



Battlefield Wings

Chapter E
Fredericksburg, Va

Region N GWRRA
www.battlefieldwings.com



**November
2004**
Come to our next
meeting
Nov 17

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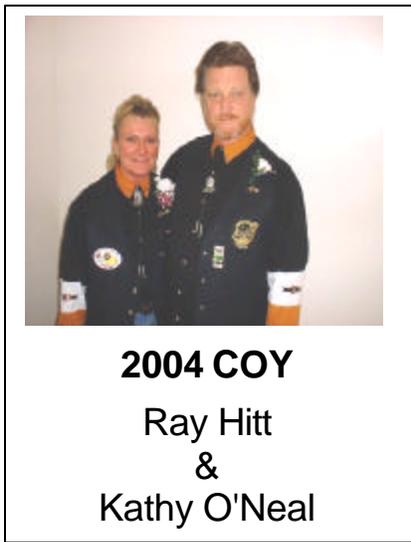
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Come to our Chapter meetings the 3rd Wednesday Of Each Month

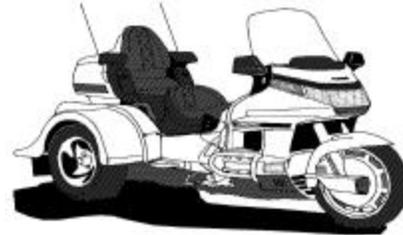
Dynasty Buffet Four-Mile Fork

Meet at 6:30pm to Eat Meeting begins at 7:30pm



Chapter Director News

Jim & Bev Travis



As many of you know by now, Jim had a heart attack on Oct. 19. As of this writing, he is doing well and at home. Here is an e-mail that was sent by Bob & Sandy Renner which will fill you in on how things stand.

Hello GWRRA VA Friends:

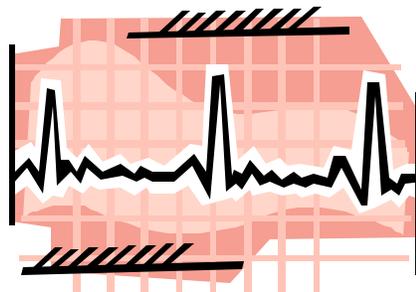
This is an update on Jim Travis, CD for VA-E.

Jim had the heart catheterization performed yesterday (Wed Oct. 27). They did find some blockages. The Docs are compiling all the data from this procedure and will decide what course of treatment to take next. He's resting comfortably.

Please continue to keep Jim, Bev and family in your thoughts and prayers.

Bob and Sandy Renner
VA District Trainers

UPDATE ON JIM TRAVIS - Jim Travis, who along with his wife Bev are CDs of Chapter VA-E (Fredericksburg), suffered a major heart attack on Tues., Oct. 19. He was in Mary Washington Hospital in Fredericksburg, but was transferred to McGuire VA Medical Center in Richmond on Oct. 21 for testing and further treatment. A heart catheterization was performed and Jim is now recovering at home. Cards may be sent to 480 Holly Way, Colonial Beach, VA 22443. Please keep Jim, Bev, and their family in your thoughts and prayers during his treatment and recovery.



Chapter Educator

Gordon Combs



Safety Bits: Foul Weather Gear How To Make Yourself a Safer Rider, Part 4

By [Mark Yager](#)

Editor's Note: This is Part Four in a series of safety articles by Mark Yager. A long-time motorcycle enthusiast, Mark is currently an instructor at the Canada Safety Council.



Adverse Weather Riding Gear

September. Get the kids back to school, pay off the Visa from that annual vacation, watch the Christmas marketing arise, and put the bike away until next May. What?! If you have been around the motorcycle world for any length of time, you have probably found that there are two types of riders when it comes to dealing with the weather: Those who ride during the summer and those of us who ride year-round. Riding for twelve months of the year is not possible in all areas of North America or the world, but I happen to live in a place where the bike goes off the road around December 20 and back on about January 5. Regardless of how long your riding season is, you must be prepared for inclement weather when you ride. Proper cold weather gear is absolutely essential if you want to stay warm and dry (and therefore safe!).

Undergarments

Let's start from the inside and work out. In dressing for cold weather, begin with long undies. Make sure you get a set that is long enough in the torso and legs so that they don't ride up when you bend over to grab the bars -- that leads to the dreaded cold-draft-up-the-back syndrome. A long sleeve shirt and warm pants are the next item of clothing. Of course, don't forget warm socks. It's very easy to forget about your feet until they freeze. Now we come to one of the best inventions in the world of motorcycling next to front brakes. That is, of course, the electric vest. For those of you who have never worn one, an electric vest is a lightly quilted vest that plugs into your bike's electrical system. The better models have a rheostat that controls the amount of heat produced by the vest as well as an on/off switch. They usually cost around \$100 and are worth every penny. The only time I ride without my vest is on the sunny summer days. All other times, I have it with me, just in case. Some manufacturers also have vests that have a high collar so your neck won't get cold. Electric chaps are also available, as are electric handlebar grips.

Jackets

The next level of protection is a good jacket. A high quality, comfortable jacket is one of the most sought-after accessories for any experienced motorcyclist. We put a lot of demands on our jackets, and the manufacturers have caught on to this fact by responding with a versatile product line that does more than just cover. If you can only afford one, pick a jacket that is, above all, tough. If you go down, something is going to have to be sacrificed to the pavement, and it may as well be some other hide than your own. Jackets must also be comfortable. When trying one on, make sure you sit on your bike with it on before deciding whether it fits or not. Be careful that the jacket is long enough in the torso and the arms. A jacket that is too thin or bulky will flap and balloon in the wind, which will make you tired and reduce your body's ability to keep you warm. The best jackets have a zip-out quilted lining for winter, and venting for summer. Also look for a high collar that will keep the wind out of your neck area, and ensure the collar snaps or zips up all the way to the top. Little features are important, too. Things like double cuffs so wind doesn't get up around your wrists, and a good wind-flap over the main zipper.

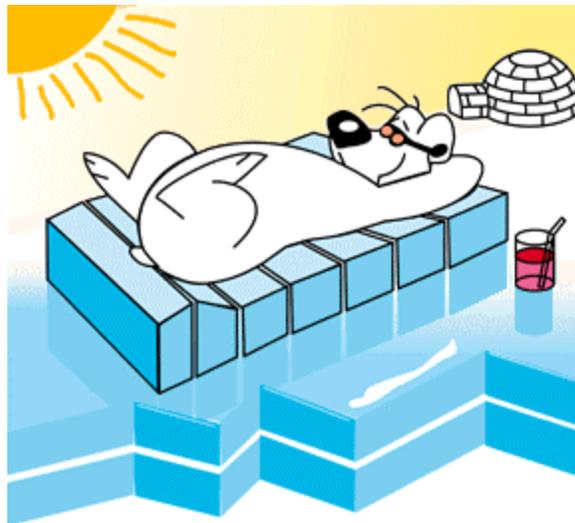
A very good alternative is an Aerostitch suit. These are one or two-piece suits that are made out of cordura nylon. These are probably the best suits built for motorcyclists. The one piece will run you around \$640 and the two piece around \$680 (US). They feature at least a dozen removable T-foam armour pads, lots of sizes at at least 15 colours. Get one if you can afford one, if not then buy a good leather jacket. If you can't afford leather, then don't ride until you can.

Pants

Insulated pants or chaps are a very good investment if you do any sort of cool weather riding. There are a few of the non-electric species around. The better ones are made of cordura nylon, and are usually coated to be rain resistant (not usually water proof). They are easy to get on and off, are comfortable, and won't leave you with cold legs. These also function as added abrasion protection.

Gloves

These are another of the absolute essential items every rider must have. Gloves can be split into two basic categories, summer and winter. Summer gloves are the leather, uninsulated type to protect your hands from abrasion should you fall. Winter gloves must provide that protection as well as protect against cold and rain. Winter gloves must be insulated with Dupont Thinsulate ® or some other material. Don't buy gloves that are too bulky in the palm lest you lose the feel of the bike and its controls. Make sure that your gloves have long gauntlet type cuffs that will fit over your jacket sleeves to ensure no wind gets up your arms. Most winter gloves are at least water resistant. Some have a little zip-up compartment in the cuff area which houses a waterproof cover should you get caught in a sudden downpour. Get gloves that have a felt strip on the index finger on the left hand. This allows you to wipe water from your visor without scratching it. As with all gloves, summer or winter, make sure that there are no rough seams in the palm area. If you ride for a couple hours with a seam between your hand and the grip, you'll feel it.



2004 Chapter Couple Ray Hitt & Kathy O'Neal



It's already November and Thanksgiving is right around the corner. Before you know it it will be Christmas. I don't even want to think about that because I haven't even thought about Christmas presents. Maybe I will just give money this year and make it easy!! Our reign as COY for Chapter E is coming to an end. It has been a wonderful 2 years of visiting chapters and meeting people. I do want to say that it has been an honor to represent Chapter E. Please consider becoming the COY if asked. It is an experience you will always treasure.

Don't forget our **Christmas Party** at Wilderness Presidential Lakes on **Dec. 4th at 7 pm.** Santa will be there, there will be a "gift exchange" as in the past and Santa will give out those special gifts to the young ones. Please plan to attend.



District News Region N News



GWRRA VA DISTRICT COY SELECTED - Congratulations to Sam & Kathy Straughn, COY of Chapter VA-O (Williamsburg), on their selection as GWRRA VA District Couple of the Year for 2005 at Rally in the Valley. There were many fine couples in the selection process this year, and we understand that the judges decision wasn't easy. We know that Sam & Kathy will do a super job in representing GWRRA VA as our COY representatives. We also want to thank retiring COY 2004, Chuck & Dani Karl for their services during the preceeding year. Virginia always has a great group of Couples, and the tradition continues.

WINGLESS WEEKEND 2005 - Now that Rally in the Valley is over, we have Wingless Weekend 2005 to look forward to. It will be the weekend of Feb. 4-6, at the Clarion Hotel, Williamsburg. The theme this year will be "Pajama Party." Now, we found out what Dave Huey looks like in a yellow polka-dot bikini. Is a filmy negligee in the works for this year? Inquiring minds want to know. You'll have to show up at Wingless to find out, though

REGION N RALLY ANNOUNCEMENT - Mike & Angie Mitchell, Region N Directors, announce that the 2005 Region N Rally will be held on May 19 - 21 at the Eagles Nest Theater, in beautiful Maggie Valley, NC. The Mitchell's say "The Eagle Nest is an 800 seat newly built music theatre that should suit our needs wonderfully. We will have plenty of room for all activities and vendors on site. There are plenty of hotels, campgrounds and full service restaurants in Maggie Valley to take care of everyone. The townspeople have opened their arms to us and are as excited to have us as we are to

be there. The Region Staff will be working the area over the next few months to secure sponsorships, host hotels and other goodies that will enhance the Rally."

SPIRIT OF VIRGINIA AWARD RECIPIENTS NAMED - George Craddock & Isabel Gray (GWRRA VA Recruiting & Retention Coordinators) were named as the 2004 Recipients of the [Vernon L. Needham "Spirit of Virginia" Award](#) at closing ceremonies of Rally in the Valley. They are the latest in a line of distinguished honorees dating from 1997. George & Issy certainly exemplify the precepts of this ultimate honor in Virginia. We congratulate them both and hope that everyone will join in thanking them for their years of dedicated service to GWRRA VA.

ST. FRANCIS OF ASSISI SERVICE DOG FDN EXPRESSES THANKS - The St. Francis of Assisi Service Dog Foundation was our charity for this year's Rally in the Valley fundraising activities. We are certain that those of you who witnessed the demonstrations at the rally were extremely impressed with the training and dedication of these remarkable animals. VA District has received a letter of appreciation from the foundation for our contribution of \$1387.

FIVE-HEART BAR RECIPIENTS - According to the November issue of *Wing World* magazine, C. R. Griffith (VA-R Harrisonburg) & Jim Travis (CD of VA-E - Fredericksburg) are recipients of 5-Heart Bar for recruiting. Thanks CR & Jim, and keep up the good work.

VA-W RETAINS VIRGINIA PLAQUE - No one showed up at Chapter VA-W's (Chester) meeting on Oct. 12 to capture the Virginia Traveling Plaque. It will be available for capture again at their next meeting on Nov. 9. Let's keep that plaque moving.

REGION N PLAQUE TRAVELS TO KY - Gone further away!!! Chapter KY-T (Paintsville, KY) came raiding all the way across WV and Virginia to Chapter NC-K2's (Fayetteville, NC) meeting on Oct. 24th and headed back west with the Region N Plaque. That was some 488 miles one way. Now we've got to send a raiding group out west to bring it back home again. Let's go get it back. It's only a little ways south of Huntington, WV!!!

CHAPTER NEWS

Birthdays

Bob Renner	10
Jean Moore	22
George Karhan	24
Wanda Hoeferkamp	26



Anniversaries

Rob & Brooke Hardisty	3
Mike & Keri Nelson	8
Bob & Linda Jones	19

Fall Fantasy

The weather was ok, the food was great and the company was FANTASTIC. It was a little cool, but the rain held out for most of the day for us. But I think the temps made the soups a little more appreciated. We played games, ate a lot (well, maybe to much) picked up some door prizes and enjoyed the auction for our Christmas charity hosted by Gordon. We got a good start on our charity, thanks to all the "HIGH" bidders. I think everyone thought they would be stuck with Gordon all day if they didn't bid on his stuff.

Now getting to the food. We had all sorts of Chile, stews and soups. When we finished we voted for Best Soup, Best Stew, and Best Chile, with an overall winner. What a hard decision that was. Taking first place in soups was Mike Nelson with his potato soup. And what a soup that was, besides the flavor being so good, it was so creamy and thick. It was hard to move on and try others. Great job Mike! The Chile was another hard one cause there was so many to choose from. But someone must have known what the best one was because Richard Wilson took first place for his Chile. Now you have to think, was that Chile his or Mary's? Since he won the cash he's taking the credit for it. Next we had the best stew. Well I took first place for that section. This was a good and very easy recipe. Now for the overall best. Wanda Hoeferkamp did it again with her Taco soup. A few chips, a little cheese and a lot of soup. What a combination that was, and needless to say it took the biggest prize or it. Hope to see everyone there next year! Debbie Carter

Get well wishes also go out to Wanda. She is recovering from foot surgery and will be laid up for some time. Keep her in your prayers.



Co-Riders Corner

WOMEN

They smile when they want to scream.
They sing when they want to cry.
They cry when they are happy and laugh when they are nervous.
They fight for what they believe in.
They stand up for injustice.
They don't take "no" for an answer when they believe there is a better solution.
They go without new shoes so their children can have them.



They go to the doctor with a frightened friend.
They love unconditionally.
They cry when their children excel and cheer when their friends get awards.
They are happy when they hear about a birth or a new marriage.
Their hearts break when a friend dies.
They have sorrow at the loss of a family member, yet they are strong when



they think there is strength left.
They know that a hug and a kiss can heal a broken heart.
Women come in all S I Z E S , in all c o l o r s and shapes .
They'll drive, fly, walk, run or e-mail you to show how much they care about you.
The heart of a woman is what makes the world spin!
Women do more than just give birth.
They bring joy and hope.
They give compassion and ideals.
They give moral support to their family and friends.
Women have a lot to say and a lot to give.

IT'S GOOD TO BE THE WOMAN

We got off the Titanic first.
We can scare male bosses with mysterious gynecological disorder excuses.
We don't look like a frog in a blender when dancing.
No fashion faux pas we make could ever rival The Speedo.
We don't have to pass gas to amuse ourselves.
If we forget to shave, no one has to know.
We can congratulate our teammate without ever touching her rear.
We never have to reach down every so often to make sure our privates are still there.
We have the ability to dress ourselves.
We can talk to people of the opposite sex without having to picture them naked.
If we marry someone 20 years younger, we're aware that we look like an idiot.
There are times when chocolate really can solve all your problems.
We'll never regret piercing our ears.
We can fully assess a person just by looking at their shoes.
We can make comments about how silly men are in their presence, because they aren't listening anyway.



MARCIE KELTY



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The One for FUN



NEW FACILITY OPENING FALL 2004

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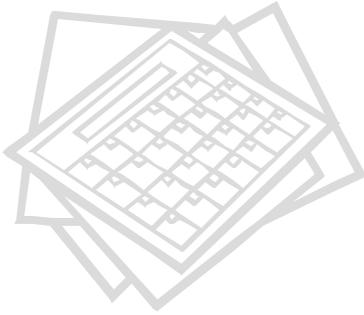
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UPCOMING EVENTS



November 17: Chapter E Monthly Meeting 7:30 pm Dynasty Buffet

November Chapter E Monthly Staff Meeting Cancelled Due to Thanksgiving

**December 4: Chapter E Christmas Party @ Wilderness Presidential Resorts
7 pm Flyer to follow**

December 4: Chapter D Christmas Party

December 11: Chapter C Christmas Party

December 11: Chapter W Christmas Party

**DECEMBER 15: CHAPTER E MEETING CANCELLED DUE TO CHRISTMAS
HOLIDAYS**