



The Battlefield Buzz



Virginia District Chapter-E Fredericksburg, VA

Region N

June 2012

Issue 2012 - 06

Chapter Director

Thoughts from Gordon and Julie

Greetings E Team Members,

Is it June already? As you are reading this newsletter, I am laying on a nice sunny beach down south and watching the world go by. Since the day I met Julie, she has made sure we take a family vacation every year. Our girls have become closer as



adults because we spend this time together. They start planning next year's vacation before we get back from the one we were on.

You might ask "what does this have to do with our group." In my opinion, a lot.

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- PT speaks on the Relay for Life
- Stupid Criminials...NOT



Chapter Director

Thoughts from Gordon and Julie... (continue from page 1)

You see, the more time you spend together, the more you get to know each other. The more you get to know each other, the more time you spend together. I sum this up in two words; Hakuna Matata....it is a Swahili phrase that means "There are no worries." When you have friends in your life, there really are no worries. My GWRRA family has been there for me when I needed them. Family is such an important part of our lives, but as in any family, you have to make an effort to get to know others in your family. We have had a number of get togethers,

rides and other events. It seems I see the same people for the most part and that is OK as they have become a big part of my "family". My problem is that I want a bigger family! My best friends in my life are a few of the guys in our group (you know who you are).

Our motto is Friends for Fun, Safety and Knowledge. Thirty five years ago, a small group of people came up with that idea to promote camaraderie in a new organization they created, the Gold Wing Road Riders Association. The "friends" part has been an integral part of my life since

2002 when I joined. I have dinner frequently with my friends and we get together often. Battlefield Wings is my neighborhood family...as Mr. Rogers said, "won't you be my neighbor."

The summer is just starting, let's get together and ride, eat, laugh, and become better friends. That would make me a proud family man.

It is my pleasure to be your Chapter Director,

Gordon

What's T-Cloc?

Stop - arm extended straight down, palm facing back



Chapter Rider's Education

strategies to live by from Larry...

Do You Think Your Riding Skills Are Better Than They Really Are?

Last month several VA-E members and a couple non-GWRRR riders took the MSF BRC2 class at Germanna. I had a great time. I always enjoy parking lot "work" because I notice improvement in my abilities when I practice slow speed maneuvering and I know much of that improvement carries over to higher speeds. But, it was a mildly humiliating day for me because I discovered again I wasn't the hot stuff I thought I was. I locked up the front wheel 3 times on quick stops (once I can understand but 3 times?), missed some cones on cone weaves (probably due to overconfidence), went wide on a corner (I'm sure glad this was at low speed with extra pavement), etc.

As I've mentioned in this column before, I have a fear of wet roads. This was in my mind all day and made me tentative and worried. Of course, recognizing wet pavement is hazardous is a good thing but being tentative is not (I think that has been the topic of another recent arti-

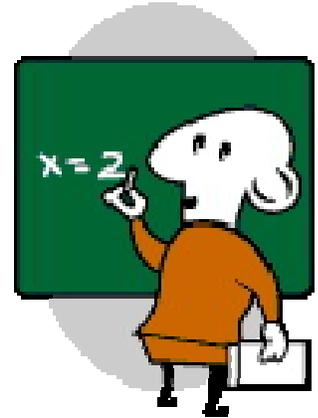
cle or chapter gathering talk). That excuse aside, I know I could have done better if I was on top of my game. I wasn't because I hadn't practiced in awhile and, like it or not, riding skills are perishable and they perish quicker than you might think. Anytime you haven't ridden in awhile, you can be sure you are not at the top of your game. We should "take it easy" for the first month or two of each new riding season or anytime we've been off the bike for an extended period of time. Most importantly, we should practice our evasive skills, quick stops and swerves, right away in case we need them (we should be doing that throughout the season because they seldom get used during "routine" riding (at least I hope that is the case)).

One thing I found interesting about the riding portion of the class was that one student was deaf. As I thought about him, I marveled more and more. I use sound almost exclusively to decide when to shift. How does he do it? Watch the tach instead of the road? He was a long time rider and did just fine. Impressive. (Two sign language interpreters had to spend the day in the rain to translate for him.)

In addition to the riding portion of the BRC2 class, there were lecture/discussion portions. Because it was raining, our instructors decided to cover all this material at one time before riding rather than intersperse them between riding exercises. For whatever reason, we spent at least an hour and a half discussing things that we had probably all heard before. But, we all got benefit from reviewing them and I think everyone appreciated the extra discussion. For those of you who were not there, here are some high points:

TCLOCS: We probably don't TCLOCS as often as we should. But, it doesn't take long to do and we should make sure we do a good TCLOCS every few rides and anytime we sense something is "different." Check tire pressures at least weekly and if you are on a trip, at least every day. (I've gone out on a limb here by hinting a TCLOCS less often than every ride is OK. That isn't the party line. The more often the better and solving little problems before they become big problems will save time, money, and maybe even your hide.)

Continued on Page 5



Caption describing picture or graphic.



Chapter Rider's Education

Continued from Page 4

The Ladder of Risk: Realize that crashes are usually the result of a number of things “stacking up” against you. Don't wait until you are overwhelmed; try to deal with a risk factor when it first comes up and get rid of it if you can (e.g. move away from a driver with a cell phone to his head) or adjust for it if you can't (e.g. slow down a bit at night or in the rain).

Stopping Distance: Stopping distance is composed of 3 parts. How far you travel before you even realize you need to stop (perception distance), how far you travel reaching for the brakes (reaction distance), and how far you travel after you have applied the brakes (braking distance). It can be deadly to be “asleep at the switch” and not notice you need to stop ASAP.

SEE: Search, Evaluate, Execute. Aggressively search your surroundings at all times. With the information you obtain, be pessimistic and guess how things could turn sour. Choose a plan of action you can execute if things do turn sour. Finally, execute your plan.

Rider Radar: You are taking undo risk if you follow closer than 2 seconds when riding (or driving, for that matter). With less than 2 seconds, if the guy ahead

slams on the brakes, you probably can't avoid him even though he will travel some distance getting stopped. You need to be completely aware of what is happening 4 seconds ahead. This is roughly the time it takes to stop. If an obstacle not traveling at the same speed and in the same direction as you suddenly appears, you may be able to avoid it if you notice it 4 seconds away. You need to look further down the road to see what things might warrant careful attention as you get closer. Try to look 12 seconds ahead to spot things of “interest.”

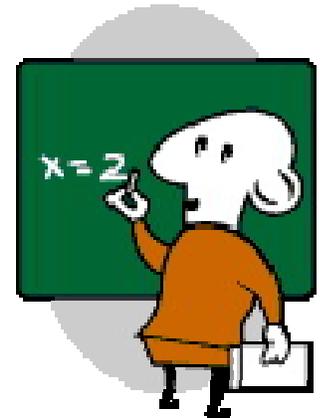
Car/Motorcycle Crashes: Most car/motorcycle crashes occur at intersections (and, an intersection can be where a driveway meets the road). Even when considering other places where car/motorcycle crashes occur, about 75% of the time the crash “comes” basically from the front as seen by the motorcyclist.

Motorcycle Only Crashes: These almost always happen in curves. Ride within your sight distance. Be able to stop safely within the distance you can clearly see ahead. It is not a sin to enter a curve slowly and have to speed up, but the opposite is really dumb.

Traction: There is only so much traction “pie” to go around. Driving force, braking force, and side force all put traction demands on your tires and as you use some in one category, there is less left to use in others. This is why you can't brake as hard in a curve, for instance. Keep a healthy reserve of traction so you can use some of that reserve when needed.

Alcohol/Drugs: We glossed over this knowing none of us mix alcohol and riding. One of the deaf guy's interpreters asked why she always saw many motorcycles at some bars. All we could tell her is some riders take huge risks.

The Oval of Safety: This graphic listed rider factors, motorcycle factors, traffic & road factors, and time & space margins as elements in the motorcycle safety equation. As riders, we are in control of these factors to various degrees. We have the least control over traffic and the road but we could choose a different time or route so we do have some control. We have control over the motorcycle via TCLOCS and even buying a different bike if ours doesn't ergonomically suit us. We have good control over



Knowledge factor....

rider factors – we can practice, we can read, we can take classes – but we can't change the rider factor over night. Time and space margins can be adjusted immediately at any time during a ride. We can slow down to put more space ahead of us. We can adjust lane position to put more space between us and the vehicle alongside.

I hope that was mostly a review for you. And, I hope it was a worthwhile review. Next month, I hope to tell you something about the Total Control class I took the week after that BRC2.

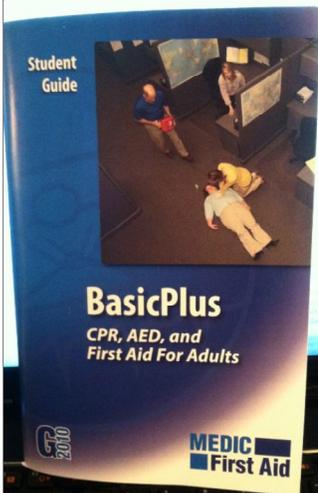
Larry

First Aid for Motorcycle Riders

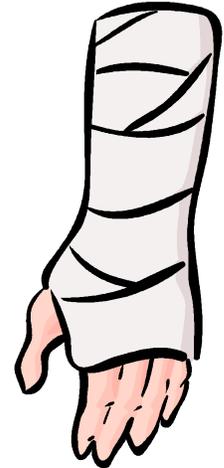
by Dan Honaker, Chapter E Asst. Educator

GWRRA Rider Education provides several opportunities to enhance your knowledge and skills as a motorcycle rider and co-rider. One of several courses arranged so far this year by our educator Larry Gray was a class at the Salem Church Library to get certified in First Aid/CPR/AED through the Medic First Aid Basic Plus course. Ken Taylor provided the training which consisted of a student booklet, videos, CPR dummies, and lots of coffee. The course lasted about 6 hours and covered a variety of topics that some have already had to deal with I'm sure.

The course is pretty comprehensive and covers what's involved as a First Aid provider and things to consider as you recognize a situation and make the decision to help. Paramount in the initial recognition of the need for



providing assistance is maintaining your own personal safety so you too don't become injured. Securing the scene and reaching out to someone to assist and/or call the Emergency Medical Services (911). Another course GWRRA offers called Crash Scene Responder goes in depth on how to handle a motorcycle crash and secure the scene.



The Medic First Aid BasicPlus course covers details on First Aid scenarios from controlling bleeding to managing shock. In between is recognizing cardiac arrest, using CPR with the latest recommendations from the American Red Cross and American Heart Association, use of an Automatic External Defibrillator or AED, basic life support, burns, frost bite, heat exhaustion/stroke, hypothermia, poisoning, and many other topics common to first aid situations you could find yourself in.

For those who have a commitment to safety and education, GWRRA offers the Levels Program which lays out a path for pursuing foundational knowledge that can help make you safer out on the road....



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First Aid for Motorcycle Riders

Continued from Page 6

Level 1, "Safety by Commitment", is simply a stated commitment to safe operation of a motorcycle and accumulation of safe miles. Level 2, "Safety by Education", builds on Level 1 and requires an on-bike rider education course from GWRRA, MSF, or other recognized provider. Level 3, "Safety by Preparedness", builds on Level 2 and requires a First Aid/CPR course and a promise to carry a first aid kit on your motorcycle at all times.

There is no specific criteria from GWRRA for a first aid kit. At our last Chapter E monthly gathering, Larry Gray brought in several first aid kits and we had a great discus-



sion about what goes in a first aid kit that would be useful to us and additional items that can be added to make it more versatile for road trips, etc. Many members had some great ideas and I'll provide some of them here. There are several types of first



aid kits available and most are reasonably priced. Even a modest kit for \$20 is fine as a basic kit to get started and then you can supplement it with additional items as time permits.

Some additional items to consider adding to your kit could include

Rubber Gloves	Alcohol Wipes
CPR Barrier Mask	mole skin
Arm Sling	SAM Splint
Flashlight	Aspirin
Eye Wash	Excedrin
Ace Bandages	Aleve or Advil
Large Gauze Pads	Neosporin or First Aid Cream
Cold Pack	Benadryl or Anti-histamine
Sunscreen	Pepto-Bismol Tablets
Tweezers	Matches
Safety Pins	Needles for splinters
Bee Sting Kit	Burn Cream
Maxi Pads are good bandages for large wounds	

If you are interested in this training or other training, or have ideas or suggestions for training, please contact your Chapter Educator, Larry Gray.

Chapter's COY

Dannie & Carole Hays messin' round

I don't know what all I might write about today, as we are at the treatment center and when we walk in the first people we see are Butch, his father and brother. Butch's father is having some stomach problems and getting it checked out. We hope the best for him.

Since our last Chapter gathering, Carole and I haven't been anywhere except the Sweet Frog outing, as far as the Chapter is concerned, but have been concentrating on getting tests and appointments set up so, Good Lord willing, I can get rid of what started to be a pain in my back. The doctors tell me that I have lung cancer and it has spread some. Anyway right at this minute we don't know what is going to happen as far as treatment goes, but I'm ready to start right now.

However, we just find out that my first chemo treatment will start on Wednesday the 9th. For all you medical experts (not necessarily) but people than can pronounce these hundred letter words, Aden carcinoma is the type of cancer, and it is the most common, so it's possibly the most treatable. I don't know how I will react to the medicine I will be given, but hopefully it won't bother me as far as side-effects goes as long as it stabilizes and/or even, we pray, reduces the cancer, this would be great. Just know that Carole and I are thankful for each and everyone of you and for your

friendship. Thank you for your cards, e-mails, prayers and offers to help, you have no idea how much it means to us.

The Chrome World ride is tomorrow but we won't be going on it, but there is a Bike Blessing on Sunday afternoon at the Bethlehem Baptist Church on Massaponax Church Road, between Rt. 1 and Bypass 17, that I want to go to. I need all thee blessings I can get right now. Speaking of blessings, Karen has been a real blessing for us. Her being there and done that, makes her very understanding to what is going on emotionally and physically with me and has called every day to check on how things are going. She and Greg are such great friends.

While I'm at it, I understand that Dan Honaker had a little mishap and some people have been giving him a hard time about it. Just remember, you may be next, poo-poo happens. Right?? What I was really getting at was the fact that Dan jumped in and really did most of the work at the maintenance day at Charlie and Ellen's. We changed all the brake and clutch fluid in my bike, which was in worse shape than I realized, thanks to Larry Gray for pointing it out to me. Anyway, a big heartfelt "Thank you" to Dan, and to Greg and Dan Fritz for answering our questions and getting us on the right track. THANKS!

Right now I should wrap this up and give it to Carole to type up and send out. Poor thing, she gets all the hard jobs. I've had her make calls for me to tell people what's going on with me, because I tend to tear up to quick to talk. Sorry, but that's the way I am. I've introduced her to some things since we've been married that she would have sworn would never happen in her lifetime and riding on a motorcycle, belonging to a club and going to rallies and making so many wonderful friends would probably top the list, but here we are, and enjoying it a great deal, thanks to our Chapter E family.

See you all on the 16th. RIDE OFTEN, AND MOST OF ALL, RIDE SAFE.





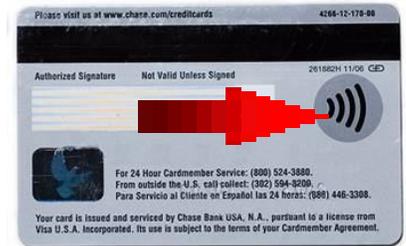
From the Webdude

cosmic knowledge from the megabyte maestro

RFID THEFT In recent months Radio Frequency Identification (RFID) has been widely used to augment major credit cards, such as Visa, MasterCard, and American Express. As with most modern technologies, the benefits need to be weighed against the vulnerabilities. If you have any device (i.e. credit card, proximity access card) with RFID technology it's important to learn what information is stored and the capabilities. Everyone knows not to give out information over the phone to scammers, but what if someone no longer needed to ask for your credit card number or even see the card to use it for a purchase? There are programs out on the market that can be used in conjunction with any commercial off-the-shelf RFID scanner to "electronically pickpocket" your credit card or proximity card information without your knowledge. Impossible? Unfortunately not. The only requirement is as simple as the thief walking by and getting the disguised scanner near your wallet or purse. After that they have free reign over your credit card for at least one purchase or after hours access to your office.

The World Wide

Look for symbols representing RFID similar to the one in the photo .. For more information on the subject visit any major news website and type "RFID" in the search engine.



PT Speaks Out....Mike P

Karen's Relay for Life

On Saturday June 2nd members of VA-E supported Karen Kestner's team in the Fauquier County Relay For Life. We started off meeting at the Harrison Road WaWa at 5pm SHARP. Well, sharp for everyone except Gordon... he arrived a few minutes later.

We were in the process of taking a vote to decide whether to leave or not, when I called Gordon and discovered he was on the way. Apparently there was a miscommunication and Gordon thought that Frankie was going to meet him at his house. No worry... it all worked out.



Departing the Wawa, Gordon led

the way with Dan H close behind on the first bike (think about that one... LOL!).



It was a nice ride with very little traffic up to the high school where the Relay was being held. We arrived just in time to hear Karen being called to line up for the Survivor Walk. Very good timing. Frankie and Jay both joined beside Karen for the first couple laps around the track. "I wanted to run the bike around the track a few times.... but thought better of it."

Continue on Pg.6



Articles & Stuff

by the 'E'Team ...

Not all thieves are stupid.

This gives us something to think about with all our new electronic technology.

GPS
A couple of weeks ago a friend told me that someone she knew had their car broken into while they were at a football game. Their car was parked on

thegreen which was adjacent to the football stadium and specially allotted to football fans. Things stolen from the car included a garage door remote control, some money and a GPS which had been prominently mounted on the dashboard.

When the victims got

home, they found that their house had been ransacked and just about everything worth anything had been stolen. The thieves had used the GPS to guide them to the house. They then used the garage remote control to open the garage door and gain entry to the house \

Continu on Pg 12

PT Speaks Out....Mike P

Karen's Relay for Life

Continued from Pg. 5

Dinner consisted of a wonderful BBQ sandwich (cole slaw on the side, please..) from Karen's tent

If you like BBQ... you really missed a good meal!! Hopefully they sold a bunch of it, and generated some much needed funds for cancer research!



It took a little while, but we eventually found the

Luminary Bags for Karen, Dannie (we missed you, and were thinking about you Dannie!!! Hopefully we'll see you soon.), Frankie, and Jay.

As the sun started to go down, the temps dropped considerably and folks realized that it was going to be quite a chilly ride home. Butch was prepared for it though... I think he was wearing his 'winter shorts'. 

Overall it was a very nice evening, supporting a great cause. In attendance was Karen & Greg, Gordon & Julie, Butch & Nancy, Frankie & Deloris, Jay & Jennifer, Mike & Carol, Dan H... and that long

haired guy with the PonyTail. (hopefully I didn't miss anyone...)

If you weren't able to attend this year, please make plans for next year!

MikeP

The long haired ponytailed one...



Single File - arm and index finger extended straight up



Articles & Stuff

by the 'E'Team ...Continued

The thieves knew the owners were at the football game, they knew what time the game was scheduled to finish and so they knew how much time they had to clean out the house. It would appear that they had brought a truck to empty the house of its contents.

Something to consider if you have a GPS - don't put your home address in it.. Put a nearby address (like a store or gas station) so you can still find your way home if you need to, but no one else would know where you live if your GPS were stolen.



MOBILE PHONES

I never thought of this.....
This lady has now changed her



habit of how she lists her names on her mobile phone after her handbag was stolen. Her handbag, which contained her cell phone, credit card, wallet... Etc...was stolen.

20 minutes later when she called her hubby, from a pay phone telling him what had happened, hubby says 'I received your text asking about our PIN number and I've replied a little while ago.' When they rushed down to the bank, the bank staff told them all the money was already withdrawn. The thief had actually used the stolen cell phone to text 'hubby' in the contact list and got hold of the pin number. Within 20 minutes he had withdrawn all the money from their bank account.
Moral of the lesson:

*Do not disclose the relationship between you and the people in your contact list.

**Avoid using names like Home, Honey, Hubby, Sweetheart, Dad, Mom, etc...

***And very importantly, when sensitive info is being asked through texts, CONFIRM by calling back. Also, when you're being texted by friends or family to meet them



somewhere, be sure to call back to confirm that the message came from them. If you don't reach them, be very careful about going places to meet 'family and friends' who text you.

* PLEASE PASS THIS ON
* I never thought about the above!
As of now, I no longer have 'home' listed on my cell phone.
Even if this does not pertain to you....Pass it on to your family & friends

Cynthia Kolkman
National Park Service
via Karen S. Kestner

Articles & Stuff

by the 'E' Team

On May 20th, we rode to Captain John's Crab house. The weather was great and the ride was beautiful. Dan H., Jeff, Mark, Cheryl, Tony and I were the "we". The shrimp supply was mightily depleted that day. We ate all you could eat shrimp and boy did we eat!!! We had lunch out on the deck and had a wonderful time. We hope to have more attendance the next time. I know Dan and Jeff said they'd be back.



Sharon Poulakowski

District News

for more fun in Virginia...

Dear Chapter Directors and District Staff,

Registrations are now open for the GWRRA Officer Certification Program (OCP) "Classroom" in Richmond, Virginia, 28 - 29 July 2012. Register with Officer Trainer Rick Baker, via email at rickbaker2006@verizon.net, no later than 15 July.

Anyone with the title of Director or Assistant Director.....Region, District, and Chapter Directors and their assistants are de facto required to take the OCP, preferably before assuming the position. The OCP is a "check box" on the Officer Appointment Form for them.

Educator, Treasurer, and Membership Officers are not required to take this class; however, we highly encourage them to attend. There is no better way to find out how our Association runs at every level.

It makes sense that the officers and leaders of our Association should have a great understanding of how the organization is supposed to be "run." Secondly, the OCP provides hands-on team training and some key leadership modules too.

We have no desire to keep our members in the dark. If members, who aren't officers and those who don't even desire to be officers, want to understand more about their Association, then this is the program for them. And, really, a member who understands us and knows what the Association does for them has more fun. They have told us so over the last two years of presenting OCP classrooms in Virginia.

Many of you and many of your fellow members will change positions, step down, or take on new responsibilities in the next six months. And, your replacement will need/want the OCP. We don't present these classroom OCPs often, as they are resource and manpower intensive. Yes, members may take the OCP by DVD or Online. However, many members tell us they learn better and learn more in the classroom environment.

So, please figure out who needs the OCP in the next six months and who wants to learn more about the Association. We need registrations by 15 July to make a "go, no-go" decision.

Register with Rick at rickbaker2006@verizon.net

Mike and Angie

Virginia District Directors

P.S. Chapters are encouraged to help with fuel and lodging expenses as much as possible, up to the recommended limits.

Turn Signal On - open and close hand with fingers and thumb extended





Motorcyclists bring \$262,715 to three Ride for Kids® events

Heading into June, the Ride for Kids® season is going strong. Motorcyclists in Atlanta, Richmond and Albuquerque kicked off the month by raising \$262,715 for the Pediatric Brain Tumor Foundation® (PBTf) yesterday.

Atlanta riders bring \$139,000

The Ride for Kids® program began in Atlanta 29 years ago, and the annual event is a highlight for local riders. This year they brought \$139,004 in contributions to the PBTf.

Starting from North Point Mall in Alpharetta, the ride made its way to the north Georgia mountains with brain tumor survivors Maddie, Mandy, Stacy, Julia, and Jessica.

These “stars” spoke to the crowd of 600 in Dahlonega after the ride. “I’m here today, 20 years after being diagnosed as a child, living proof that research works,” said Mandy. “I’m grateful for all of you and what you do.”

The No. 1 fundraisers were:

- **Individuals:** Brian & Jennifer Duke, \$30,902
- **Motorcycle club/chapter:** North Georgia Rat Pack, \$11,034
- **Motorcycle business:** Ken’s Motorcycle Tires, \$12,175
- **Special organization:** Hunter’s Helping Hands, \$31,616

Congratulations to Atlanta’s drawing prize winners: Thomas Finley (Honda motorcycle); Jennifer Duke (AGV helmet and Cardo Scala Rider); Jeff Pickering (Dunlop tire); and Larry Parker (Tourmaster gift certificate).

Richmond rides for 10th year

Sunny skies matched the mood of the crowd at the 10th annual Richmond Ride for Kids®. The event raised \$69,156 for the PBTf.

Motorcyclists came to honor local brain tumor survivors Amy, Denise and Kevin, who led the scenic ride from the Times-Dispatch in Mechanicsville, Va.

Afterward, the 250 participants heard from these “stars” as well as Dr. Oren Becher, a researcher at the PBTf Institute at Duke University.

“The only way to get better therapies that are less toxic is through research that your money is helping us to find,” Becher said. “Thank you for your support in helping to find a cure for this disease.”

The leading fundraisers at the event were:

- **Individual:** Tony May, \$20,015
- **Motorcycle club/chapter:** American Legion Post 284, \$8,920
- **Motorcycle business:** Commonwealth Powersports, \$8,711



Maddie and her VIP escort lead the way in Atlanta.



Amy (right) is on her way in Richmond.



- **Special organization:** Team Kevin, \$29,325

Richmond's drawing prizes went to: Mike Seibert (Honda motorcycle); John Schnoering (AGV helmet); Robert Poe (Dunlop tire); Thomas Neilan (Tourmaster gift certificate) and Tom Dixon (Cardo Scala Rider).

The Richmond Ride for Kids® was organized by many dedicated volunteers, led this year by Mike Seibert, Pete Nelson, Mark Johnson and Ellaine Wilson.

Land of Enchantment ride tops \$54,000

New Mexico hosted its seventh Ride for Kids® on June 3, and local motorcyclists contributed \$54,555 to the Pediatric Brain Tumor Foundation®.

The PBTF uses the funds for medical research and family support that helps Albuquerque brain tumor survivors like Jaiden, Octavio, Sage, Simmie, Megan, Matthew, and Danielle.

As the "stars" of the day, they had a place of honor in the ride as it left Mesa del Sol Fields at Journal Pavilion. The route included a lap around Napa Speedway and gorgeous desert scenery.

After the ride, Matthew's mother thanked the 150 participants for contributing to her son's progress. "When you get to see the kids moving on is what makes what you do so worthwhile and rewarding," she said.

Albuquerque's top fundraisers were:

- **Individuals:** Tom & Donna Mitchell, \$12,625
- **Motorcycle club/chapter:** GWRRA NM-W, \$14,236
- **Motorcycle business:** Accessory Pit, \$27,349
- **Special organization:** Mitchell Family, \$13,128



The Albuquerque ride puts a smile on Megan's face.

The winners of the donated drawing prizes were Ken Watson (Honda motorcycle); Richard Mummey (Dunlop tire); Deane Crawforth (AGV helmet); Rick Howell (Tourmaster gift certificate) and Cindy Cassidy (Cardo Scala Rider).

Local volunteers worked hard all year on this event. Special thanks went to task force leaders Rick and Lynda Howell, Jackie Cooke, and Ralph and Robynn French.

About the PBTF Ride for Kids®

Ride for Kids® supports the Pediatric Brain Tumor Foundation® (PBTF) by funding medical research and family support programs. We thank our presenting sponsor, Honda Riders Club of America, and our national insurance sponsor, GEICO. The next Ride for Kids® events are on Sunday, June 10 in Cleveland and Golden, Colo. Learn more at www.rideforkids.org or call 800-253-6530.



© Pediatric Brain Tumor Foundation®
302 Ridgefield Court • Asheville, NC 28806 • 800-253-6530





International News

A Message for Educators

We encourage all Educators who will be attending Wing Ding in Ft. Wayne, to participate in the Educators' Forum which will be held Wednesday afternoon, July 4th, be-

ginning at 2:30 p.m. We hope to see you there.

Betty Knutson

Gold Wing Road Riders Association

Asst Int'l Directors, Rider Education

GWRRA - Motorcycle Tire Information reference link

Hello Educators,

Thanks to John Bourg for passing this on.

http://mic.org/downloads/MIC_Tire_Guide_2011.pdf

You should find it chock full of great information on motorcycle tires and worthy of passing along.

Tony & Michelle Van Schaick

GWRRA International Directors, Rider Education

AMA Online Survey for Women Motorcyclists

Courtesy of American Motorcyclist Association

Monday, May 07, 2012

The American Motorcyclist Association (AMA) is pleased to announce the launch of an online survey exclusively for woman motorcyclists. "How Many? How Strong?" is a brief 16-question poll that gives women riders the opportunity to share their opinions on topics such as riding style, how and where they ride, and more. The survey is available at www.AmericanMotorcyclist.com/HowManyHowStrong.aspx.

"Women riders represent a significant and increasing segment of the motorcycling community," said AMA Marketing Manager Tigrá Tsujikawa. "The AMA is committed to supporting these women across all ages and skill levels, and we encourage all women passionate about motorcycling to participate in the survey."

The How Many? How Strong? survey is designed to provide a look at modern women motorcyclists and co-riders. Women can choose to participate anonymously if they desire, and any personal information volunteered will not be shared, sold or marketed.

The survey comes as the association prepares to welcome hundreds of women riders at the sixth AMA International Women & Motorcycling Conference, which draws participants from as far away as Japan and Australia. The 2012 event is July 26-29 in Carson City, Nev., and the theme of "Ride Well" focuses on educating, encouraging, inspiring and mentoring women in the lifestyle and sport of motorcycling.

Tsujikawa, who has been instrumental in planning this year's conference, said there is no better venue for women who love to ride.

"Carson City is welcoming women riders with open arms for our event," she said. "As one of the West's premier motorcycling destinations, it provides the perfect setting for women who are passionate about motorcycling. And with substantial discounts available to AMA members who register by May 15, as well as for those who join the AMA by purchasing a \$49 membership, there's no better place for women to share their passion for riding with like-minded riders."

Included in the AMA International Women & Motorcycling Conference registration fee is entry to seminars, the marketplace and Moto Action center, the Saturday Women's Health Fair, priority registration for manufacturer demo rides, the Friday Night Cookout and Saturday Night Celebration Party, as well as a conference t-shirt and gift bag.

Full conference details and registration, as well as information about how to become an AMA member, are available at WomenandMotorcycling.com or on the conference Facebook page at Facebook.com/AMAWomenAndMotorcycling.

International News



Gold Wing Road Riders Day
at
NASCAR Hall of Fame
14 July 2012

Special rates for GWRRA members
\$16.95 Admission price w/ showing your GWRRA MEMBERSHIP CARD
NASCAR will line us up at 9:30 in the Plaza out front.
After the first 60 bikes the rest go into the garage at \$10 a bike.
For traffic control, those on the Plaza would only leave at 4:00pm as a group.



There is a restaurant inside and gift shop.
Numerous Hotels nearby are available for those wanting to stay overnight.

LOCATION:
400 East Martin Luther King Blvd
Charlotte, NC 28202
(704) 654-4400
For GPS, use 501 S. College St., Charlotte, NC 28202

For additional details and information of everything available,
check out the Website Online: nascarhall.com
For any questions contact Bobbie Jo Harrison, Chapter VAK Director, 540-890-2890, email
threewheelcruzin@verizon.net



International News



WING DING 34

.....FUN IN THE FORT

YOU'RE INVITED !!

We are pleased to invite you to attend the
Educators' Open Forum at Wing Ding 34 in Fort
Wayne!

Meet your International Rider Education Team
and find out what's happening in Rider Education.

Bring your ideas, comments, and Questions.

Wednesday, July 4, 2012,

beginning at 2:30 p.m.

in Appleseed #1

Allen County War Memorial Coliseum

birthdays,

June

10 Mike Lucas
26 Alec Kestner
27 Andrew Clark

July

02 Dan Fritz
06 Katina Savage
06 Julie Combs
08 Nolan Clark
21 Karen Kestner
23 Erick Clark

August

06 Carol Lucas
09 Martha Jo Fritz
10 Charlie Smith III
12 Butch Groves
19 J. D. Harrington
22 Terry Murphy
23 Delores Brown
23 Rosa Seale
29 Larry White
31 Ron Hardisty

Slow Down - arm extended straight out,
palm facing down



*Do you know
your tire
pressure?*

anniversaries

June

04 Jim & Bev
Travis

08 Norman &
Patricia Reynolds

18 Ron & Linda
Hardisty

23 Butch & Nancy
Groves

July

18 Larry & Kathy
White

26 Michael & Maria
Griffin

30 Terry & Elaine
Murphy

August

08 Alvin "Tim" &
Eva Hayes

28 Greg & Karen
Kestner

30 Dannie & Carole
Hays

Classified Ads

The Motorcycle Grand Tour of Virginia for 2012

(From <http://www.vamotorcycletour.com/>)

Virginia has some of the best motorcycling roads in the world. The Grand Tour is a state wide ride with destinations all around the state. The more places you visit on your motorcycle the more points you can collect – and that in turn means the more prizes you can win.



The ride begins in May and runs to the 21st of October with the GRAND season end party in Orange VA at Waugh's Harley- Davidson November 10th. All participants' passports must be postmarked no later than 22 October 2012 for the accumulated points of any one participant to be counted for prizes.

[Register now](#) for the tour and you'll be first in line to receive your passport so you can get an early start. Or, if you'd like to stay up to date with tour information and announcements, you can [join our e-mail announcement list](#).

GIFT BASKET DRAWING AT RALLY IN THE VALLEY



GIFT BASKETS ARE A GO AGAIN THIS YEAR AT VIRGINIA'S RALLY IN THE VALLEY!!

See Next Page



WE ALL SCREAM FOR ICE CREAM!!!

HERE'S A HINT. ANYTIME YOU ADD A GIFT CERTIFICATE TO YOUR BASKET, IT IS SURE TO GET SOME BUYERS. TRY YOUR LOCAL DAIRY QUEEN TO SEE IF THEY WILL DONATE A GIFT CERTIFICATE TO YOUR BASKET. WALMART GIFT CARD IS ALWAYS A GREAT DRAW AS WELL!

FOR MORE IDEAS CHECK THE INTERNET – JUST ENTER GIFT BASKET IDEAS AND YOU ARE ON YOUR WAY!

AGAIN, THIS IS VOLUNTARY AND FOR THOSE CHAPTERS WHO WISH TO PARTICIPATE IN THIS VENTURE. THE SAME DEAL APPLIES AS LAST YEAR. HALF THE PROCEEDS WILL GO TO THE DISTRICT AND THE OTHER HALF GOES TO THE CHAPTER. THIS YEAR THERE IS ONE TWIST TO ALL THIS. THE BASKET THAT RECEIVES THE MOST CASH WILL RECEIVE ALL THE FUNDS COLLECTED FOR THAT BASKET.



Recipes

secrets to be enjoyed by all...

Chocolate Chip Cookie
Cups

1 roll of Pillsbury Choco-
late Cook dough

1 container of whipped
choc. Icing---MUST be the
whipped one, reg. icing is
to heavy.

Nuts are an option

Use a miniature cupcake
pan and press the dough
thin into each cup com-
pletely covering the pe-
rimeter of each cup (DO
NOT grease the pan).

Bake at 350 degrees until
the edges are slightly
brown and the center will
look a bit wet.

Take them out and let them
completely cool.

When they are cool, gently
turn each cookie cup
clockwise in the pan to
release the cookie then pull
up on one side using your
finger.

I pipe the icing in the cen-
ter but a spook works just
as well

Double File - arm with index and middle
finger extended straight up



Recipes....

Porcupines
By: Tara

"These are great to make ahead of time and then freeze. We freeze them with mashed potatoes and corn as part of a
homemade TVdinner."

I

Ingredients

1 pound lean ground beef	1/2 cup uncooked white rice
1/2 cup water	1/2 cup chopped onion
1 teaspoon salt	1/2 teaspoon celery salt
1/8 teaspoon garlic powder	1/8 teaspoon ground black pepper
1 (15 ounce) can tomato sauce	
1 cup water	

Directions

1. In a large bowl, combine the ground beef, rice, 1/2 cup of water and onion. Blend in salt, celery salt, garlic powder and pepper. Mix well. Shape into 1 1/2 inch balls.
2. Preheat oven to 350 degrees F (175 degrees C). In a large skillet over medium heat, brown the meatballs; drain fat.
3. In an 11x7 inch baking dish, combine the tomato sauce and 1 cup of water. Place the browned meatballs into the tomato sauce, turning to coat well.
4. Cover and bake in a preheated oven for 45 minutes. Uncover, and cook for an additional 15 minutes.



Recipes

secrets to be enjoyed by all...

Ranch Dressing Cheese
B a l l

½ cup sliced natural almonds (about 6 oz)...I use chopped pecan chips (whatever you want)
2 pkgs. (8 oz) cream cheese at room temperature
1 pkg (1 oz) of ranch dressing mix
2 scallions, chopped about ½ cup
Assorted crackers

Preheat oven to 350 and bake the almonds 4-5 minutes (if you use these) and c o o l .

In a bowl with wooden spoon combine cheese with dressing mix until combined. Stir in scallions. With rubber spatula gather cheese into rough ball; gently roll in nuts until coated. With hands

press into tight ball. Wrap with plastic; refrigerate at least 2 hours or overnight. Serve with crackers.

Fuel - arm out to side pointing to tank with finger extended



Recipes....

Lucy's Peach Cobbler (Southern Style)

Ingredients 1

10 fresh peaches thin wedges 1/4 cup white [sugar](#) 1/4 cup [brown sugar](#) 1/4 teaspoon ground cinnamon 1/8 teaspoon ground nutmeg 1 tablespoon fresh [lemon juice](#) 2 teaspoons cornstarch

Ingredients 2

1 cup bisquit or (all purposed flour) 1/4 cup white sugar 1/4 cup brown sugar 1 teaspoon baking powder 1/2 teaspoon salt 6 tablespoons butter, chilled and cut into small pieces 1/4 cup boiling water

MIX TOGETHER: 3 tablespoons white sugar 1 teaspoon ground cinnamon

Directions

Preheat oven to 425 degrees F (220 degrees C).

In a large pot, combine ingredient 1 - peaches, 1/4 cup white sugar, 1/4 cup brown sugar, 1/4 teaspoon cinnamon, nutmeg, lemon juice, and cornstarch. Toss to coat evenly, and pour into a 2 quart baking dish. Cook on medium heat for 20 minutes.

Meanwhile, in a large bowl, combine flour, 1/4 cup white sugar, 1/4 cup brown sugar, baking powder, and salt. Blend in butter with your fingertips, or a pastry blender, until mixture resembles coarse meal. Stir in water until just combined.

Add peaches from pot, and drop spoonfuls of topping over them. Sprinkle entire cobbler with the sugar and cinnamon mixture. Bake until topping is golden, about 30 minutes

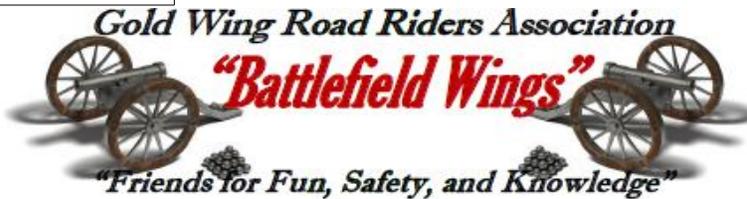
**GWRRR Chapter VA-E
Fredericksburg, Va**

Contact us via
<http://www.battlefieldwings.com/contact/>

Chapter Director	Gordon Combs
Assistant Chapter Director	Jay Brown
Chapter Treasurer	Tony Poulakowski
Rider Educator	Larry Gray
Assistant Rider Educator	TBD
Membership Enhancement Coordinator	Charlie and Ellen Smith
Motorist Awareness Coordinator	Karen Kestner
Chapter Couple	Dannie and Carole Hays
Fundraiser Coordinator	Dan Fritz
Ways and Means Coordinator	Julie Combs
Chapter Goodies Coordinator	Richard Wilson
Hosts and Welcome Coordinator	Nancy Groves
Recognition/Special Awards Coordinator	Mike Plaughter
Correspondence Coordinator	Carole Hays
Phone Tree Coordinator	Ellen Smith
Chapter Photographer	Sharon Poulakowski
Ride Coordinator	Jeff Burke
Ride Coordinator	Dannie Hays
Ride Coordinator	Charlie Smith
Ride Coordinator	Dan Fritz
Technical Coordinator	Greg Kestner
Technical Coordinator	Larry Gray
Newsletter Editor	Claude Revelly
Webdude	Rob Hardisty

Battlefieldwings.com

At chapter "E" we emphasize that we indeed are a team of riders/co-riders interested in Goldwings, riding, and most of all, having fun. Some think that we are mostly interested in eating. You will need to join and be the judge! Come on out and join us! We would love to see you! We meet to eat at 6:30pm on the third Wednesday of each month and the chapter meeting starts at 7:30pm. We are located in Fredericksburg, VA, about 50 miles south of Washington D.C. and about 50 miles north of Richmond, VA.



Editor's Desk

My fellow "Wingers". I am looking for your support of our newsletter. Your Staff members are providing interesting and knowledgeable articles and newsworthy information for your reading enjoyment. I am looking to add a member's page for you to submit your additions. I am looking for information you would like to share with your fellow "Wingers". Do you have a story on a recent ride...a past journey...or wish to plan a ride? Send it to me

to include in our newsletter. Want to share a special family event...photos of your children/grandchildren, a community service award, or a social matter that would inspire? Submit those for inclusion in your newsletter. Please keep your submission factual and informative. Depending on the number of submission, it may take a few editions to see your article included. I will endeavor to include all submissions as soon as it is

received especially if you have a time sensitive matter or announcement. Also, please add photos to support your story or article.

Thank you and I hope you enjoy your Battlefield Buzz Newsletter!



Editing on this handheld can be challenging.

Speed Up - arm extended straight out, palm facing up

