 175 on CD and 10 on USB Embroidery Stick.

**4 D Embroidery Extra Software w/ Dongle (value \$500)**

Additional Hoops included:

180 x 130

150 x 150 Do All Quilter's Hoop

1.6 x 1.6 Mini Spring Hoop

Magna Hoop System (value \$100), Magna Hoop Software (value \$50), Hoop Ease (\$30), Mounted Grip Ease (\$120)



extra bobbins (\$30), 8 spool thread holder, Inspira Fab-U-Motion (value \$120), pre wound bobbins \$30

Spanish Hemstitch Foot

Walking Foot

Left Edge Topstitch Foot

Clear "B" edge stitching foot

Open toe foot

Clear "Stitch in the ditch" foot

Raised seam foot and plate

Gathering foot

Elastic guide

Roller Foot

Five Groove Pintuck