



Battlefield Wings

Chapter E
Fredericksburg, Va

Region N GWRRA
www.battlefieldwings.com



March 2004
Volume 3

Come to our next
meeting
March 17

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Come to our chapter
meetings the 3rd
Wednesday
Of Each Month



Dynasty Buffet
Four-Mile Fork

Meet at 6:30pm to Eat
Meeting begins at
7:30pm



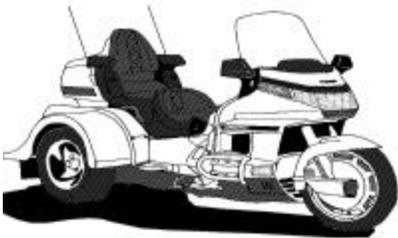
2004 COY

Ray Hitt
&
Kathy O'Neal

Chapter Director News

Jim & Bev Travis

Jim Travis
Director, Chapter VA-E
“Battlefield Wings”
Fredericksburg, Virginia



Here we are again, another month gone by and the good riding weather is just around the corner. There have been a few days lately that have been in the 60s and the roads sprouted a sprinkling of two wheelers. Of course we in Chapter E have a few hardy souls that are year around riders. It looks like we are going to have an active spring and summer schedule ahead of us, so its time to break out our bikes/trikes and do the pre-ride tune (don't forget to rotate the air in your tires) ☺.

We have had one Monthly Meeting and Two Staff Meetings at our new meeting place (The Dynasty Buffet) and I am happy to say that the comments I have heard are very promising. Everyone I have talked to says the food was good and they liked the atmosphere, except that it was a bit crowded with the table layout as it was arraigned (We plan to rectify that problem by the next meeting). So come early the third Wednesday of each month, enjoy a good meal, friendly company and Fun – Fun – FUN.



CONTROL IN A TURN

Is it Balance or Trust when leaned over?

By: James R. Davis

It seems to me that even the most experienced motorcyclists believe that their sense of balance is what allows them to maintain control of their bikes, particularly in a turn. I maintain that balance is almost an insignificant aspect of controlling a motorcycle.

Regardless of where you are sitting on your seat (or off it) you can cause the bike to turn in the direction you want it to go - indeed, counter-steering is steering input that tells the bike how far to lean and how fast to adopt that posture and 'balance' is hardly a part of the equation.

The front-end design of your motorcycle allows the bike to exhibit self-correcting behaviors. Without any steering input whatever a bike that is moving faster than you can run will attempt to find vertical and drive in a straight line. When in a turn your only steering input is maintenance of pressure on the inside grip in order to continue (without any wobble at all) your course. The bike 'finds' the perfect balance point between centrifugal and gravity forces and you are merely along for the ride.

Indeed, any additional steering input from you is what accounts for 'going wide' or 'fighting' the bike. Shifting your weight to 'help' the turn invariably results in having to make additional adjustments and is fairly described as 'over-correcting.'

Rather than balance, I maintain, the proper input to support counter-steering is Trust. The only time that balance plays a significant part in the control of your motorcycle is when you are traveling at slow speeds (about as fast as you can walk.)

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2004 Chapter Couple

Ray Hitt & Kathy O'Neal

Wingless Weekend has come and gone. What a great fun weekend it was. Ray and I want to thank Karen, Nancy and MaryLynn for decorating our door. Even though it didn't win, we thought it was great and enjoyed the entertainment you provided while decorating it. We haven't done a whole lot yet but it is still early. Ray went to Chapter Z's meeting(I had the staff meeting the same night). We plan on going to Ch. B's Polar Bear Run on Mar. 7. Who knows what will come up and where the road will lead us on our "endless ride"?



Region N News

District News

AROUND GWRRA



WING DING 2004 SCHEDULED FOR GRAPEVINE TEXAS - It has just been announced that Wing Ding 2004, will be held at the "Gaylord Opryland Texas" in Grapevine, TX, just outside of Dallas/Ft. Worth.

FIVE-HEART BAR EARNERS - According to the February & March 2004 issues of *Wing World* the following Virginia participants have earned a Five-Heart Bar Award for their membership recruiting efforts. Our congratulations go to **PHILIP LUCAS (VA-E -FREDERICKSBURG)**, Mike Mitchell (Region N Director), James Morris (VA-P (Charlottesville) & Wayne Stewart (VA District MED Coordinator). Thanks Philip, Mike, James & Wayne, and keep up the good work.

CHAPTER VA-Q TO BE REACTIVATED - Chapter VA-Q (Covington) will become active again as of their kick-off on April 17. It's great to have Chapter Q back in action, and we invite everyone to attend their kick-off shendig. Congratulations to Chapter Directors **Barry & Debbie Balsler**. More information on the kick-off will be available shortly

SPIRIT OF VIRGINIA AWARD 2004 - It's time to be thinking about nominations for the 2004 Vernon L. Needham Spirit of Virginia Award. Please prepare a well-thought-out letter nominating a worthy individual and submit to District Director Keith Lindgren by August 15.

RALLY IN THE VALLEY 2004 THEME - The theme for Rally in the Valley 2004, has been announced - "Catch the Spirit - Share the Fun." So get those creative juices flowing and come up with a really neat Logo for our Rally T-Shirts. Let's get a really colorful logo that will knock everyone's socks off, and submit to District Director Keith Lindgren by August 1.

Birthdays

Russell Emily	4
Joe Pittman	20
Anthony Davis	14
Ed Hoeferkamp	15
Shari Mohr	15
Sylvester Savage	16
Bob Dorminey	20
Greg Kestner	22
Lloyd Messner	27
Lou Mitchell	29
Ken Mohr	29



Anniversaries

Mike & Carol Lucas	20
Bob & Ella Dorminey	22
Gordon & Julie Combs	28



Get Well Wishes

Chapter E sends it's get well wishes to Warren Carter. He is recovering at home from rotator cuff surgery.

Get Well wishes are also sent to Mary Messner who also recently had surgery.



The Jester Corner

An Irishman who had a little too much to drink is driving home from the city one night and, of course, his car is weaving violently all over the road. A cop pulls him over. "So," says the cop to the driver, where have ya been?" "Why, I've been to the pub of course," slurs the drunk. "Well," says the cop, "it looks like you've had quite a few to drink this evening." "I did all right," the drunk says with a smile. "Did you know," says the cop, standing straight and folding his arms across his chest, "that a few intersections back, your wife fell out of your car?" "Oh, thank heavens," sighs the drunk. "For a minute there, I thought I'd gone deaf."



MEMORIES OF WINGLESS WEEKEND

I had a good time at Wingless because I got to go this year. Last year I was in the hospital and missed the people and the good times/ If you did not go to Wingless Weekend this year you missed a lot fun.

Linda Jones

As everyone knows, Wingless and Ralley are our favorite events! Just a personal "Thank You" to all that aided & assisted on the table decorations! We couldn't do it without everyone's help!

Getting geared up for next year!

Carol & Mike



February 28th has come and gone and the Chapter F, 2004 Crazy Supper is a thing of the past. It may be past but definitely not forgotten. It was Saturday evening and Bev and I were heading to Gore Firehouse to enjoy the yearly dining pleasures of the Crazy Supper put on by Chapter F in Winchester. Bob and Linda Jones along with Mike and Carol Lucas were following in Bob's vehicle. I happened to glance in my back seat and low and behold there was Bob and Sandy Renner. The eight of us stopped at Hardees on Rt.17, but there were no other hungry Wingers wanting to make the trip to Gore. We all arrived in plenty of time to play the games they had and to win tickets for the great prizes they had available. Finally we were all seated and made our food choices from the menu. Our food came in three courses; we had chicken, potatoes, succotash, a mini hot dog, a roll, butter, chocolate pudding, and cookies served with a fork, a spoon, a knife and a tooth pick. Each course consisted of four of the above listed items, in the order you selected from the menu, however they were not listed as anything remotely related to what they really were. You could keep articles from a previous course to use again, however the Redskin Hogettes roamed the firehouse and caught the CHEETERS that tried to do these evil deeds. When all was said and done, we all had a great time, a lot of laughs, and plenty of fun for everyone. Chapter O captured the District Plaque (there really was a plaque this time) and turned it over to Chapter B, to make it available at their March 7th Polar Bear Run.



Co-Riders Corner

**Beverly Travis
Mrs. Chapter Director**

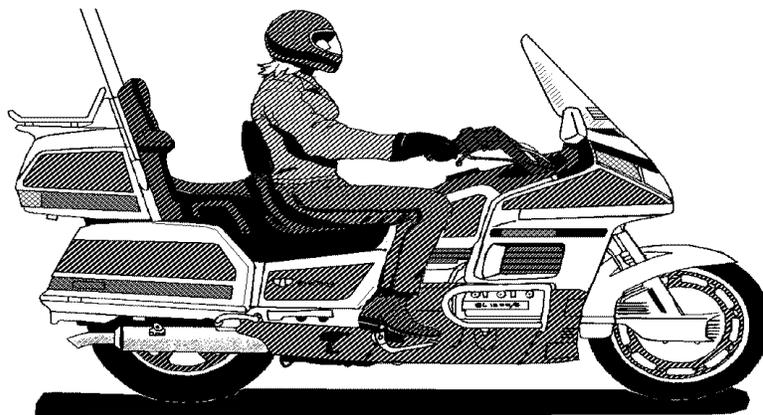
I recently read an article in Woman's World Magazine, "Five easy ways to lower your blood pressure and relieve stress", by Brenda Kerns

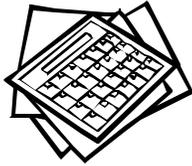
Well this sounded intriguing so read on:

1. Cook with Sesame oil.
2. Eat candy every day (that is 3oz. of dark chocolate)
3. Exercise just 9 min. a day.
4. Monitoring your magnesium.
5. Open your arms wide and hug.

My personal favorites are 2&5. So go ahead and eat candy and hug everyone, it's good for your health.

So until next month when I bring you another interesting tidbit, stay well.





UPCOMING EVENTS

- March 7:** Chapter B (Virginia Beach) Polar Bear Run
- March 13:** VA District Spring Officers Meeting
- March 19-20:** WV Mountaineer Winter Rendezvous
- March 20:** Pot Luck at Mike & Carol Lucas' 6 pm
- April 10:** VaMAC (River City Diner)
- April 17:** Chapter I (Manassas) Poker Run
- April 17:** Chapter C (Newport News) 2004 Spring Thaw (Shelter 1 and 2)
- April 17:** Manassas Dinner Dance w/all you can eat \$15/couple



Anthony Davis has stepped down as Web Master. Due to his work obligations, he is unable to keep up his work with Rob on the web page. Rob Hardisty will continue on as the Web Dude. Thanks Rob for doing a great job. We know it is a big job and a big comittment and we are very greatful.

