

The Battlefield Buzz





Virginia District Chapter E Fredericksburg, VA

Region N

Issue 2013 - 03

Chapter Director

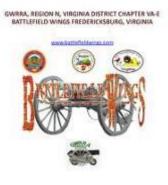
Thoughts from Gordon and Julie

Greetings E Team,

As you read this article, Julie and I are sailing on board a Royal Caribbean International cruise ship on our way to the Bahamas for a wonderful 8 day vacation. We have been so excited about this cruise and have been getting prepared and packed all this past week. We have been making plans for shore excursions, spa treatments, activities on the ship and dining options. So what does this have to do with GWRRA? A lot more than you think. There is one other thing that I have been very excited over and have been planning since January and that is Wing Ding in Greenville, SC. I have made all my reservations, paid for my registration, paid for additional activities, I have been visiting the GWRRA website and reading all I can on Greenville and this year's Wing Ding, I have scheduled out all the events and training I want to participate in, I scheduled some time to volunteer with the Virginia District's duties, I have been pouring over maps for the best route, and I have been using Google maps to get a feel of the Greenville area with their satellite views. I realized just how excited I am about this year's Wing Ding and how much more extensive planning I have been doing for a vacation that is the same number of days as my cruise. You see, GWRRA ignites my passion for fun, and Wing Ding is the pinnacle of my fun house. So I invite you to come have fun with me, as I found the recipe for fun, and it's under the heading GWRRA!

See you at Wing Ding in Greenville,

Gordon



Chapter's Social Gathering every 3rd Wednesday of each month @6:30 pm at the Golden Corral,

Address: 10320 Spotsylvania Avenue, Fredericksburg, VA 22408

Phone:(540) 891-2022

March 2013





Chapter Rider's Education

strategies to live by from Larry and Dan...

Helmets

I think we all know quite a bit about helmets but I didn't know much when I returned to motorcycling and wished someone would give me some advice on how to choose one. More recently I read some things that again got me interested in this subject and maybe some of what I learned is worth discussing.



Knowledge for safe and fun Motorcycling!!!

We all know helmets are disposable – if your helmet gets "used" in a mishap, it needs to be replaced. Manufacturers recommend that it a helmet is dropped from waist height, it should be replaced or inspected by the manufacturer. We should also discontinue use of a helmet with a loose or worn retention system.

We have probably heard that a 3 or 5 year old helmet should be replaced. I found such recommendations on the web from Snell who said they were summarizing what manufacturers said. Other sites stated the 3 or 5 year period starts with the date of manufacture while some stated it starts with date of first use. One site mentioned that 20 year old brand new Shoei helmets were advertised on Ebay – we probably want to avoid them. The date of manufacture must be indicated inside the helmet or on the chin strap.

I found that the Head Protection Research Lab thinks replacement every 3-5 years is unnecessary. In an email from them, they told me "The years of research show no time-dependent deterioration of qualified helmets, they just develop a unique smell that is hard to treat. Harry Hurt was quoted in this email as saying "Petrochemicals can cause dangerous cracking of polycarbonate shell materials and decomposing of the EPS foam liners. Pledge, kerosene, gasoline, acetone, paint thinner, etc., can do major damage." Sounds like we should not wax our helmets. We also shouldn't store them in the garage around gasoline fumes.





Chapter Rider's Education

Continued from Page 2

I can't tell you who to believe on the question of when to replace your helmet. But, periodic replacement probably makes sense because helmet technology is getting better and lighter.

Now, suppose you are ready to buy a new helmet. How do you choose?

MSF says: "A helmet should fit snugly and may even feel a bit too tight until it's all the way down over the head. It should sit squarely on your head and the cheek pads should touch your cheeks without pressing uncomfortably. There should be no gap between your temples and the brow pads. With the strap fastened, your skin should move slightly as the helmet is moved from side to side – the padding should not slide easily over the skin. Same thing for the up and down movements and forward/backward rotations. You should feel a slight, even pressure exerted all over your head. Remember, the helmet will loosen up slightly as the comfort liner compresses through use. A new helmet should feel tight. But, if there are uneven pressure points, these will become unbearable after a few minutes of riding. Wear the helmet in the store for 30 minutes then remove it and look for evidence of pressure points on your skin/scalp."

A published paper from the Head Protection Research Lab had some other things to keep in mind. In particular, they addressed helmet ejection. DOT has a standardized test to determine if a helmet is likely to come off in a crash and the HPRL did some of their own testing with human volunteers who tried to rotate various styles of helmets off their heads after properly securing them with the chin strap.

- Full Face helmets could be ejected in less than 1% of the experiments.
- ³/₄ helmets could be ejected in 66% of the experiments.
- ½ helmets could be ejected in 48% of the experiments.

For other than full face helmets, the retention system is apparently key. The HPRL paper has a statement that suggests another test we might try in the store before buying a helmet. "When there is forward rotation of the helmet on the head, correct geometry of the helmet and retention system should cause tightening of the chinstrap, thus resisting further displacement."

Different manufacturer's helmets and even different models from the same manufacturer have different internal shapes. Shop at a dealer with a big selection and take advantage of the training of the sales staff. Buy from the dealer that helps you and make sure you check the manufacture date to ensure you are getting the latest technology.





SPECIAL

Subject: Maybe you saw this. I think it ought to go out to the chapter although I no of no one running Continental

tires.

From: larrygraygm@gmail.com Date: Mon, 4 Mar 2013 20:45:11 -0500

To: gorcom@msn.com

Subject: Gold Wing Tire Recall - Continental

You have to send them the old tire (at their expense), a copy of the receipt for the replacement tire (which will have to be another brand, since Continental has discontinued that particular type and size), and a form. They'll reimburse a flat \$350 for the new tire.

http://www-odi.nhtsa.dot.gov/owners/SearchResults?
searchType=ID&targetCategory=R&searchCriteria.nhtsa_ids=13T001

From the website:

SUMMARY:

Continental Tire is recalling certain ContiMotion motorcycle tires, size 180/60R16 M/C 74H produced from December 19, 2010, through September 24, 2011. The tires were sold as replacement equipment for Honda GoldWing 1800 motorcycles. Some of these tires may experience uneven wear, groove cracking, and belt lift. This could result in a loss of inflation pressure.

CONSEQUENCE:

A loss of inflation pressure while riding could cause the motorcycle operator to lose control, increasing the risk of a crash.

REMEDY:

Continental Tire will notify owners and reimburse customers for the affected tires. The recall is expected to begin during February 2013. Owners may contact Continental Tire customer service toll-free at 1-888-799-2168.

NOTES:

Owners may also contact the National Highway Traffic Safety Administration Vehicle Safety Hotline at 1-888-327-4236 (TTY 1-800-424-9153), or go to www.safercar.gov.

Larry

Stable email address: larry.gray@alumni.purdue.edu



Chapter E COY

Eddie and Rosa Seale

Spring fire safety tips.

Well the day to spring forward has come and gone but setting the clock forward means it's time not to just check the clock, but for a spring safety check! As you made your "hot lap" around the house, setting clocks ahead remember to take a little extra time for a short safety checklist. Help spring your home into being safe and organized by:

Checking smoke detectors and carbon monoxide detectors they definitely help save lives. Firefighters recommend replacing smoke and carbon monoxide detector batteries twice a year, so Spring Forward with fresh batteries all around. How old are your detectors. The average life span of most fire and carbon monoxide detectors is 10 years. Some manufactures' recommend replacing them more often.

Helpful hint: While the batteries you removed from the detectors are likely not fully charged, replaced batteries can still do duty in toys, media players or electronic devices. Get the last drop of juice out of them before you recycle!

How's that home fire extinguisher hanging? Has it gone past the expiration date? Let's check!

Here's another idea! Since you have that stepladder out changing smoke detector batteries and clocks, double up on safety by checking light bulbs and fixtures. Have you considered replacing conventional bulbs with energy-efficient compact fluorescent or LCD bulbs? Rumor has it, replacing standard bulbs with energy-efficient ones saves money!

Check your first-aid kit. It's a good time to check your first aid kit again and replace or upgrade any missing supplies.

Fail to plan, plan to fail! This is also a good time to review your family emergency plan. If an emergency strikes, will your family know what to do? Review your family's emergency plan, or create one for the first time. Hold a meeting with your family members and explain what to do and where to go in case of an emergency.



Chapter E Membership Enhancement

Charlie and Ellen Smith

Hello fellow GWRRA riders,

It's almost that time of year when I don't mind riding on the back of the bike. I will admit that I hate riding in the cold. Of course I do ride in the cold for Rally in the Valley, but I don't like it. We don't have the heated clothing like other riders in our chapter.

Now Charlie is starting a project at our house, he's putting hardwood flooring down in the three bedrooms upstairs. We put the laminate downstairs this past winter, and we tried it in our son's bedroom, but we decided we didn't like it up against the wood floors in the hallway, so he's going to take that up and put hardwood down. He's starting with the grandkids old room first, then he'll do Charlie's room and our room last once he's really got the hang of it. That way all the trial and error will be done in the other rooms first and our room will be done the best. We have all the furniture from the kid's room in our room right now. I'll put have pictures from the finished product next month.









We just wanted to remind everyone about the maintenance day at our house on April 6, 2013. Everyone is welcome whether you have anything that needs done on your bike or you just want to visit with everyone and get out and ride over. We have a large garage and lots of room to work on your bike. So please, come out and just visit or work on your bike, either way come for some great company.









Hope to see you on April 6th, until then be safe out on the roads and take care.

Ellen and Charlie Smith

MEC VA-E

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Events/Ride/Photos



On Sunday, February 24th, five of us headed down to VA-B Virginia Beach for their annual Polar Bear Run. Gordon, Claude and Jeff were on bikes, Ron and Linda followed in their truck. Although we woke to a rain shower, the rain stopped just before we met at WAWA to depart. We

took all Interstates down and made extremely good time. As usual, I chose not to bring my heated gear and I regretted that the whole way there. Jeff was a little cold to but Claude was quite comfy in his heated gear. VA-B had their event at a farmers market in Virginia Beach and I have to admit, it was a great location. The market had one way in/out and all the market buildings/stalls were situated in a circular pattern with an open grass area with pavilion in the middle. All the bikes were backed up to the buildings and we were able to walk around the driveway and view all the bikes, and there were a lot. Many different groups supported VA-B's event and there were bikes of every make and model (around 150 in all). We decided to skip the poker run (actually, I decided to thaw out) and we spent the morning looking at the bikes and talking with the people.





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Events/Ride/Photos



We stopped and talked to a Cam Am Spyder owner who works in the medical surgical equipment field. He used a lot of surgical medical devices to decorate his bike and make useful camera mounts, cup holders and other mounts. He took the time to tell us what each piece of metal was used for in surgery and how he adapted it to his bike. The event was kept on schedule and we ate promptly at noon. They had many types of chili and I found a venison version that was quite good. Even though we played the games and entered raffles, Jeff was the only one

who came away a winner as he won a lottery ticket tree with over \$150 in lottery tickets. He told us we would share in his winnings, but I have not heard or seen him

since...hmmmmm. Jeff also received a plaque for the longest distance traveled one up. On the way home, we took route 17 from Newport News back to Fredericksburg. It pays to have Ron along with his pickup and a CB. We had some yahoo on route 17 that decided he was going to hold up the bikes,



Ron was out in front of us and heard us complain about him, and Ron edged over and blocked the yahoo so we could get by. Ron also secured lanes for us in his truck, way to go Ron. We needed to protect our precious cargo...Claude, Jeff and I all bought scrumptious desserts at a bakery there and were taking them home to our wives. We had a wonderful day and I will be sure to go to the Polar Bear Run next year (with my heated clothes).







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TECH TIPS: WEBDUDE

The Big Switch – Win to Mac



Since I am in the tech/IT/coding/gadget field, I decided to make a big change in my computing environment. I'm not talking about changing the hard drive size or finally upgrading to Windows 8. I am talking about the jump from using a Windows (PC) computer to using a Mac. I will tell you one thing. There is definitely a learning curve that I have to overcome! Most of things that you want to launch require a single click instead of a double click. Mac uses a mouse with just one button, although you could use a standard mouse. That would be learning curve number one! They even have a smart mouse that you can just run your finger over, very similar to the mouse pad on a laptop. How cool is that? The MacBook air was designed to provide

MARCH 2013

QUICK LOOK



Avoid questionable websites. Websites that throw popups should be your first clue that this is a website that you should stay away from.



Only download files from websites that you trust. Carefully evaluate free software and file sharing applications before downloading.



Download and install anti-virus software such as Webroot or AVG. http://webroot.com http://avg.com



Always update your operating system As a matter of fact, if it has automatic update, as all Windows versions do, and then be sure to enable that feature.

A proactive approach to preventing threats will increase your chances of safe surfing!

the user with portability and convenience. It weighs less than 2 pounds, requiring little effort to lift it. With the lid closed, is less than a half and inch thick. It comes complete with a solid-state hard drive, increasing access times that decrease boot times.

This is what sold me. The solid state drive does not have any moving parts which makes access times much faster (I won't bore you with the actual specs) and makes it much lighter, making it more portable. Since there are no moving parts, the hard drive does not generate any heat. The battery life is great! I can work all day without having the need to charge my computer. Laptops that are equipped with a typical hard drive have a tendency to generate so much heat that it can be unbearable to use for any length of time. You may be saying that anyone can get a solid state drive in a Windows machine (such as a Dell or a Toshiba) and have the same experience with the access times and lack of heat. True, but I think Apple has made it a more inviting experience overall with their user interface. I'm not saying that I like Mac over Windows, I am just providing my experiences with both in case you are looking to make the switch like I did. I can safely say that I am glad that I did.



Events/Ride/Photos



Daylight Savings Time Ride

On Sunday, March 10th, Gordon, Jeff, Larry G and Mark set off on a ride around Lake Anna. We met at Danny's Pizza for lunch and took off from there. We circled over 90% of the lake and crossed over it and its tributaries 12 times during the ride. The

weather was absolutely gorgeous and we soaked up all the sunshine we could. We stopped by Lake Anna State Park and enjoyed the scenery there. After parting with Jeff, the rest of us headed back to the burg and visited with Dannie and Carole. We had a wonderful time that day and finished up with a fantastic visit to good friends. I couldn't ask for more.

Gordon

Chapter VA-A Visit & and Tom McGrath

The last couple months have been pretty hectic for me. Between travel, work, family, and other personal commitments I haven't been able to participate in very many GWRRA activities. I did stop by and see Karen Kestner when she was in the hospital recovering from knee surgery (although I doubt she remembers I was there! In her 'medicated state' she asked me the same question FOUR different times in a 30 minute span, and didn't remember that she had already asked the question. LOL!)

Earlier this week VA-E's 'Honorary Dual Citizenship Member' Joe Campbell sent me an email advising that VA-A was having Tom McGrath as a guest speaker at their monthly meeting in Burke VA. I was originally scheduled to work late the day of the meeting, but luckily it turned out that I was able to attend after all. I have had the pleasure of hearing Tom (or a member of his staff) speak a number of times on several different subjects and always find the discussions interesting, and very informative. This one was no different. Tom went over some of the legislative changes from the recent General Assembly session.



Events/Ride/Photos

Chapter VA-A Visit & and Tom McGrathcontinue

The biggest change that affects motorcyclists seems to be the way the DMV will be issuing motorcycle endorsements for drivers licenses. Currently an 'M' endorsement on a driver's license permits the person to drive both 2 wheeled and 3 wheeled motorcycles. Tom explained that the General Assembly has added two additional endorsements for 'new' motorcycle licensees. The new 'M3' endorsement will only allow the license holder to ride a three wheeled motorcycle (Can-Am, trike, sidecar, etc.) and will not permit them to operate a two wheeled motorcycle. The new 'M2' endorsement will only cover two wheeled motorcycles, and will not permit the operator to ride a three wheeled motorcycle.

If you currently have an existing 'M' motorcycle endorsement, as I understood the discussion, the next time you renew your driver's license you will be asked to certify what motorcycle types you are qualified and experienced in operating. It was pointed out, that if you have an existing M endorsement (which currently permits you to operate both two wheeled AND three wheeled motorcycles) and you certify that you are only qualified for two wheeled motorcycles, they will issue you ONLY the M2 endorsement, meaning that you will lose the ability to ride three wheel motorcycles. If in the future you wanted to add the three wheeler endorsement back to your license, you would have to start over and take a training class specific to three wheel motorcycles and obtain your M3.

The same in reverse applies for three wheelers. If you currently have an existing M endorsement and you only certify that you are experienced and qualified for three wheelers, they will only issue you the M3 endorsement and you will not be permitted to operate two wheel motorcycles unless you separately take a motorcycle class and add the M2 endorsement.

Confusing? Yes. It can be. The biggest point is if you have an existing M endorsement and feel that you are qualified and experienced with both two wheel and three wheel motorcycles, then you should certify for both... because adding a classification later will require you to 'start over' for the endorsement that you want to add.

If anyone has any questions, please feel free to ask me. I'll be happy to relate the discussion the best that I understood it (That said.... I'm not discounting that I may have gotten something incorrect. It happens. Occasionally. J).

I'd like to thank Tom McGrath and his staff. They donate a mindboggling amount of time and resources towards the motorcycling community as a whole, and GWRRA specifically. If you ever get the chance to hear them speak, I would highly recommend it.

A special thanks also goes out to Chapter VA-A, and to Joe Campbell for the invitation. I've attended a number of meetings at VA-A, and have always had a good time.

Mike P (the Pony Tail'd one...)



Events/Ride/Photos

From: Martin McFarlane <mramcfarlane1@gmail.com>

To: Jeff Burke <jburke@hoppmann.com>; Claude Revely <seadoggw@att.net>

TRUE FRIENDS



In GWRRA, we are always talking about the motto of our organization as friends for fun, safety, and knowledge. We ride together, we go out and eat together, socialize together, sometimes work on bikes together and have a good time. Like true friends should do. We even have potluck dinners just to be with our friends and participate in maintenance days. Also we pray together. We pray for one another's health and health problems, visit them in the hospital and pray for their recovery. I feel blessed to have friends that I can count on. I always pray for a safe ride when we are out and about on our motorcycles.

Evidence of a good friend, in the recent snow storm, some of us lost power for a few hours and others lost power for days. I was the unlucky one and had no power for three days. On the afternoon of the second day, I remember a good friend, and GWRRA member had a generator, and he was not using it.

He had not lost power to his home, so with a phone call, I ask if I could borrow his generator that was just collecting dust in his garage. At first, he was very hesitant about it. We were good friends, but this was just about out of bounds for borrowing. It was valued at a good amount of money. He remembered that years earlier someone had loaned him a generator in his time of need. I did not say anything to him, but if anything had happened to it, I would have had it fixed or replaced it. So, with a quick trip into Fredericksburg and back home on Thursday afternoon, I had power to my refrigerator in the kitchen and my freezer in the basement. (what a relief)

Saturday morning, I woke up with no power. I fixed breakfast on the barbecue grill outside, and before I was finished cooking the pancakes at about 9:00am the power came back on. Almost three days with no power, NOT FUN. Side note: Other friends of chapter E had invited me over to their home as well. I'm glad power is restored and hope it is a long time before it happens again.

(Friendship is Priceless)

Jeff

Here's a recipe that I've made up myself and people seemed to like it at a potluck that I brought it to.



Sloppy Joe Cornbread Bake

1 lb ground beef/turkey
1 can sloppy Joe
1 box a Jiffy Corn Muffin Mix

Pre-heat over to 400 degrees

Brown ground beef/turkey until cooked. Mix with can of Sloppy Joe and put into a rectangle baking pan. (9x13)

Mix up a box of Jiffy Cornbread mix as directed and spread over sloppy joe mix as even as possible. You can use two boxed of mix if you have a bigger pan, but use more ground beef/turkey and Sloppy Joe.

Bake according to instructions on box of muffin mix.

I don't really have a recipe for it, I just make it depending on how many people I'm going to feed. You can change it if you want or need to.

Let me know if you need anything else, I have lots of cookbooks, so I can look for a different one too. I collect them and have loads of cookbooks.

Thanks,

Ellen

Ellen Smith goofy41119@aol.com



Classified Ads / "E" nouncements

GOLD WING ROAD RIDERS ASSOCIATION, INC.

Director of GWRRA

Jere D. Goodman

93 Stefaniga Farms Drive

Stafford, VA 22556-6609

Cell Phone: 540-623-0447

E-mail: Director@GWRRA.org

March 1, 2013

OCP-Officer Certification Update

Ben Franklin once said, "Investment in knowledge pays the best interest."

When we introduced the Officer Certification Program (OCP), our intent was to provide a learning environment in which knowledge was shared with our Operations Directors and Assistant Directors. That knowledge gave those Officers a greater insight into GWRRA by facilitating a better understanding of our organizational structure and the basic policies and procedures. We made it mandatory training because we felt that the information was so critical to successful operations that we wanted to ensure that everyone in Director/Assistant positions benefited from the same knowledge base. We even went a step further and offered OCP to everyone else interested in learning more about the organization.

Initially, we experienced a considerable amount of pushback because the word, "mandatory," did not sit well with some of our membership. Unfortunately, we did lose some of those members. Some of our Officer's took the course reluctantly, but they did take it, and the feedback from those who have taken OCP has been very positive. Many have said they benefited from learning something new and wished this course had been available years ago. Actually, the information taught in OCP was not new - it was always available through our Officer's Handbook. However, the OCP classroom experience did focus on the fundamentals and enabled attendees to ask questions. It was also a great opportunity for attendees to meet new friends and connect with one another.

What started out as $1\frac{1}{2}$ day program has now evolved into a one-day course that is also available online for those who are not in a position to travel - or the number of attendees is too small to schedule a class.

What is most disconcerting is that the OCP "mandate" resulted in a negative perception that many other GWRRA offerings are also mandatory! It is my belief that the OCP mandate dissatisfaction served as a catalyst for many inaccurate, negative perceptions. (Please see my March 2013 Wing World Magazine article about the "Anti-Fun Perception.")

In addition, reluctant or forced attendance does not foster a positive learning environment, especially if you are continually lamenting the fact that you are there! It is a known fact in education that those interested in self-improvement and learning, benefit more because they come willingly to training.



Classified Ads / "E" nouncements

Another possible perception brought on by the OCP "mandate" is that GWRRA fails to listen to the members. In my February article on "*The Stone that Sharpened the Sword*," I made the following statement: "You and your thoughts do count!" These are not just words.

Words constitute feedback that can result in actions when appropriate and in the best interest of the membership. Some may feel when a decision is made, never go back. This is an area we may have to agree to disagree. My philosophy is, if it is wrong, correct it, regardless of how long it has been in place. Just because we always did something a certain way, does not necessarily make it right for today. OCP as a one day course and on-line course are examples of listening to the membership.

As such, effective March 1, 2013, OCP will no longer be mandatory for anyone.

However, OCP is not going away! It will still be offered and promoted to the fullest. **I strongly recommend that all volunteers take the course**, especially if you plan to serve as a Director/Assistant at a Chapter level or higher. In fact, OCP completion will be a factor we consider when multiple candidates are interested in the same position.

Let's look at some additional benefits to taking OCP... Simply put, a better understanding of the organization will give you a better experience. It will also help you be more successful as a volunteer. As a Director/Assistant, it will also make you GWRRA-knowledgeable and a "go-to person."

To all of the Officers, and the many members/volunteers who chose to attend OCP, I applaud your desire to learn more about our great organization! To all the dedicated trainers who continue to impart knowledge through OCP, *thank you*, your efforts contribute significantly to GWRRA and bring about better experiences for all of our members!

GWRRA offers a buffet selection of fun events, rides, and learning and each of us makes choices as to what pleases our palette. OCP is now part of the buffet for everyone and I sincerely hope that you will recognize the value and will sign up to take the course – in person or online!

Ride safe and be well.

Sincerely,

Jere D. Goodman

Director of GWRRA



Classified Ads / "E" nouncements

Looking for Golf players who would be interested in starting a golf team. With possibilities of playing in a tournament against other Chapter Players. Please contact Ron Hardisty at www.wing89.1@juno.com.

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Classified Ads / "E" nouncements



Wing Ding, Official Products Orders and membership dues tickets/points will be added to the Member listed on the invoice.

After payment is taken, tickets/points will not be transferred to another Member record for the purpose of consolidating points.

For Official Contest Rules, please visit GWRRA.org

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Schedule of Events

We have a number of events coming up so please mark your calendars.....

March 20th, Wednesday, E Team Social Gathering. March 30th, Saturday, CPR training at Salem Library.



April 6th, Saturday, Maintenance Day at Charlie and Ellen's. April 13th and 14th, Horizon Program in Charlottesville April 17th, Wednesday, E Team Social Gathering. April 20th, Saturday, MS Walk in downtown Fredericksburg.



2012—2013 GWRRA Virginia District Staff

District Director

Dennis & Kristen Weston (8/12) 757-463-4429 Dennis - dweston6@verizon.net

Kristen - talk2k@verizon.net

Asst. District Director (North) - VA-A, E, F, I, R, and Y

Rick Baker (05/12) 703-318-5899 rickbaker2006@verizon.net

Asst. District Director (East) - VA-B, C, D, L, O, U, and W

Rich and Debbie Bonham 804-536-9025 richardbb@verizon.net

Asst. District Director (West) - VA-H, J, K, V, and X

Wayne & Kathy Whitworth (05/10) 540-586-0984 Wayne - wayne69997@yahoo.com

Kathy - kwhitworth56@verizon.net

District Educator John Howe (11/10) 701-471-0795 howeclan15@msn.com

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Asst. District Educator (North) Greg & Karen Kestner (01/07) 540-439-2408 kgkestner@verizon.net

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District Treasurer Hope & Bob Carneal (11/10) 804-378-9301 vabobhope@gmail.com

Member Enhancement Coordinators (MEC) Tommy & Gayle Wilson (10/12) 540-238-3136

540-238-3263 t17wilson@gmail.com— ghwilson208@gmail.com

District Chapter of the Year Coordinator Tammie Pierce 757-850-0681 wonderwoman68@cox.net

District Couple of the Year Ray & Tammie Pierce (10/12) 757-850-0681 rpierce@cox.net

wonderwoman68@cox.net

District WebMaster Dennis & Kristen Weston 757-463-4429 dweston6@verizon.net

District Rally Vendor Coord. Linda Carlyle & Trish Adams 804-652-9520 lindaredwing@comcast.net onebchnut@charter.net

District Newsletter Editor Kathy Skinner (02/12) katherineskinner@cox.net

Rally Camping Coordinators Keith & Carol Lindgren (11/10) klindgren22@cox.net







Chapter	Area / Location	Chapter Director * Senior CD	Phone Number & Email	Monthly Meetings & WebSite
VA-A	Northern Virginia	Mary O'Connor (11/09)	703-378-3873 eMail: <u>maryoc4429@aim.com</u>	2nd Wed 7:30 pm - Commons Community Center, 5701 Roberts Parkway, Burke, VA 22015
VA-B	Virginia Beach	Bob & Ann Lutton (8/11)	757-641-5510 eMail: b.lutton@verizon.net	2nd Wed 7 pm -BUFFET CITY, 3877 Holland Rd, #416, Va. Beach, Va. 23462
VA-C	Hampton/Newport News	Mel Brooks (01/12)	757-596-7943 eMail mrmelb@cox.net	2nd Sun 7 pm - Angelo's Steak & Pancake House, 755 J. Clyde Morris Blvd, Newport News
VA-D	Richmond	Allen & Debbie Dow- ell (01/13)	04-222-1303 eMail:dowellmickey@com cast.net	4th Wed 7 pm - Candelas Pizzeria & Ristorante Italiano 14235 Midlthoian Turnpike 804-379-0910
VA-E	Fredericksburg	Gordon Combs (08/10)	540-840-0394 eMail: gorcom@msn.com	3rd Wed 7:30 pm - Golden Corral, 10320 Spotsylva- nia Ave, Fredericksburg, VA
VA-F	Winchester	George & Brenda Tincher (01/09)	571-934-7067 eMail:tincherg@comcast.net	4th Sun 9am - Golden Corral, 120 Costello Dr., Winchester (phone: 540-667-6329)
VA-H	<u>Abingdon</u>	Paul & Dorothy Baker (11/1-)	276-628-6047 eMail:09nellie@comcast.net	2nd Tue 7 pm - Abingdon Moose Lodge, US19, Porterfield Hwy, Abingdon
VA-I	<u>Manassas</u>	Tom & Kathy DeWispelaere (2/11)	703-361-3373 eMail:tjdewisp@yahoo.com	2nd Sun 10:00am - <u>Great American Steak & Buffet</u> , 8365 Sudley Rd., Manassas
VA-J	South Boston	Don & Teresa Mitchell (02/11)	434-792-0816 eMail: donpmit@yahoo.com	2nd Mon 7:30 pm - Roma's Italian Restaurant and Grill, 3403 Old Halifax Rd., South Boston
VA-K	<u>Roanoke</u>	Robert & Barbara Palmer (01/13)	540-580-1514 eMail: <u>nannapuddin2x</u> @yahoo.com	2nd Mon 7 pm - Great 611 Steak Co., 3830 Franklin Rd., Roanoke <u>Chapter K Website</u>
VA-L	<u>Chesapeake</u>	Dave & Linda Harris (01/12)	757-576-5779 eMail: davenat@aol.com	4th Tues 7:00 pm -Pops Diner Co., 1432 Greenbrier Parkway, Chesapeake, VA
VA-O	Williamsburg	Joe Dickson & Karrin Frankie (01/05)	757-872-0690 eMail:widetrack48@cox.net eMail: foxslady@cox.net	4th Sun 5 pm - <u>Belgian Waffle & Steakhouse</u> , 14700 Warwick Blvd., Newport News
VA-R	<u>Harrisonburg</u>	Rex & Rose Hines (01/12)	<u>540-825-9218</u> eMail:	1st Sun - 3 pm - Golden Corral exit 247A, Rt. 33 E. 2 miles off I-81, Harrisonburg
VA-U	<u>Hanover</u>	Rob & Cheryl Ramsey (01/13)	276-806-8290 eMail: <u>gwrra.vau@gmai</u> <u>l.com</u>	3rd Sun 3 pm - Anna's Italian Restaurant, 7009 Mechanicsville Tnpke, Hanover Village Shopping Center
VA-V	<u>Bedford</u>	Alice Miller (01/13)	540-580-0257 eMail: <u>alice.miller6711</u> @yahoo.com	3rd Sun 3 pm - Fellowship Hall of St. John's Episco- pal Church, 314 N Bridge St, Bedford
VA-W	<u>Chester</u>	Bill Martyn & Jennifer Knight (08/10)	804-241-6910 eMail: Bill:wmartyn@aol.com Jennifer:willsgirl56@aol.com	2nd Tue 7 pm - Pietro Pizza - Italian Rest., 2601 Osborne Rd, Chester
VA-X	Salem	Tony & Vickie Ayers (1/10)	540-293-4982 eMail:goldwingpa@gmail.co m	1st Sat 4 pm - Shoney's 101 Wildwood Rd, Salem
VA-Y	<u>Leesburg</u>	Matt Caradona (01/12)	703-655-2109 eMail:gwrravaycd@gmail.co m	3rd Sun 5 pm - Betucci's in Ashburn, VA, 44042 Pipeline Plaza



GWRRA Chapter VA-E Fredericksburg, Va.

Contact us via http://www.battlefieldwings.com/contact/

Chapter Director
Assistant Chapter Director
Chapter Treasurer
Rider Educator
Assistant Rider Educator
Membership Enhancement Coordinator
Motorist Awareness Coordinator
Chapter Couple
Triathlon Coordinator
Triathlon On-Site Coordinator
Ways and Means Coordinator
Chapter Goodies Coordinator
Hosts and Welcome Coordinator
Recognition/Special Awards Coordinator
Correspondence Coordinator
Correspondence Coordinator
Chapter Photographer
Ride Coordinator
Ride Coordinator
Ride Coordinator
Ride Coordinator
Ride Coordinator
Technical Coordinator
Technical Coordinator

Gordon Combs
Jay Brown
Tony Poulakowski
Larry Gray
Dan Honaker
Charlie and Ellen Smith
Karen Kestner
Dannie and Carole Hays
Gordon Combs
Butch Groves
Julie Combs
Richard Wilson
Nancy Groves
Mike Plaugher
Rosa Seale
Ellen Smith
Sharon Poulakowski
Jeff Burke
Gordon
Charlie Smith
Eddie Seale
Greg Kestner
Larry Gray



At chapter "E" we emphasize that we indeed are a team of riders/co-riders interested in Goldwings, riding, and most of all, having fun. Some think that we are mostly interested in eating. You will need to join and be the judge! Come on out and join us! We would love to see you! We meet to eat at 6:30pm on the third Wednesday of each month at 10320 Spotsylvania Ave., Fredericksburg, Va. (38° 14'28.60" N 77° 29' 51.27" W elev. 186') The chapter meeting starts at 7:30pm thereafter. We are located in Fredericksburg, VA, about 50 miles south of Washington D.C. and about 50 miles north of Richmond, VA.

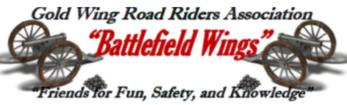
Visit these National and Local sites for more Information

http://www.region-n.org/

http://www.gwrrava.org/

http://www.gwrra.org/







Editor's Desk

My fellow "Wingers".

Slowly I have been gearing up for Greenville, SC., trying to renew my stamina for distance riding. I have a couple of rides with the chapter under my belt and a couple of rides with my brothers from church. I am so looking forward to doing a great deal more!

We are looking for your riding stories to

share. Please submit them to the address below by the end of the month to be included in the next edition of your newsletter.





Please submit all articles and pictures to the following address;

seadoggw@att.net.

Thanks and safe

riding!!!