



# The Battlefield Buzz



Virginia District Chapter-E Fredericksburg, VA

Region N

Issue 2013 - 05

## Chapter Director

*Thoughts from Gordon and Julie*

Greetings E Team,

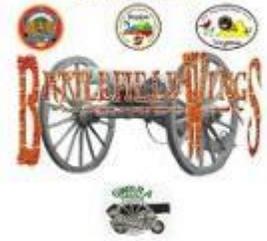
We are now in full speed for the riding season and have been quite busy. On April 20<sup>th</sup>, a number of us helped Mike and Carol with the annual Multiple Sclerosis Walk at James Monroe High School. We met early in the morning for a hardy (actually, Hardees's) breakfast, then off we went to mark the walk route. Julie and I did the 5K walk afterwards while everyone else rode the route to offer assistance if needed. After the race, we rode the route again to take down the directional signs. Thank you Mike and Carol for always asking us to assist you with this event.

On April 27<sup>th</sup>, quite a few of us met a Gander Mountain to support a Motorist Awareness Day arranged by Charlie and Ellen. We had our bikes on display; we displayed riding gear and had promotional items to pass out. In addition, we displayed two save a life, look twice, motorcycle awareness signs on route 3. A couple on a gorgeous Gold Wing trike saw us and stopped; we can now welcome new members Steve and Evelyn to the E Team. Thanks to everyone who participated to make this a successful event.



GWRRA, REGION N, VIRGINIA DISTRICT CHAPTER VA-E  
BATTLEFIELD WINGS FREDERICKSBURG, VIRGINIA

[www.battlefieldwings.com](http://www.battlefieldwings.com)



Chapter's Social Gathering every  
3rd Wednesday of each month  
@ 6:30 pm at the Golden Corral,

**Address:** 10320 Spotsylvania  
Avenue, Fredericksburg, VA  
22408

**Phone:** (540) 891-2022

May 2013



## Chapter Director *Continued from Page 1*

On May 4<sup>th</sup>, Gordon, Larry, Mark, Claude and Eddie/Rosa headed down to Harrisonburg for Chapter R's Shenandoah Fun Fest at Blue Ridge Power Sports. When I got up that morning, the weather man was calling for it to warm up so I decided not to put on my heated gear. Let's just say it is better to have it and not need it, than to need it and not have it. Although cold, the ride down over the mountains and the valleys was fantastic. We all had a good time, good food, and some of us came away with some game prizes. Somewhere else in this newsletter should be some pictures of Larry keeping himself busy while we checked our tickets. On the way back, we stopped for the required ice cream fill up. It was a great day and the riding was superb.

We have many more rides scheduled, so I hope you can take a time out from everyday life and join us for the fun.

Gordon ,



More from Motorcycle  
Safety Awareness Day!



## Chapter Director *Continued from Page 2*



It looks like Gordon lost too much weight!!!!



Frankie's new altered wind-shield!!!

How many Goldwingers does it take to change out and install a new wind-shield?



## Membership Enhancement Coordinators

Hello fellow GWRRR riders,

It's the time of year when we should be able to ride all the time. The only problem is the weather isn't cooperating with us on this though. Plus, I don't know if anyone was around with bikes during the last cicadas run, but I'm not looking forward to riding with them flying all around either. My trees are starting to get lots of them now. I haven't seen them fly around, but I've heard it's pretty bad. I haven't heard them either which I've heard is very loud. I guess I'll have to wait and see how it is before I get on the bike and decide then.

We had our maintenance day and it turned out good. I'm not sure of everything that was done to the bikes, but I think everything that was needed was done.



We went to Gander Mountain for a motorcycle/GWRRR awareness event. During the 4 hours we were there, Frankie got a new windshield. We had a couple people stop and even got some new members out of it. They drive the trike that I have here with the pics.



We just wanted to thank everyone who came to the maintenance day at our house on April 6. We would also like to thank everyone who came to Gander Mountain for that event. We hope to have more events planned in the near future.

Hope to see you on the road, until then be safe out on the roads and take care.

Ellen and Charlie Smith

MEC VA-E

# Chapter Director *Continued from Page 3*



Visiting Chapter R in Harrisonburg, VA



## Chapter Rider's Education

*strategies to live by from Larry*

# Shifting Gears

This month I want to talk about shifting your mental state from whatever you were doing to riding. This is important. The Hurt report (old but probably still accurate in this regard) states that half of the accidents his team studied occurred in the first six minutes of the ride. How could that be? The most plausible explanation I can see is that the riders were not really "into it" and were not using all of their mental abilities.

Riding is both mental and physical. I won't hazard a guess on what percentage of each but apparently the mental aspect is very significant. We should make a conscious effort to mentally get into our riding mindset before swinging a leg over the bike. Sometimes this is easy – we've been anticipating the upcoming ride for some time and have practiced it in our minds several times. We've thought about the seriousness of riding and our need to let other things go and concentrate fully on the ride at hand. In these cases, we are ready to go.

But, maybe, such is not the case for your commute home. You're still thinking about an issue at work. Or maybe you just had a tiff with your spouse/child/neighbor. Whatever the reason, your mind is not on the ride but elsewhere. If you start your ride in this condition, you are assuming an extra risk – maybe one that will accumulate with other factors in the next six minutes to cause a crash. How can we avoid that?

A first step might be to simply imagine the ride for awhile before starting out. After you perform your pre-ride inspection, try mentally rehearsing the ride before shifting into first. (By the way, performing the pre-ride inspection – you do at least check tire pressures don't you? – probably also helps in moving your mental state from wherever you were doing to riding.) If the things on your mind are not so easily evicted to make room for your riding mindset, try something challenging at slow speed before picking up speed for the real ride. I'm thinking of things like practicing a quick stop or two or making a U turn tighter than you thought you could while looking where you know you should rather than at the imaginary (or real) pavement edge. We all have motorcycle skills that can be improved and challenging ourselves in this way forces other things out of our heads. Yes, it looks like we are working a physical skill but if you are really pushing the limit of your current abilities your mind gets engaged. After it's engaged, rehearse the real ride in your mind and be on your way.

Maybe attempting something challenging (tighter U turn) is more than you think you care to try (the tiff was a serious one with your spouse and you can't shake it). If that's true, shouldn't you postpone the ride given what Dr. Hurt discovered?

Larry



**Knowledge for safe and fun Motorcycling!!!**



## Chapter Rider's Education

*Continued from Page 4*

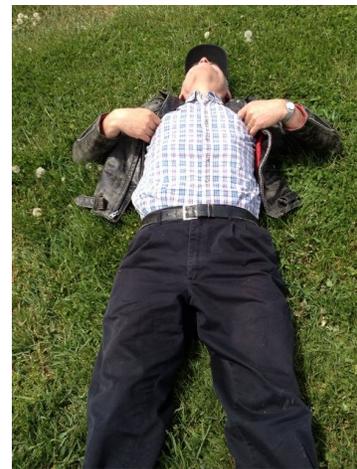
While visiting Chapter R, our own Chapter's educator decided to "pose" for some candid pictures...or take a nap. You decide.

Comments by CD



I sure hope that was gas and not something else

You're right, my deodorant isn't working.



I'm too sexy for my grass



Sing to the song "These Boots". These boots are made for sleeping, and that's just what they'll do, one of these days these boots are going to ride a cycle too.



# SPECIAL

**Subject:** Maybe you saw this. I think it ought to go out to the chapter although I no of no one running Continental tires.

**From:** larrygraygm@gmail.com

**Date:** Mon, 4 Mar 2013 20:45:11 -0500

**To:** gorcom@msn.com

**Subject:** Gold Wing Tire Recall - Continental

You have to send them the old tire (at their expense), a copy of the receipt for the replacement tire (which will have to be another brand, since Continental has discontinued that particular type and size), and a form. They'll reimburse a flat \$350 for the new tire.

[http://www-odi.nhtsa.dot.gov/owners/SearchResults?searchType=ID&targetCategory=R&searchCriteria.nhtsa\\_ids=13T001](http://www-odi.nhtsa.dot.gov/owners/SearchResults?searchType=ID&targetCategory=R&searchCriteria.nhtsa_ids=13T001)

From the website:

#### SUMMARY:

Continental Tire is recalling certain ContiMotion motorcycle tires, size 180/60R16 M/C 74H produced from December 19, 2010, through September 24, 2011. The tires were sold as replacement equipment for Honda GoldWing 1800 motorcycles. Some of these tires may experience uneven wear, groove cracking, and belt lift. This could result in a loss of inflation pressure.

#### CONSEQUENCE:

A loss of inflation pressure while riding could cause the motorcycle operator to lose control, increasing the risk of a crash.

#### REMEDY:

Continental Tire will notify owners and reimburse customers for the affected tires. The recall is expected to begin during February 2013. Owners may contact Continental Tire customer service toll-free at 1-888-799-2168.

#### NOTES:

Owners may also contact the National Highway Traffic Safety Administration Vehicle Safety Hotline at 1-888-327-4236 (TTY 1-800-424-9153), or go to [www.safercar.gov](http://www.safercar.gov).

Larry

Stable email address: [larry.gray@alumni.purdue.edu](mailto:larry.gray@alumni.purdue.edu)

The Fredericksburg MS Walk – April 20<sup>th</sup>, 2013

We have been participating in the MS Walk for approximately 20 years. As in the past, Chapter E's participation in this year's walk was absolutely incredible!

There were 9 bikes!

Mike, Gordon, Dan, Butch, Claude, and Jeff, Tony, Mark and Larry (all first timers) were awesome! They put up route marker/signs, removed them after the walk, patrolled to entire route to monitor walkers and provide some traffic control.

This year we had two walkers participating from Chapter E, (we have had some walkers throughout the years), with Julie & Gordon Combs. Maybe next year, Chapter E can have a team! How about that Ladies?

A special thank you to Chapter E, for helping this year's MS Walk to be so successful!

We look forward to working on the MS committee, organizing and planning the 2014 MS Walk!

As always,  
Ride Safe,  
Mike & Carol Lucas



# SPECIAL

Kaelyn Kelly



## News Release

For Immediate Release

### AAA SAYS DRIVERS OF ALL VEHICLES SHARE SAFETY RESPONSIBILITY

HELENA, Mont., (April 30, 2013) – As warm weather leads to dry roads, motorcyclists are taking advantage of the perfect conditions for spring riding. AAA encourages all motorists to brush up on the rules of the road in honor of May being Motorcycle Safety Awareness Month.

In 2011, motorcycle crashes accounted for more than 10 percent of Montana's fatal collisions and approximately six percent of all injury crashes according to the Montana Department of Transportation. AAA and MDT are working to reduce these numbers and make the road safer for all motorists.

“Responsibility goes both ways,” says AAA spokeswoman Kaelyn Kelly. “Motorcyclists should make themselves visible to other vehicle drivers by wearing bright clothing, using their headlight and being aware of other motorists’ blind spots. Car, truck and SUV operators should thoroughly check their blind spots, give motorcycles a wide berth when possible and practice other responsible behaviors like avoiding distracted driving.”

AAA offers other helpful tips to keep all motorists safe on the road:

#### Motorcyclists –

- Be as visible as possible by wearing reflective materials, keeping your headlight on day and night and flashing your brake light when slowing down
- Dress for safety by always wearing a helmet and eye protection, wearing long sleeves and thick material like leather and choosing over-the-ankle boots
- Stay aware by constantly scanning the road, riding in the part of the lane where you are most visible and signaling your next moves well in advance

#### All Motorists –

- Be as cautious as possible by double-checking any blind spots, always using your turn signals and avoiding sudden stops
- NEVER drive while under the influence of drugs, alcohol or anything else that impairs your physical or mental ability to operate a vehicle
- Pledge to end distracted driving behaviors by not texting, checking email, eating, grooming or engaging in any other activity that takes your eyes off the road, hands off the wheel or mind off driving

AAA MountainWest is dedicated to providing its over 180,000 members in Alaska, Montana and Wyoming with travel, insurance, financial and auto-related services. A fully tax-paying, not-for-profit corporation, AAA MountainWest, Inc. works for the improvement of motoring and traveling conditions and is a leader for travel, civic and safety issues. AAA can be visited on the Internet at [www.AAA.com](http://www.AAA.com).

# SPECIAL



## NEWS RELEASE

For immediate release

Contact:

MMRS- MSU Northern  
800-922-BIKE (2453)

Jim Morrow, Director

[james.morrow@msun.edu](mailto:james.morrow@msun.edu)

## May is Motorcycle Safety Awareness Month

On Wednesday, May 1, 2013, at twelve noon, Governor Steve Bullock and Lt. Governor John Walsh will be signing an Executive Order in the Governor's Reception Room at the Montana Capital Building in Helena to recognize May is Motorcycle Safety Awareness Month. On behalf of the Motorcycle Crash Emphasis Area Work Group of Montana, we would like to invite you to attend this special event and encourage a strong showing of motorcycle enthusiasts at the signing to help kick off this statewide safety and awareness event.

The Motorcycle Crash Emphasis Area Work Group, as part of the Comprehensive Highway Safety Plan collaborates with a number safety stakeholders and partners, including motorcycle dealers and rider organizations, law enforcement, Montana Motorcycle Safety Advisory Board, Montana Motorcycle Rider Safety, AAA, and other state and federal partners to reduce motorcycle fatalities and incapacitating injuries through educational materials, motorcycle awareness, and safety training.

This year the workgroup will initiate a broad-based motorcycle safety and awareness campaign commencing with the Executive Order and involving as many Montana cities, towns, and motorcycle enthusiasts as possible. This campaign will reach out to both motorists and motorcycle riders statewide and involve media and communities to promote motorcycle safety and awareness. To reduce crashes and promote education the workgroup encourages:

- Motorists to be aware of motorcyclists and share the road and never follow too closely, and Perform visual checks and to look twice especially at intersections and making left hand turns; and never drive distracted or impaired.
- Motorcyclists at all levels to get their endorsement and enhance their knowledge and skills with an approved Motorcycle Safety Foundation training course. This program offers a range of courses from Basic Rider through Advanced Rider.
- Motorcyclist to ride responsibly by using turning signals, obeying speed limits and warning signs, wearing proper personal protective safety equipment including visible clothing, and never drive under the influence.

Throughout the nation, May has long been considered the start of the motorcycle riding season. Often times other roadway users are unaware of behaviors that may pose hazards to motorcyclists. This event will be helpful to remind all roadway users to watch for and acknowledge motorcycles in the flow of traffic and make an extra effort to share the road with motorcyclists. You can help kick off this safety and awareness campaign by spreading the word to as many motorcycle enthusiasts as possible to attend this signing to kick off the 2013 motorcycle riding season.

# SPECIAL

... an interesting statistic from 2012.

According to the Department of Defense, the 2012 non-combat summer fatalities break out as:

47

on motorcycles

59%



27

in 4 wheel vehicles

34%



4

pedestrians

5%



2

on bicycles

3%



80

total

100%





## Events/Ride/Photos



*Dave is presented his Rider Ed safe miles patch by chapter educator Larry. Unfortunately, Dave did not earn a safe football team patch as evidenced by his shirt.*

## Events/Ride/Photos



A shout out to the following E Team members who support our Chapter working the triathlons.

May 4<sup>th</sup>...Butch, Larry, Tony, Claude

May 11<sup>th</sup>...Butch, Claude, Jeff, Charlie, Frankie,  
Eddie

May 12<sup>th</sup>...Butch, Claude, Tony, Greg



## Events/Ride/Photos

Weekend Ride to Grantsville Md (An Open Letter)

**Gordon:**

***Booking a spot for me at this gathering in Grantsville Md on the 2nd, 3rd and 4th of Aug. It's less than 4 hours and if any in our chapter would like to do it, I'd be glad for company.***

***Here's all I know so far but the area is fantastic, especially the Deep Creek Lake area. Mary and I enjoyed it back in the early 90's with the Maryland Retreads.***

Lloyd- we would love to have you there...especially with the new bike.

The Western Maryland event is just a meeting of a few folks out to have a good time. A guy names Doomas - lives in the area and have agreed to give us a tour and nice ride. I was there last year for a different event, met Doomas and fell in love with the scenic ride.

The hotel is the Comfort Inn (Phone: (301) 895-5993) located in Grantsville, MD. We have been able to get a reduced rate of \$89 for double beds and \$94 for King size beds. It looks like it is going to be a nice crowd of folks -and some from the local GWRRA chapter have mentioned that they will stop over.

I am arriving on Friday afternoon - settling down in the hotel and just talking to folks. Maybe Doomas will take us for ice cream that evening. Then, on Saturday, there will be an opportunity to take a nice ride...not too far - but a relaxing one. Sunday plans are up to the individual - I am probably headed towards Delaware for a few days. Then, I'll head down your way to Richmond, VA.

Sure am glad to hear you will be joining us.



## Events/Ride/Photos



As Chapter Director, I would like to thank Claude for his dedication to Chapter E. Claude purchased 10 safety vests for the chapter, had them screen printed with VA-E, and donated them for our use. When you see Claude, please thank him.

# INFORMATION

Rising Motorcycle Fatalities  
April 25, 2013

Over the past few years, we have read numerous articles which claim that while motor vehicle related fatalities have been decreasing, motorcycle related fatalities have been increasing. An article published this week on [NBCNEWS.com](http://NBCNEWS.com) made that same point.

Instinctively, this does not make sense. With the motorcycling community placing more of an emphasis on training and education, one would think that we would be seeing a decrease in motorcycle related fatalities. If you go to the website for the National Highway Traffic Safety Administration (NHTSA) you can find the fatality statistics through 2010. For illustration purposes let's look at motor vehicle fatalities from 2005 to 2010 since that is the last year in which NHTSA has reported data. While it is true you will see motor vehicle fatalities are generally dropping, motorcycle fatalities during this period have gone up and come down.

Interestingly, NHTSA further breaks down motor vehicle fatalities per 100,000 registered motor vehicles. However, they do not do that for each type of motor vehicle. It is only done for motor vehicles as a whole. Unfortunately, one cannot find a breakdown of registered motorcycles per year on the NHTSA site (to be accurate I should say I couldn't). However, if you go to the website for the Federal Highway Administration you can find motorcycle registrations by year and then compare those numbers to the reported fatalities from NHTSA. Those numbers break down as follows:

2005 - 6,227,146 registered motorcycles and 4,576 motorcycle related fatalities  
2006 - 6,678,958 registered motorcycles and 4,837 motorcycle related fatalities  
2007 - 7,138,476 registered motorcycles and 5,174 motorcycle related fatalities  
2008 - 7,752,926 registered motorcycles and 5,312 motorcycle related fatalities  
2009 - 7,929,724 registered motorcycles and 4,469 motorcycle related fatalities  
2010 - 8,009,503 registered motorcycles and 4,502 motorcycle related fatalities

When we look at those numbers, the motorcycles fatalities per 100,000 registered motorcycles from 2005 to 2010 break down as follows:

2005 – 73.48  
2006 – 72.43  
2007 – 72.48  
2008 – 68.52  
2009 – 56.36  
2010 – 56.21

As you can see, when we factor in registrations, we see that since 2005, motorcycle fatalities per 100,000 registered motorcycles are trending down as well. If that is the case, why don't we see any reporting on that fact? It is because simply reporting numbers without context is easy. It takes work to actually find relevant data to put the numbers into perspective. Those who have no interest in either motorcycles or motorcyclists are not going to do the work it takes to report accurately. After all, reporting that motorcyclists are killing themselves on the highways makes a much better story than reporting that our community's emphasis on training and education seems to be having a positive impact on highway safety.

Matt Danielson  
McGrath & Danielson  
Tom McGrath's Motorcycle Law Group  
1-800-321-8968  
[Motorcyclelawgroup.com](http://Motorcyclelawgroup.com)



# INFORMATION

## WTOP

### **2 days, 2 motorcycle-tractor-trailer crashes**

Wednesday - 5/1/2013, 7:12am ET

WASHINGTON - For the second day in a row, northbound Interstate 95 had to be shut down for a crash involving a motorcycle and a tractor-trailer.

Authorities closed northbound I-95 at mile marker 147, just before the Quantico/Russell Road exit around 5:45 a.m. Wednesday. The highway in Stafford County reopened after a medical helicopter landed at the scene.

Wednesday's crash involves a motorcycle, a tractor-trailer and several vehicles. The tractor trailer remains on the scene, TV footage shows.

On Tuesday, a 68-year-old motorcyclist died in a hit-and-run crash involving a tractor-trailer on I-95 in Fairfax County.

Witnesses of that [crash](#) are asked to call police at 703-803-0026.

# INFORMATION

This morning I was getting ready to hit the road on the daily commute up I-95 and was listening to the WTOP, its been raining here for 2 days, and the traffic report said there was a fatal crash involving a Motorcycle and a Semi at mile marker 165. Tim Halpin was 68 yrs young and big BMW fan/owner, Morton's BMW is the local Motard dealer and he was well known there to the staff, he had just received his 500,000 mile award in the below picture two weeks ago. I road by MM 165 about an hour later and at the time did not know who it was but was able to find this tonight when I got home. Feel terrible for his family and all the Morton's staff who knew him pretty well, big loss for all.

<http://washington.cbslocal.com/2013/...n-springfield/>



"Tim Halpin receives his 500,000 mile award from Jeff Massey and with his family surrounding him. Tim is sitting on a K 1200 LT he rode for more than 282,000 miles... so far!"

*Posted online by a member of GL1800Rider **radarwing** in the online forum page.*



## Web Dude...Rob Hardesty

### Interesting rumors fly regarding iPhone 6

Thanks to the major revamp on the upcoming Apple's iOS 7, [iPhone](#) 6 and [iPhones](#) 5S will get a long-requested feature on the handset's release date - fully functional widgets that sit on the smartphone's home screen.



[View Full Image](#)

SimplyZesty/GBM

Thanks to the major revamp on the upcoming Apple's iOS 7, iPhone 6 and iPhones 5S will get a long-requested feature on the handset's release date – fully functional widgets that sit on the smartphone's home screen.

In a new concept put together by digital content specialist SimplyZesty, [iPhone](#) prototypes are shown flashing new interface and with recognizable addition - widgets.

According to Gotta Be Mobile, the iOS redesign is in line with the vision of chief Apple designer Jony Ive, which is flatter and uncluttered of unnecessary features seen in previous iOS versions. Widgets, according to the same report, are [Android](#) mainstays that occupy quite a portion on Apple fans' Wishlist. If the SimplyZesty work proved true, this longing will soon be fulfilled come the iOS 7 unveiling, which experts said will likely happen on June 10. Another interesting addition included in the iOS 7 concept is a Notification Centre reminiscent to that found in [Android](#) handsets. Packing a new look and richer device features, "widgets .... and more controls in the Notification Centre ... allow users to quickly check information like the weather and calendar items," GBM said on its report. The overall rework pretty much accomplishes Mr Ive's aim of delivering iOS devices - from iPhones to [iPads](#) - that are smarter and with flatter software interface, ditching the bulges of previous iterations. In the SimplyZesty iOS 7 render, key [iPhone apps](#) like Siri, Music and Calendar were repackaged to highlight the fresh engineering ingenuity that the mobile platform is set to deliver. For example, "the new look is flatter and uses swipes to access added controls in Music and a new look for [Siri](#) to match the overhaul of iOS 7," GBM reported. While Apple has indicated that the iOS 7 debut remains on course next month, there were talks that the launch could suffer slight delays. These concerns, however, have been addressed by Apple by deploying additional engineers to the iOS division. The first handsets expected to get the iOS 7 are the iPhone 5S and its low-cost version as reports pointed to the smartphones' release dates between August and September this year. To follow shortly are the [iPad](#) Mini 2 and the iPad 5 on Q4 2013. The iPhone 6, rumoured as the first Apple phablet with a 4.8-inch screen size, is not expected to arrive until June 2014. I found this article from International Business Times here: <http://au.ibtimes.com/articles/467026/20130513/iphone-6-5s-will-widgets-release-date.htm#.UZGDxSv704o>



## Classified Ads / "E" nouncements

**From:** James Staranowicz [<mailto:jstaranowicz1960@gmail.com>]

FOR SALE....

Here is the info on the bike....

2007 Honda Goldwing  
Model-- GL18PM7  
Current Mileage-- 19597  
State Inspection good until 3/14  
Last oil change approximately 500 miles ago  
Asking \$14,000

540-207-3695 or email... [jstaranowicz1960@gmail.com](mailto:jstaranowicz1960@gmail.com) Add-ons include heel-toe shifter, floorboards, drivers back-rest and padded grips.  
Color is dark blue

As soon as the weather improves I will send you a picture.

Thanks for your help.  
Jim

I am passing this information along for Mary Barraclough. Please direct all inquires to her and thank you.

I was wondering if you can pass the word out.  
I have a brand new 2012 Aspen Timelite Camper for sale.  
Dan and I just bought it in January.  
I would like to sell it, for I won't be using it.  
Please pass the word around.  
They can call me at 757-406-4222  
Let everyone know at the meeting.  
I would really appreciate it.

Thanks  
Mary Barraclough

Bob & Ann Lutton  
GWRRA VA-B  
Chapter Directors 757-641-5510

## Classified Ads / "E" nouncements

### LIKE NEW MUST SEE 2003 SUZUKI BURGMAN 400 SCOOTER - \$2900 (HAYMARKET, VA)



\* LESS THAN 7,500 MILES, SECOND OWNER

\* Garaged - LIKE NEW CONDITION AND PERFORMANCE

SERVICE RECORDS FOR THE FOLLOWING:

BRAND NEW MICHELIN TIRES

COMPLETE TUNE-UP INCLUDING NEW FILTERS, VALVE ADJUSTMENT, OIL CHANGE WITH FILTER, NEW SPARK PLUG, NEW GASKETS, BRAKE FLUID FLUSH AND CHANGE completed in January, 2013 by a professional mechanic. (Cost: \$789.00)

\* Great for country roads, commuting, highways or interstates - OVER 60+ MPG, OVER 75+ MPH

\* Lots of storage and convenience compartments up front and under the seat

\* Upgrades/Extras - GIVI WINDSHIELD, BREAKAWAY CRUISE CONTROL, BATTERY CHARGER, EXTRA TAIL LIGHT, OWNER'S MANUAL.

\* Looks and runs like new

Terms: Do not respond if you do not have a valid motorcycle license and cash in hand. Reason for Selling - Want to stay happily married.



## Classified Ads / "E" nouncements

From: maryoc4429@aim.com

Date: Sun, 28 Apr 2013 22:15:42 -0400

Matt, Tom, Rick , Gordon,

let your members know please.

Our member Eric **Watkins** is getting short notice deployed to Iraq for 365 and is selling his wing. 2004; 89K \$13.



# Receipes

Submitted by Karen Kesner

## Chicken & Broccoli Casserole... All Time Fav!

By Rollin in the Dough! on September 21, 2009



Photo by Rollin in the Dough!

**Prep Time:** 25 mins

**Total Time:** 45 mins

**Servings:** 6-8

### About This Recipe

"My DH's absolute all time favorite meal! He could eat this every night if I let him. I always make this when we have guests, and they ask for the recipe every time! It will be nice to have it on here now so I can just print it out!!! If you freeze this please double the sauce, for some reason it gets a bit dry in the freezer."

### Ingredients

4 medium chicken breasts, cooked and shredded	4 cups cooked rice
2 medium stalk broccoli, lightly steamed	2 cups grated cheese, cheddar or 2 cups colby-monterey jack cheese
1 (10 1/2 ounce) cans cream of chicken soup	1/2 cup mayonnaise, I have used miracle whip once with good results also
3/4 cup chicken broth	French-fried onions

### Directions

Preheat oven to 350 degrees.

Combine soup, mayo and broth in a large sauce pan, heat until warm.

Add cheese, stir until melted.

Add chicken, rice and broccoli, stir until well blended (if it seems like it needs more liquid add chicken broth or mayo a little at a time). Sometimes I just layer the ingredients: rice, chicken, brocolli, sauce, french fried onions, sprinkle with cheese. Same results.

Top with a thin layer of french fried onions and a sprinkle of shredded cheese.

Bake @ 350 until bubbly, about 20-25 minutes.



# Receipes

Submitted by Karen Kesner

## *Crockpot Bacon Cheese Potatoes*

Prep time: 15 mins

Cook time: 6 hours

Total time: 6 hours 15 mins

### Ingredients

- 1/4 pound bacon, diced - I bake it first in the oven so that it is "done" and browned then I dice it and place in the crock pot.
- 1 small onion, thinly sliced
- 6 - 8 red potatoes, quartered (thinly sliced if using regular potatoes or if you use a new potato then halve)
- 1/2 pound cheddar cheese, thinly sliced (shredded is fine)
- salt and pepper
- butter

Green Onions (optional)

### Instructions

1. Line crockpot with foil, leaving enough to cover the potatoes when finished - this will help to not stick and to steam the potatoes.
2. Layer half each of the bacon, onions, potatoes and cheese in crockpot. Season to taste with salt and pepper and dot with (real) butter.
3. Repeat layers of bacon, onions, potatoes and cheese. Dot with butter.
4. Cover with remaining foil.

Cover and cook on low for 4-6 hours.

### Notes

Do not use as much onion if using green onions. I only used a 1/2 an onion.

Recipe by STOCKPILING MOMS™ at <http://www.stockpilingmoms.com/2012/03/pinterest-pin-of-the-day-crockpot-bacon-cheese-potatoes/>

# Receipes

Submitted by Karen Kesner

## *Chicken & Asparagus Penne*

Rating: 51 Prep Time: 15 minutes

Cook Time: 5 minutes Yield: 6

Calories per serving: 383



Adapted from Gooseberry Patch's Meal in Minutes. For more food and fun, visit [GOODeNessGracious.com](http://GOODeNessGracious.com)

### Ingredients

- 1 lb Asparagus- Steamed  12 oz Smart Taste Penne- Cooked
- 1/4 Cup Olive Oil  1 lb Chicken Breast- Cubed and Cooked 
- 1/2 Cup Shredded Parmesan  

Watch How To Make Mediterranean Chicken

### Instructions

Add all ingredients into a 9 x13 pan and stir to combine.

Top with Cheese and Broil for 5 minutes or until cheese is golden.

### Notes

Calories 383 Total Fat 14.5g Sat. Fat 3.2g Cholest. 50mg Sodium 273mg Carb. 45.9g Fiber 8.2g Sugars 3g Protein 25.4g

Schema/Recipe SEO Data Markup by [ZipList Recipe Plugin](#)

2.2

<http://goodnessgracious.com/2012/03/chicken-asparagus-penne.html>



## Classified Ads / “E” nouncements

# Pay for One Day, Get the Rest of the Year Free



## *Make Memories for the Rest of the Year*

Now, through May 31, 2013, Virginia residents can pay for a day and get the rest of the year free.\*

Enjoy the Revolutionary City in bloom this spring and return later this year to take advantage of new art exhibitions, lectures in the Colonial Williamsburg Speaker Series, or experience our Grand Illumination celebration. With an exciting lineup of seasonal events for 2013 and exclusive discounts on carriage rides, tours, and evening experiences, you'll have the perfect excuse to come see what's new in America's birthplace.

### DETAILS

## Virginia Resident Offer

\$41.95/adults

\$20.95/youths

Valid: Mar 22 – May 31, 2013 more information call:

**1-800-447-8679**

## Classified Ads / "E" nouncements

# Win A New 2012 Honda Gold Wing!

Take part in GWRRA's "Ticket to Ride" Gold Wing Contest



**G**WRRA will be raffling off a brand new 2012 Gold Wing GL1800 with Audio Comfort Navi XM to all Members who join or renew their membership from now through September 30, 2013. Each one-year membership or renewal will earn 1 ticket into the raffle. **BUT WAIT...** there's even more ways to earn your "Ticket to Ride"! Earn additional tickets by doing the following:

- Join or renew for 2 years=3 tickets
- Join or renew for 3 years=5 tickets
- Participate in our Member directory (*Gold Book*)=1 ticket
- Each \$50 purchase from our GWRRA "Official Products Store"=1 ticket
- Recruit a new membership to GWRRA=3 tickets—the new membership you recruit also receives a ticket to win!
- Register for Wing Ding=5 tickets ([wing-ding.org](http://wing-ding.org))

With so many ways to win, what are you waiting for...  
call today to join or renew your membership! (and win!)

## (800) 843-9460

Wing Ding, Official Products Orders and membership dues tickets/points will be added to the Member listed on the invoice. After payment is taken, tickets/points will not be transferred to another Member record for the purpose of consolidating points.

**For Official Contest Rules, please visit [GWRRA.org](http://GWRRA.org)**



## *Schedule of Events*

We have a number of events coming up so please mark your calendars.....

. Wednesday May 15th E Team Social Gathering at Golden Corral

Saturday May 18th Chapter VA-D Richmond Best Spring Poker Run

Saturday June 1st Chapter VA-Y Bill Miller Memorial Ride to Westmoreland State Park

Sunday June 2nd Richmond Ride for Kids

Tuesday June 4th E Team Leader Meeting at Ledo's Pizza

Saturday June 8th Chapter VA-O Williamsburg Casino Picnic

Wednesday June 19th E Team Social Gathering at Golden Corral

Sunday June 23rd Triathlon

July 2nd through the 6th, Wing Ding in Greenville, SC

July 13th and 14th Triathlon

Wednesday July 17th E Team Social Gathering

Saturday July 27th Chapter VA-U Hanover Hot Time in the Summer Poker Run

August 2nd through the 4th Chapter VA-I Manassas Long Tour to Niagra Falls



# 2012—2013 GWRRA Virginia District Staff

## District Director

*Dennis & Kristen Weston (8/12) 757-463-4429 Dennis - dweston6@verizon.net*

*Kristen - talk2k@verizon.net*

**Asst. District Director** (North) - VA-A, E, F, I, R, and Y

*Rick Baker (05/12) 703-318-5899 rickbaker2006@verizon.net*

**Asst. District Director** (East) - VA-B, C, D, L, O, U, and W

*Rich and Debbie Bonham 804-536-9025 richardbb@verizon.net*

**Asst. District Director** (West) - VA-H, J, K, V, and X

*Wayne & Kathy Whitworth (05/10) 540-586-0984 Wayne - wayne69997@yahoo.com*

*Kathy - kwhitworth56@verizon.net*

**District Educator** *John Howe (11/10) 701-471-0795 howeclan15@msn.com*

**Asst. District Educator** (East) *John Bowles (10/12) 757-663-2057 jlbowles@gmail.com*

**Asst. District Educator** (West) *Med Miller (11/10) 540-588-9556 thermalchaser@yahoo.com*

**Asst. District Educator** (North) *Greg & Karen Kestner (01/07) 540-439-2408 kgkestner@verizon.net*

**District Trainer** *Pam & Tommy Meador (Region) 540-427-5449*

**District Treasurer** *Hope & Bob Carneal (11/10) 804-378-9301 vabobhope@gmail.com*

**Member Enhancement Coordinators (MEC)** *Tommy & Gayle Wilson (10/12) 540-238-3136*

*540-238-3263 t17wilson@gmail.com— ghwilson208@gmail.com*

**District Chapter of the Year Coordinator** *Tammie Pierce 757-850-0681 wonderwoman68@cox.net*

**District Couple of the Year** *Ray & Tammie Pierce (10/12) 757-850-0681 rpierce@cox.net*

*wonderwoman68@cox.net*

**District WebMaster** *Dennis & Kristen Weston 757-463-4429 dweston6@verizon.net*

**District Rally Vendor Coord.** *Linda Carlyle & Trish Adams 804-652-9520 lindaredwing@comcast.net one-bchnut@charter.net*

**District Newsletter Editor** *Kathy Skinner (02/12) katherineskinner@cox.net*

**Rally Camping Coordinators** *Keith & Carol Lindgren (11/10) klindgren22@cox.net*



Chapter	Area / Location	Chapter Director * Senior CD	Phone Number & Email	Monthly Meetings & WebSite
VA-A	<a href="#">Northern Virginia</a>	Mary O'Connor (11/09)	703-378-3873 eMail: <a href="mailto:maryoc4429@aim.com">maryoc4429@aim.com</a>	2nd Wed. - 7:30 pm - Commons Community Center, 5701 Roberts Parkway, Burke, VA 22015
VA-B	<a href="#">Virginia Beach</a>	Bob & Ann Lutton (8/11)	757-641-5510 eMail: <a href="mailto:b.lutton@verizon.net">b.lutton@verizon.net</a>	2nd Wed. - 7 pm -BUFFET CITY, 3877 Holland Rd, #416, Va. Beach, Va. 23462
VA-C	<a href="#">Hampton/Newport News</a>	Mel Brooks (01/12)	757-596-7943 eMail <a href="mailto:mrmelb@cox.net">mrmelb@cox.net</a>	2nd Sun. - 7 pm - Angelo's Steak & Pancake House, 755 J. Clyde Morris Blvd, Newport News
VA-D	<a href="#">Richmond</a>	Allen & Debbie Dowell (01/13)	04-222-1303 eMail: <a href="mailto:dowellmickey@comcast.net">dowellmickey@comcast.net</a>	4th Wed. - 7 pm - Candelas Pizzeria & Ristorante Italiano 14235 Midlthoian Turnpike <a href="tel:804-379-0910">804-379-0910</a>
VA-E	<a href="#">Fredericksburg</a>	Gordon Combs (08/10)	540-840-0394 eMail: <a href="mailto:gorcom@msn.com">gorcom@msn.com</a>	3rd Wed. - 7:30 pm - Golden Corral, 10320 Spotsylvania Ave, Fredericksburg, VA
VA-F	<a href="#">Winchester</a>	George & Brenda Tincher (01/09)	571-934-7067 eMail: <a href="mailto:tincherg@comcast.net">tincherg@comcast.net</a>	4th Sun. - 9am - Golden Corral, 120 Costello Dr., Winchester (phone: 540-667-6329)
VA-H	<a href="#">Abingdon</a>	Paul & Dorothy Baker (11/1-)	276-628-6047 eMail: <a href="mailto:09nellie@comcast.net">09nellie@comcast.net</a>	2nd Tue. - 7 pm - Abingdon Moose Lodge, US19, Porterfield Hwy, Abingdon
VA-I	<a href="#">Manassas</a>	Tom & Kathy DeWispelaere (2/11)	703-361-3373 eMail: <a href="mailto:tjdewisp@yahoo.com">tjdewisp@yahoo.com</a>	2nd Sun. - 10:00am - <a href="#">Great American Steak &amp; Buffet</a> , 8365 Sudley Rd., Manassas
VA-J	<a href="#">South Boston</a>	Don & Teresa Mitchell (02/11)	434-792-0816 eMail: <a href="mailto:donpmi@yahoo.com">donpmi@yahoo.com</a>	2nd Mon. - 7:30 pm - Roma's Italian Restaurant and Grill, 3403 Old Halifax Rd., South Boston
VA-K	<a href="#">Roanoke</a>	Robert & Barbara Palmer (01/13)	540-580-1514 eMail: <a href="mailto:nannapuddin2x@yahoo.com">nannapuddin2x@yahoo.com</a>	2nd Mon. - 7 pm - Great 611 Steak Co., 3830 Franklin Rd., Roanoke <a href="#">Chapter K Website</a>
VA-L	<a href="#">Chesapeake</a>	Dave & Linda Harris (01/12)	757-576-5779 eMail: <a href="mailto:davenat@aol.com">davenat@aol.com</a>	4th Tues. - 7:00 pm -Pops Diner Co., 1432 Greenbrier Parkway, Chesapeake, VA
VA-O	<a href="#">Williamsburg</a>	Joe Dickson & Karrin Frankie (01/05)	757-872-0690 eMail: <a href="mailto:widetrack48@cox.net">widetrack48@cox.net</a> eMail: <a href="mailto:foxslady@cox.net">foxslady@cox.net</a>	4th Sun. - 5 pm - <a href="#">Belgian Waffle &amp; Steakhouse</a> , 14700 Warwick Blvd., Newport News
VA-R	<a href="#">Harrisonburg</a>	Rex & Rose Hines (01/12)	540-825-9218 eMail:	1st Sun - 3 pm - Golden Corral exit 247A, Rt. 33 E. 2 miles off I-81, Harrisonburg
VA-U	<a href="#">Hanover</a>	Rob & Cheryl Ramsey (01/13)	276-806-8290 eMail: <a href="mailto:gwrra.vau@gmail.com">gwrra.vau@gmail.com</a>	3rd Sun. - 3 pm - Anna's Italian Restaurant, 7009 Mechanicsville Tnpke, Hanover Village Shopping Center
VA-V	<a href="#">Bedford</a>	Alice Miller (01/13)	540-580-0257 eMail: <a href="mailto:alice.miller6711@yahoo.com">alice.miller6711@yahoo.com</a>	3rd Sun. - 3 pm - Fellowship Hall of St. John's Episcopal Church, 314 N Bridge St, Bedford
VA-W	<a href="#">Chester</a>	Bill Martyn & Jennifer Knight (08/10)	804-241-6910 eMail: Bill: <a href="mailto:wmartyn@aol.com">wmartyn@aol.com</a> Jennifer: <a href="mailto:willsgirl56@aol.com">willsgirl56@aol.com</a>	2nd Tue. - 7 pm - Pietro Pizza - Italian Rest., 2601 Osborne Rd, Chester
VA-X	Salem	Tony & Vickie Ayers (1/10)	540-293-4982 eMail: <a href="mailto:goldwingpa@gmail.com">goldwingpa@gmail.com</a>	1st Sat. - 4 pm - Shoney's 101 Wildwood Rd, Salem
VA-Y	<a href="#">Leesburg</a>	Matt Caradona (01/12)	703-655-2109 eMail: <a href="mailto:gwrravaycd@gmail.com">gwrravaycd@gmail.com</a>	3rd Sun. - 5 pm - Betucci's in Ashburn, VA, 44042 Pipeline Plaza

**GWRRR Chapter VA-E  
Fredericksburg, Va.**

Contact us via  
<http://www.battlefieldwings.com/contact/>

Chapter Director	Gordon Combs
Assistant Chapter Director	TBA
Chapter Treasurer	Tony Poulakowski
Rider Educator	Larry Gray
Assistant Rider Educator	TBA
Membership Enhancement Coordinator	Charlie and Ellen Smith
Motorist Awareness Coordinator	Mark Poulakowski
Chapter Couple	Eddie and Rosa Seale
Triathlon Coordinator	Gordon Combs
Triathlon On-Site Coordinator	Butch Groves
Ways and Means Coordinator	Julie Combs
Chapter Goodies Coordinator	Richard Wilson
Hosts and Welcome Coordinator	Nancy Groves
Recognition/Special Awards Coordinator	Mike Plaugher
Correspondence Coordinator	Rosa Seale
Phone Tree Coordinator	Ellen Smith
Chapter Photographer	Sharon Poulakowski
Ride Coordinator	Jeff Burke
Ride Coordinator	Gordon Combs
Ride Coordinator	Charlie Smith
Ride Coordinator	Eddie Seale
Technical Coordinator	Greg Kestner
Technical Coordinator	Larry Gray
Newsletter Editor	Claude Revely
Webdude	Rob Hardisty

**Battlefieldwings.com**

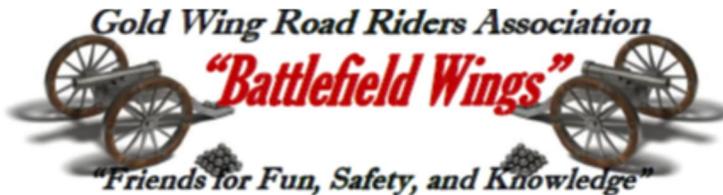
At chapter "E" we emphasize that we indeed are a team of riders/co-riders interested in Goldwings, riding, and most of all, having fun. Some think that we are mostly interested in eating. You will need to join and be the judge! Come on out and join us! We would love to see you! We meet to eat at 6:30pm on the third Wednesday of each month at 10320 Spotsylvania Ave., Fredericksburg, Va. (**38° 14'28.60" N 77° 29' 51.27" W elev. 186'**) The chapter meeting starts at 7:30pm thereafter. We are located in Fredericksburg, VA, about 50 miles south of Washington D.C. and about 50 miles north of Richmond, VA.

*Visit these National and Local sites for more Information*

<http://www.region-n.org/>

<http://www.gwrrava.org/>

<http://www.gwrra.org/>



## Editor's Desk

My fellow "Wingers".

We have had a number of seasoned and past members in Chapter E and as we look toward the future, I would like to add a yesteryear section to our newsletter. So please dig around those boxes, drawers or storage places and pull out those old photos of you and other members from day ago.

Past rides, motorcycle events...if you can recall, please submit a short paragraph about the submission. We all like to look back sometimes! If you cannot digitalize your photos, let me know and I can bring my portable scanner to our gathering and scan them. Thanks and Happy and safe riding!



Please submit all articles and pictures to the following address;

**[seadoggw@att.net](mailto:seadoggw@att.net)**

Thanks and safe

riding!!!

