

Battlefield Wings

Chapter E
Fredericksburg, Va

Region N GWRRA
www.battlefieldwings.com



**September
2004**

**Come to our next
meeting
Sept 18**

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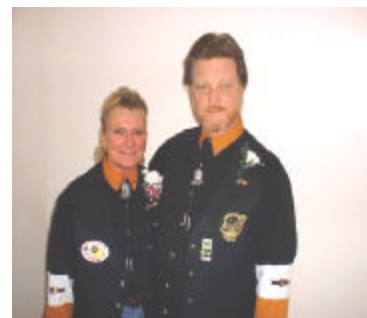
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**Come to our Chapter
meetings the 3rd
Wednesday
Of Each Month**

**Dynasty Buffet
Four-Mile Fork**

**Meet at 6:30pm to Eat
Meeting begins at
7:30pm**

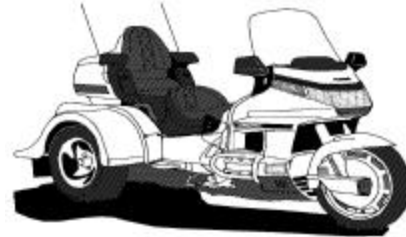


2004 COY

Ray Hitt
&
Kathy O'Neal

Chapter Director News

Jim & Bev Travis



It's been another great month, starting with the All Chapters Picnic. Chuck and Dani, our Virginia District Couple, along with all the chapter couples did an outstanding job in planning and producing the 2004 All Chapters Picnic. Chapter E didn't win the Water Bucket Race (I think they gave us smaller cups) but it was close. The Baked Bean judging was great and I'm not saying that just because Beverly won first place (for my beans). Overall, we all had a fun time.

In no time at all, it was time for the Chapter E Picnic and Peoples Bike Show at the Wilderness Presidential Resorts. I can't thank enough, the chapter members that came out and set up for and worked to make the Picnic and Bike Show a great success. They pitched right in and in no time at all, they were ready for the first arrivals. About that time, I realized that I had forgotten the pre-sold tickets for our raffle prize (the TV and DVD Player). As I felt that some people would be a bit disturbed if their tickets were not included, I jumped into my little truck and headed for home to pick up the tickets. When I got back things were well underway and everyone seemed to be having fun and enjoying themselves, even though the rain had arrived. The rain didn't faze our chefs, so in no time at all we were all enjoying a great lunch.

I would definitely be remiss if I didn't mention the day after the Picnic and Bike Show, that's right it was Pass the Pig time with the Zaniacs. This year, as the head Zanies promised, there was a re-emergence of the Spamburger. As most Spam lovers are aware, Spam comes from Austin, Minnesota and when I was working in Minnesota, after days of investigation and diligent study, I discovered how Spam evolved, but that's a story for another time.

See you all down the road,

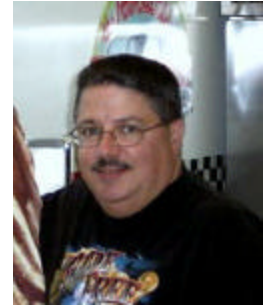
Jim and Beverly Travis

Chapter Educator

Gordon Combs



The following is a brief overview of the current GWRRA Rider Education Program level system. Please take part in this program, as it is one of the surest ways to remain a safe and conscientious motorcyclist.



The GWRRA Rider Education Program

Level I - "Safety by Commitment"

Have you ever heard of the Contract for Life? Many teens nowadays form this agreement with their parents and friends for their own safety - to assure getting home in one piece from social activities. One reason for joining the GWRRA is to be able to ride with friends and reduce the risks when traveling. We expect our friends to form a similar agreement with the group and with us when riding. We expect they will commit to the group to ride as safely as is possible for their sake and ours. There are so many of us riding nowadays that the only way to tell if those we ride with have made such a commitment is by looking for evidence of that commitment. It's called Level I of the GWRRA Rider Education Program. It is simply a commitment, or contract, with those we care about to ride safely. All it requires is to make the promise and commitment that you are going to ride as safely as possible. You are registered with the GWRRA across the country and your promise must never be renewed as it truly is a commitment for life. To make this promise to your friends and family, see your local GWRRA educator.

Level II - "Safety by Education" (Tour Rider)

In this important step the Rider, because of his commitment to ride safely and care for those he rides with, especially his Co-rider, takes a Rider Education Course to enhance his skills. He can then apply for Level II and receive a triangle shaped patch to show his additional commitment to safe riding. This is truly when a rider begins to understand what his or her Level I commitment means and can see the value in the program.

Level III - "Safety by Preparedness" (Certified Tour Rider)

To be prepared for any mishap which may occur, and to further protect our friends. Level III requires the applicant to be CPR or First Aid certified! It also requires the Rider and Co-Rider to wear proper riding apparel and carry a First Aid kit for emergencies. When you see a Level III, you see a rider that cares for his fellow members and for others. When a Level III is along on a ride, you know you have a trained, properly equipped individual, helping to look out for the group!

Level IV - "Safety by Enhanced Preparedness and Experience" (Master Tour Rider)

These Riders deserve and have earned our respect. They have completed all levels of the GWRRA Rider Education program, have ridden 25,000 accident free miles. and have waited at least a year since becoming certified at Level III. They ride with proper riding gear at all times, know First Aid and CPR, carry a First Aid kit, and are examples to all other riders. They should be recognized from the Chapter level up and are given a breakfast every year at Wing Ding in their honor. These riders are caring, trained, and prepared, and have experience to back them up. If you have Level IV riders in your chapter, take a moment and ask what it means to them. You may be surprised to hear their answers.

Thanks for the use of the above to Ed Brennan, Former GWRRA National Director of Rider Education & Safety

To find out more about the GWRRA Rider Education Program, contact Gordon Combs at home 891-0574.

2004 Chapter Couple Ray Hitt & Kathy O'Neal



The summer is almost over and things are winding down. We have only 2 more major rallies to go to and then will call it another year. We will be going down to Wings Over the Smokies in September. That is always a good rally and with the chance to win a bike just makes it all the more enticing. Then in October of course is our own Rally in the Valley. I hope all of you plan on going. It is a great rally and there are always good places to ride to and see down there. Of course there is the District COY competition as well as seminars. If you haven't been to RIV in the past, consider going this year. Let's make us the Largest Chapter in Attendance!!



District News Region N News



REGION N RALLY ANNOUNCEMENT - Mike & Angie Mitchell, Region N Directors, announce that the 2005 Region N Rally will be held on May 19 - 21 at the Eagles Nest Theater, in beautiful Maggie Valley, NC. The Mitchell's say "The Eagle Nest is an 800 seat newly built music theatre that should suit our needs wonderfully. We will have plenty of room for all activities and vendors on site. There are plenty of hotels, campgrounds and full service restaurants in Maggie Valley to take care of everyone. The townspeople have opened their arms to us and are as excited to have us as we are to be there. The Region Staff will be working the area over the next few months to secure sponsorships, host hotels and other goodies that will enhance the Rally."

VA-W CAPTURES VIRGINIA PLAQUE - Chapter VA-W (Chester) sent 11 riders over to Chapter VA-K's (Roanoke) meeting on Aug. 19 and rode home with the Virginia Traveling Plaque. Let's keep that plaque moving.

VA-I CAPTURES REGION N PLAQUE - Chapter VA-I (Manassas) sent contingent of riders to Chapter VA-W's (Chester) meeting on August 10th and returned home to Northern Virginia with the Region N Plaque. Let's keep that thing moving around Virginia for a while, now.



Rally in the Valley is just around the corner. Make plans to attend and make Chapter E the Largest Chapter in Attendance.

Some early announcements are:

- the "suggested" dress. **Friday** night please wear the fushia shirts if you have them. **Saturday** night, please wear black vests, white shirts and fushia ties. If anyone needs shirts or ties, please contact **Richard Wilson 540-899-2375** or e-mail richwil97@earthlink.net. He has these items and any others you may need, such as patches and pins to get your vests ready.

- Everyone is reminded that Chapter E is in charge of the Hospitality Room. Help is needed in "manning" the room. Jim will pass around a sign up sheet. Please sign up to help whenever you can.

- Also please remember to bring "lots" of goodies to put out in the Hospitality Room. Anything is welcome.

CHAPTER NEWS

Birthdays

Sheila Pittman

11



Anniversaries

Allen & Greta Scott

1

There have been several people interrested in going on Dinner Rides. Please understand that just because a ride may not be planned, it is still possible. If anyone wants to go on a dinner ride, please feel free to send out e-mails, call or pass it on by word of mouth to the chapter. You can also contact Karen Kestner and she will put out an e-mail. Gordon Combs and Ron Hardisty have expressed interest in getting rides planned. Contact either one of them also if interested.

To Everyone who have in any way helped VAF to reach our largest donation ever to Camp Fantastic - Thank you, Thank you, Thank you, from the bottom of our hearts. Every year we continue to be amazed in the way that we feel Camp Fantastic has grown to become your charity too. One only has to come once on the ride for that to happen. The kids not only open our eyes to the blessings that we take for granted, but they open our hearts and then we all open our wallets and give from the heart. When Dan and I thank you all for coming and supporting us, the common reply is "Thank you". When we say, we really appreciate your coming out on a weekday evening, the common reply is, "We wouldn't have missed it." You call us to supply us with stuffed animals for the kids and graciously give them ride after ride and from those of us that are onlookers, it is hard to tell who has the biggest smile on their face - the rider or the co-rider! Dan and Donald were talking on the way home about how strange it is that on 364 days of the year it is unthinkable to drag your foot across the seat, etc. However, the normal way most of the kids get on is to stand on the seat and then sit down! and does it matter that night? Not a bit! In fact, Donald said he had a little boy stand on the seat and then jump, lifting his legs straight out to the side and land. Ha! Thank you are two

little words but I hope you know how much we appreciate everything that everyone has done to help provide a week of camp for these kids. We hope to be traveling to all of your chapters during the year and we hope to see all of you at "Crazy Supper" when the challenge to beat \$5,120.00 for 2005 begins. With Appreciation, Dan & Becky VAF CDs

August 27, was the day for the Pot Luck at our (Ray & Kathy's)house. Even though it was rather hot, we still had everyone outside on the deck, which Ray had covered several months ago. Coming to our house were Ed & Wanda (her last big outing before surgery on her foot), Warren & Debbie, Jennifer, Joe & Sheila, Bob & Linda, Bob & Ella, Frankie, Allen (they came stag since Delores and Greta had to work), Ron & Linda. What a great surprise it was when Norris and Kathy Jones showed up. They are up here from Florida for a few months. Not to say we were too rowdy, but even a Stafford Co. Deputy (Joe Pittman, son of Joe & Sheila) showed up to eat with us. It was a great night and all enjoyed the company and of course good food.

PASS THE PIG

What a great day for Pass the Pig, Mother Nature was definitely in a good mood as the weather was excellent. We had a great time Passing the Pig (the game that is), however yours truly Piggied Out every time, which got a total score of ZERO. We did a lot better on the other games but we didn't win any of the great prizes they had.

The Zaniacs surpassed themselves this year with a great lunch. They served grilled Spamburgers and Hot Dogs for those that were Spam Challenged. Jim came up with a story about the history of Spam and how Spam was discovered. All the Zanies figured that Jim had spent too much time in Minnesota and had suffered a severe case of brain freeze as the Spam story seemed to have no historical value (or was that hysterical value).

Beverly Travis

ALL CHAPTERS PICNIC

A beautiful Saturday morning in Stafford, Va. There was the smell of breakfast coming through the trees as we rode into the parking lot. Just a few Goldwings had arrived prior to us, all lined up side by side. Linda and I arrived at the All Chapters Picnic for breakfast. It had been a long ride from southern Spotsylvania, Va. As we dismounted our great steed to stretch our legs, the smell of breakfast was getting stronger. One might wonder what the big deal about breakfast was. You're not going to know until next year!! Pancakes with real maple syrup, bacon and sausage was the menu for the morning. Needless to say it was wonderful. The picnic area was nestled in a tree line with a pavilion in the front. As more and more Goldwings, BMW'S, cruisers, scooters, bikes with trailers and bikes with side cars rolled in, the games had begun. I, like so many other participants would play a game and win some tickets and sometimes, gobs and gobs of tickets. I think I had spent most of my time pulling them apart so I could place them in the brown envelopes in hopes of winning a prize.

The All Chapters Game, "pass the cup and fill the bucket with water" seemed to attract a lot of attention. All of the teams seemed to be within less than an inch of each other. There was a lot of 'Hooten and Holleren and Yellin, 'Hurry up--Faster--Don't spill the water--Run faster'" as the teams raced to fill the bucket.

The door prizes were given out and tickets were drawn from the brown envelopes and special recognition awards were given. Time had gone by so fast, but all good things do come to an end. Another All Chapters Picnic came to a close. Everyone had a good time, the parking lot emptied and good-byes were said.

RIDE SAFE - BUT RIDE.

Ron Hardisty

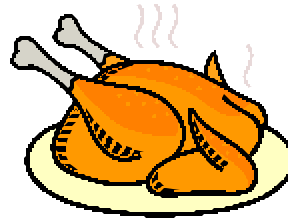


Co-Riders Corner

Continuing with the easy summer recipes, here is one from a friend for a great summer chicken salad.

Chicken Pistachio Salad

½ cup shelled Pistachio nuts, finely ground
½ t. salt
½ t black pepper
4 Boneless, Skinless Chicken Breast Halves
2 T extra-virgin olive oil
½ cup diced sweet onion
1 Head Romaine Lettuce



Preheat the oven to 375 degrees

Mix the nuts in a pie plate with the salt and pepper. Press the chicken into the nuts. Heat 1 T. of the oil in a skillet and cook the breasts 2-3 min per side. Place the breasts in a baking dish and bake for 15 min or until done.

Heat the remaining oil over high heat. Add the diced onions, ¼ teaspoon salt and a pinch of pepper. Cook until the onions are browned.

Line 4 serving plates with lettuce. Slice the chicken breasts and arrange 1 breast on top of each plate of lettuce. Top with dressing.

DRESSING

1 T grated onion
1 Large ripe avocado, pitted and peeled
3 T extra-virgin olive oil
3 T fresh lime juice
1 T water

Puree the onion, avocado, oil, lime juice and water in blender. Serve over salad

And to finish off the meal, here is the recipe from Wanda for her great apple dessert.

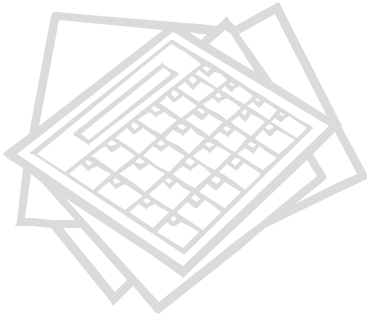
Apple Pie Bars

| | |
|----------------|--------------------------|
| 2 ½ cups flour | 1 ½ cp sugar |
| 1 T. sugar | 5 to 6 cps sliced apples |
| 1 cup Crisco | 2 T flour |
| 1 t. salt | 1 T Sugar/Cinnamon |
| 2/3 cup milk | |
| 1 egg yolk | |



Combine 2 ½ cup flour, 1Tbsp. sugar, Crisco, salt, milk and egg yolk. Form into dough and divide in half. Spread half in bottom of a 10 ½ by 15 ½ pan. Combine apples, 1 ½ cup sugar and 2 Tbsp. flour and spread on dough. Top with remaining half of dough and sprinkle cinnamon on top.

Bake at 400 degrees for 20 minutes, then reduce heat to 375 degrees and bake for 20 minutes.



UPCOMING EVENTS

September 4: Chapter O (Williamsburg) Casino Picnic
September 10 – 11: Chapter C (Newport News) Fall Sprawl
September 11: Chapter I (Manassas) Chapter Charity Event
September 15: **Chapter E Monthly Meeting @ Dynasty Buffet 7:30pm**
September 18: Kings Dominion Biker Day (Flyer available)
September 18: Chapter A (Burke) Fall Poker Run @ Manassas Honda
September 18: Chapter U (Hanover) ASK Ride for Childrens Cancer
September 19: Chapter L (Chesapeake) Dice Run
September 23-25: Wings Over the Smokies (NC District Rally)
September 25: Chapter E Maintenance Day/Pot Luck @ Greg & Karen's
October 2: California Side Car Open House
October 7 – 10: RALLY IN THE VALLEY (VA DISTRICT RALLY)
October 16: Chapter E (Fredericksburg) Fall Fantasy Fun Run. See flyer on the web. Get your stew or chili recipes ready for the judging!!!



Louis Crockett winner of Pole Climbing at Chapter E Picnic and Peoples Bike Show. "Red Hat" lady...Guess who!!!

Pole Climb
1- Louis Crockett
2- Travis O'Quinn

Best In Show

Bike show winners were:

Gold Wing/ Valkyrie

1- Gordon Combs
2- Steve Flournoy
3- Warren Carter

Trike/Side Car

1- Leo Smith
2- Sue Lilly
3- Louis Crockett

Other

1-Ron Hardisty
2-Diane Flournoy



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SCHOOLDAYS

| | |
|-------------|-----------|
| Apple | Pepclub |
| Backpack | Plays |
| Chalkboard | Popquiz |
| Cheerleader | Reading |
| Choir | Ruler |
| Classring | Tardybell |
| Concert | Test |
| Desk | Track |
| Homework | Writing |
| Lunchpail | |

